

## East Renfrewshire Network Meeting

Date: 28<sup>th</sup> Sep 2017

Venue: Kirkhill Primary School ,19 Kirkvale Dr, Newton Mearns, Glasgow G77 5HD

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**In attendance:** Sorina Oprea (GWT), Paul Masterton MP, Andrea McKeown (Paul Masterton MP), Siobhan Bryans (Glen Family Centre), Liz Brown (Hazeldene Family Centre), Yvonne Hughes (Kirkhill Primary School), Nichola Mortimer (Williamwood High School), Neil Chrystal (Braidbar Primary School), Kath Crymble (Mearns House), Savio D'Souza (Eastwood Court), Eilidh McArthur (Kirkhill Primary School), Julie Armstrong (Madras Family Centre).

**Apologies:** Crolynn Malone (Abbeyfield Scotland Ltd), Kate Robertson (Outside the Box), Margaret Fox and Lynsey Ng (East Renfrewshire Culture & Leisure), Richard Leckerman (Alzheimer Scotland), Claire Rennie (ASDA Charity support)

### Introduction

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Sorina welcomed everyone to the meeting and attendees made a short introduction: who they are and the reason for attending the meeting today.

### GWT national update:

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Sorina made a short introduction about what intergenerational work & practice is, as there were a few new members who joined the meeting, so that everyone had a shared understanding about intergenerational work.

Sorina provided an update on GWT's funding giving the news that GWT had secured another three years funding from the Scottish Government however at a reduced rate. Scottish Government funding cuts means that GWT had to reduce the number of networks from 34 – 22 to allow current members of staff the chance to support the networks properly.

GWT will continue to support three/four network meetings across the East Renfrewshire area and provide training courses when required.

Kate Samuels, our Communications Intern, joined GWT in March this year and is raising the profile of good intergenerational practice across Scotland. Kate would like to hear from local projects that have an interesting story to share and is keen to raise the profile locally with councillors and nationally with our MSP's. Kate is planning a campaign to highlight **United Nations International Day of Older Persons** and **Grandparent's Day** both, which take place on the 1st of October. Kate is collating stories, memories and photos showcasing grandparents as part of the campaign to challenge stereotypes and ageism. Please send Kate your photos with/or of your grandparents with a short story about their life or how they have helped/supported you. It doesn't need to be only biological grandparents, it can be anyone who has played a role as a grandparent in your life including from intergenerational projects. You can send the photos and stories to our fb messenger or e-mail our communications intern Kate at [kate@generationsworkingtogether.org](mailto:kate@generationsworkingtogether.org)

#### **Channel 4 documentary - Old people's homes for 4 year olds**

Pre-schoolers share their classroom with pensioners for six weeks. What impact does this intergenerational experiment have on the health and happiness of the older group?

If you missed #OldPeoplesHome4yo, you can catch up here @Channel4.

<http://www.channel4.com/programmes/old-peoples-home-for-4-year-olds> ... ..

**New Case Study** involving work with a nursery and care home -

<http://generationsworkingtogether.org/networks/case-studies/back-to-life>

**Twelve new case studies** available to download from our website:

<http://generationsworkingtogether.org/networks/case-studies>

**Funding secured to recruit a full time IG Development Officer** for Perth & Kinross who will work closely with two schools, Perth Grammar School and The Community School of Auchterarder focusing on raising attainment levels for Literacy and Numeracy. Schools have contributed through their Pupil Equity Funding. Other funders include Voluntary Action Fund and The Gannochy Trust.

**Year of Young People 2018** aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally. Objectives include:

- Provide a platform for young people to have their views heard and acted upon
- Showcase the amazing talents of young people through events and media
- **Develop better understanding, co-operation and respect between generations**
- Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

#### **Intergenerational Training Course for Practitioners and Trainers (CPD Accredited)**

There are five one-day training courses planned between now and December however none planned currently to be delivered in East Renfrewshire. Please contact

[Sorina@generationsworkingtogether.org](mailto:Sorina@generationsworkingtogether.org) if you are interested in setting up a training course for your area or would like to attend one in other areas.

For further details and registration process to all our forthcoming training courses can be found here:

<http://generationsworkingtogether.org/events-training/training/>

**International Certificate on Intergenerational Learning (ICIL)** – 20 students participated in the first online training course, which GWT delivered in partnership with University of Granada, Spain. The course has been a big success and the tutors are now busy reviewing feedback and making improvements to the materials. GWT plan to run the 6-week course starting on Tuesday 7<sup>th</sup> November and finishing on Monday 18<sup>th</sup> December 2017. There will be an approximate cost of £100 per person for the course, which takes approximately 50 hours to complete. The course includes tutor support. Further details will be available around September time. As the training is still being piloted we shall only be offering approximately 20 places.

#### **Network:**

If you would like to keep an eye on what's happening in East Renfrewshire network please visit:

<http://generationsworkingtogether.org/networks/east-renfrewshire>

### **Voting members**

GWT became a charity two years ago and is now a membership organisation. Each network has been allocated two places for members to come along and vote on important GWT issues at the annual AGM.

**Volunteer Network Coordinator vacancy** – since Lorraine Bruce and Gillian McDonald from The Richmond Fellowship Scotland, who were the volunteer network coordinators for East Renfrewshire network, left two weeks ago, this role is now open to anyone who would be interested in this opportunity. The core responsibilities and the benefits of being a volunteer network coordinator are all described in the leaflet attached together with the meeting report. Please feel free to contact me at [Sorina@generationsworkingtogether.org](mailto:Sorina@generationsworkingtogether.org) if you would like to arrange a more detailed discussion about this role.

### **GWT Conference:**

The conference will take place on Wednesday 7<sup>th</sup> March 2018, Technology & Innovation Centre, University of Strathclyde, Glasgow. More info will be put up on the website on November/December time, so please keep an eye on our newsletter.

**Research Partnership Invitation from Strathclyde University** – hand out attached

### **Isolation & Loneliness**

The Scottish Government has committed to producing a National Strategy to tackle social Isolation and loneliness (Scottish Government) – a draft strategy consultation is due out shortly.

### **Tools for measuring isolation and loneliness**

Alison mentioned a toolkit that projects can use to measure the impact their projects have on reducing isolation and loneliness. There are four scales to choose from including both positive and negative wording. The Befriending project has used one of the loneliness measurement scales however the questions didn't really work for them. The Rickter scale could also be used in conjunction with the loneliness measurement tool.

<http://www.socialimpactscotland.org.uk/understanding-social-impact/methods-and-tools/the-rickter-scale/>

### **Funding opportunities:**

#### **Community Capacity and resilience fund**

<http://www.scvo.org.uk/running-your-organisation/funding/capacity-resilience-fund/>

#### **Create18 Funding from Young Scot**

<http://young.scot/yoyp2018/yoyp-articles/create18-fund/>

#### **Nurturing Talent - Time to Shine Fund**

<http://young.scot/information/learning/nurturing-talent-time-to-shine-fund/>

### **ScotRail Foundation**

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851

<https://www.scotrail.co.uk/about-scotrail/scotrail-community/scotrail-foundation>

### **The Cora Foundation**

<http://thirdforcenews.org.uk/tfn-news/1000-to-change-your-community>

### **Creative Scotland Funding**

<http://www.creativescotland.com/funding/funding-programmes>

### **East Renfrewshire Good Causes**

<http://www.ergoodcauses.co.uk/>

MacDonald Trust Foundation

<https://www.foundationscotland.org.uk/programmes/macdonald-trust/>

## **Sharing and networking**

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**Paul Masterton MP** attended the meeting to find out what intergenerational projects are taking place across East Renfrewshire and to express his interest in supporting these projects. The support they can offer can go from funding opportunities to promoting events in the local community to talking to different organisations from the local area to help with networking and connections.

**Yvonne Hughes** and **Eilidh McArthur** from Kirkhill Primary School and **Kath Crymble** from Mearns House, who recently joined the East Renfrewshire network, shared a few ideas about the project that recently started between Kirkhill Primary School and Mearns House and the importance of creating meaningful links in the community. More to follow.

**Liz Brown** from Hazeldene Family Centre talked about their intergenerational project with Mearnskirk Care Home and shared some of the delights and challenges of running such a project. The project is designed to run for a few weeks, 1 hour per week and each session has a different theme:

- Book bug session
- Arts & Craft session where a few S5 pupils from Williamwood High School volunteered to run the session
- Music session where two parents volunteered to run the session with guitar and Scottish songs
- Toys old and new where both older and younger people will bring in toys/games as they were then and as they are now and have a conversation around that.

The project has been possible with the support of East Renfrewshire Good Causes.

To check all the photos and updates from the project please visit Hazeldene Family Centre Twitter page: <https://twitter.com/hazeldenefamc?lang=en>

**Nichola Mortimer** from Williamwood High School shared some of the insights from their successful intergenerational project "*T in the street*", a partnership between Williamwood High School and Richmond Fellowship Scotland (Lorraine Bruce and Gillian McDonald). The project has been so successful that now goes in the 2<sup>nd</sup> year. To find out all the details about this project please read the case study prepared by Nichola Mortimer, Lorraine Bruce and Gillian McDonald and which can be found on our website at: <http://generationsworkingtogether.org/networks/case-studies/t-in-the-street>

**Siobhan Bryans** from Glen Family Centre shared her recent training experience on the Intergenerational Training Course for Trainers and Practitioners that took place in Glasgow on 20<sup>th</sup> Sep and mentioned how the training course helped her better understand what intergenerational work is and what she hopes to achieve in the future.

**Savio D'Souza** from Eastwood Court shared with the attendees some of the activities he is involved in: Books on wheels (Giffnock Library), Food Share Community, The big lunch (indoor) event which took place in the library and it can be watched here: <https://youtu.be/EVfNf50qQv4> and the family fun day event which can be watched here: [https://youtu.be/FsbMfxK\\_haM](https://youtu.be/FsbMfxK_haM)

Sorina highlighted the toolkit ***Walking in our Shoes*** from Age Scotland. You can find the toolkit here: <http://www.ageuk.org.uk/scotland/get-involved/campaign-with-us1/walk-in-our-shoes-act-on-our-issues/>  
<http://generationsworkingtogether.org/resources/health-wellbeing/>

Your answers to the question “*What are the challenges you face in your current or potential project/s?*”

- Transportation within ERC
- Funding
- Relevant contact people
- We need help to overcome mindset change in ERC, NHS, etc.
- Attend events where possible
- Lack of staff to support events
- Transport for volunteers
- Promotion of events for the community

### Meetings for 2018

- Thursday, 25<sup>th</sup> January 2018, 1pm – 3pm at Mearns House, 1 Aldton Court, Newton Mearns, Renfrewshire (close to Mearns Castle High School)
- Next meeting **TBC**: please get in touch with [Sorina@generationsworkingtogether.org](mailto:Sorina@generationsworkingtogether.org) if you'd like to host the next meeting in May 2017