

## East Lothian & Midlothian Network Meeting

Date: Wed 4<sup>th</sup> October 2018 Venue: Muirpark Gardens, Tranent



**In attendance:** Sheree McAlpine (Scottish Government), Loreen Pardoe (Support from the Start), Susie Thompson-Gardiner (Alzheimer Scotland), Sue Northrup (GWT Coordinator/ Dementia Friendly), Mhairi Barrett (Gorebridge Community Cares), Andrena Gowling (CRS Sheltered Housing) & Alison Clyde (GWT)

**Apologies:** Victoria Robb (National Mining Museum), Steven Wray (NHS), Carol Wicker (North Berwick Day Centre), Cllr Catherine Johnstone, Cllr Stephen Curran, Cllr Peter Small, Cllr Russell Imrie, Cllr Andrew Forrest, Dr Murdo MacDonald (Church of Scotland), Shirley Swinton (Haddington Infant School), Lara Wauchope (STRIVE), Kate Nevans (North Berwick Coastal Area) & Agnes Guyon (East Lothian Library Services)

### **GWT national update:**

**International Certificate on Intergenerational Learning (ICIL)** – 20 students participated in the first online training course, which GWT delivered in partnership with University of Granada, Spain. The course has been a big success. GWT plan to run the 6-week course again on Tuesday 7<sup>th</sup> November and finishing on Monday 18<sup>th</sup> December 2017. There will be an approximate cost of £100 per person for the course, which takes approximately 50 hours to complete. The course includes tutor support. As the training is still being tested we shall only be offering approximately 20 places in October.

### **Intergenerational Training Course for Practitioners and Trainers (CPD Accredited) £40 per person**

Training course held in Haddington on Tuesday 29<sup>th</sup> August 2018 with 19 trainees attending. Sue mentioned that she would like to consider another course for the area after the Easter holidays 2018. There is a few courses left with spaces with the closest being in Fife on Monday 6<sup>th</sup> November, 10am – 4pm at Queen Anne High School, Broomhead parks, Dunfermline, KY12 0PQ

To book a place or read further information including the learning outcomes please click on the link: <http://generationsworkingtogether.org/events-training/training/>

**GWT Conference**, Wednesday 7<sup>th</sup> March 2018, Technology & Innovation Centre, University of Strathclyde, Glasgow (£50 per person). Workshops delivered will look at the following themes: care homes/nurseries, raising attainment through intergenerational work, intergenerational workplaces, intergenerational green spaces (The Conservation Volunteers charity), Year of Young People, community safety and a charity from London called Magic Me. Further details will be shared later in the year. Booking lines will open beginning of December 2017.

**Funding secured to recruit a full time IG Development Officer** for Perth & Kinross who will work closely with two schools, Perth Grammar School and The Community School of Auchterarder focusing on raising attainment levels in literacy and numeracy. The two schools have contributed through their Pupil Equity Funding. Other funders include Voluntary Action Fund and The Gannochy Trust.

**Year of Young People 2018** aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally. Objectives include:

- Provide a platform for young people to have their views heard and acted upon
- Showcase the amazing talents of young people through events and media
- **Develop better understanding, co-operation and respect between generations**

- Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

#### **Newbyres nursery filmed by STV news**

<http://generationsworkingtogether.org/resources/stv-news-report-on-newbyres-nursery-intergenerational-project>

#### **Channel 4 documentary - #oldpeopleshomes4yo**

Pre-schoolers share their classroom with pensioners for six weeks. What impact does this intergenerational experiment have on the health and happiness of the older group?

If you missed Old Peoples Home 4 year olds, you can catch up @Channel4.

<http://www.channel4.com/programmes/old-peoples-home-for-4-year-olds>

#### **Networking and sharing news:**

- Susie Thompson, Alzheimer Scotland, East and mid Lothian is keen to learn more about and create an intergenerational project. Susie is keen to attend a training course
- Mhairi Barrett, Gorebridge Community Cares is very interested in IG projects, cooking and football and is keen to expand her knowledge. Mhairi would like to work with nursery and look at this approach with regards community empowerment.
- Loreen, Support from the Start lead is supporting a project in Haddington between a nursery and care home and wants to write as case study, Knox High links building. Also on Pencaitland Primary School parent council, school wants to become dementia friendly school focus on community and IG is key to this. There is a teacher nominated as lead IG in school. School garden likely to be a focus. Benefit for community, for children and older people. Also links to active schools and church interested. Nursery link too. Link to year of the young person.
- Sheree McAlpine, Scottish Government – with the expansion of childcare hours there is a focus on quality of childcare, Sheree is keen to look at IG work and is interested in how GWT and the networks share practice and knowledge locally and nationally. Sheree is keen to learn more about the benefits for young people involved in this work and would like to hear more evidence around the impact this approach can have. There is a general lack of evidence at present in Scotland however Universities and projects are now in the process of getting involved and starting research studies and sharing project evidence.

Further reading in this area:

The Journal for Intergenerational Relationships captures evidence from across the world -

<http://jir.ucsur.pitt.edu/about.php>

Intergenerational Pathways to a Sustainable Society

<http://www.springer.com/gb/book/9783319470177>

- Sue Northrup is keen to keep developing and connecting groups and organisations across the area ensuring the dementia friendly communities are intergenerational.

- Andrena shared her experience of working with the local school for the Youth Philanthropy Initiative in Tranent resulting in the school won £3,000. Andrena is working with Ross High, and is eager to create more intergenerational opportunities. Primary schools seem to be much harder to connect with. Loreen and Sue suggested Andrena should contact 'Support from the Start' and 'Home Start' for some extra support.
- Alison reported that the Fife network were working very closely with their local councillors and that a funding bid had been drafted and was being presented to the full council for consideration which would fund a part time intergenerational development officer to work in the Fife area to develop and support intergenerational work
- Baldy Bane Theatre, Multi-generational play - "Better Late Than Dead On Time"  
<http://www.baldybane.org.uk/road-safety-scotland/index.html>

This play has been designed to be performed in community settings for cross-generational audiences. It looks at the impact of driver and pedestrian behaviour in one family. The issues are dealt with sensitively but are presented in a realistic and humorous way to focus awareness and discussion with the audience.

This play is a great opportunity for a starter event connecting younger and older people, it can help break the ice and get the generations talking. This play is free and the company will come to your area.

#### **Meetings for 2018 – venue's TBC shortly**

- Wed 28<sup>th</sup> March 2018, 10am – 12noon – Gorebridge
- Thursday 23<sup>rd</sup> August, 10.30 – 12.30pm – Haddington
- Monday 26<sup>th</sup> November, 10.00 – 12.00 – Pencaitland