

Aberdeen Network Meeting

Date: Friday 29th September 2017

In attendance: Rebecca Dunn (GWT) Chris Dunhill (Bramble Brae Primary School), Sarah Geoghegan (Alzheimer Scotland), Baldeep McGarry (Aberdeen City Council), Alec Thompson-Miller (ACE Voices), Marie MacDonald (Middlefield Community Project), Sarah Duncan (Aberdeen City Council), Gordon Graham (Aberdeen City Council), Myshele Haywood (GREC), Caroline Bews (Aberdeen City Council)

Apologies: Aleksandra Kusowska (RGU), Carol Hannaford (Aberdeen City Council), Jackie Dunbar (SNP Councillor Northfield/ Mastrick North Ward), Rachel Thibbotumunuwe (Aberdeen Art Gallery and Museums), George Sangster (Police Scotland)

Generations Working Together national update

United Nations International Day of Older Persons and **Grandparent's Day** both take place on the 1st of October. This year we are looking to share stories, memories and photos with grandparents as part of our campaign to challenge stereotypes and ageism. So please send us photos with/of your grandparents with a short story about their life or how they have helped/supported you. It doesn't need to be only biological grandparents, it can be anyone who has played a role as a grandparent in your life including from intergenerational projects. You can send the photos and stories to our fb messenger or e-mail our communications intern Kate at kate@generationsworkingtogether.org

Channel 4 documentary (1&2nd Aug 2017) - #oldpeopleshomes4yo

Pre-schoolers share their classroom with pensioners for six weeks. What impact does this intergenerational experiment have on the health and happiness of the older group?

If you missed #OldPeoplesHome4yo last night, you can catch up here @Channel4.

<http://www.channel4.com/programmes/old-peoples-home-for-4-year-olds>

Funding secured to recruit a full time IG Development Officer for Perth & Kinross who will work closely with two schools, Perth Grammar School and The Community School of Auchterarder focusing on raising attainment levels for Maths and English. Schools have contributed through their Pupil equity funding. Other funders include Voluntary Action Fund and The Gannochy Trust.

Year of Young People 2018 aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally.

Objectives

- Provide a platform for young people to have their views heard and acted upon
- Showcase the amazing talents of young people through events and media
- **Develop better understanding, co-operation and respect between generations**
- Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited)

There are nine one-day training courses planned for the autumn with your closest being:

- 20th Sept 2017, 10am–4:00pm at Edward House; 283 West Campbell Street; Glasgow G2 4TT
- 26th October 2017, 10am – 4pm at the Hub in Aviemore (more details on website shortly)
- 6th Nov 2017, 10am – 4pm at Queen Anne High School, Broomhead Parks, Dunfermline, KY12

OPG

For more details and learning outcomes search here: <http://generationsworkingtogether.org/events-training/training/>

International Certificate on Intergenerational Learning (ICIL) – 20 students participated in the first online training course, which GWT delivered in partnership with University of Granada, Spain. The course has been a big success and the tutors are now busy reviewing feedback and making improvements to the materials. GWT plan to run the 6-week course starting on Tuesday 7th November and finishing on Monday 18th December 2017. There will be an approximate cost of £100 per person for the course, which takes approximately 50 hours to complete. The course includes tutor support. Further details will be available around September time.

As the training is still being tested we shall only be offering approximately 20 places.

Voting members

Please continue to seek your two voting members per network (cannot be a member of staff however one place could be the volunteer coordinator).

The normal term of office for a voting member will be 2 years however people may stand for re-election at the end of each term of office.

Research Partnership Invitation: School-Based Intergenerational Engagement – see handout Glasgow schools only

Network volunteer coordinator vacancy – If anyone is interested in taking on the role of coordinator please get in touch with Rebecca for further details.

GWT Conference - date and venue confirmed – Wednesday 7th March 2018, Technology & Innovation Centre, University of Strathclyde, Glasgow

Isolation & Loneliness

The Scottish Government has committed to producing a National Strategy to tackle social Isolation and loneliness (Scottish Government) – a draft strategy consultation is due out after the summer.

Tools for measuring isolation and loneliness

Alison mentioned a toolkit that projects can use to measure the impact their projects have on reducing isolation and loneliness. There are four scales to choose from including both positive and negative wording. The Befriending project has used one of the loneliness measurement scales however the questions didn't really work for them. The Rickter scale could also be used in conjunction with the loneliness measurement tool.

<http://www.socialimpactscotland.org.uk/understanding-social-impact/methods-and-tools/the-rickter-scale/>

Speed networking

Case Study spotlight

Alec Thompson-Miller, leader of ACE Voices, told the group about his intergenerational singing project which brings 'vocal squad' Heathryfold Primary and Kingswood Day Centre together as part of a Heritage Lottery Funded project.

Thursday morning meetings of the groups have been taking place, during which relationships have slowly been building and are now flourishing between the younger and older generations, and singing is taking place as a whole group. Long-term goals include maintaining and deepening relationships, and eventually spending the whole day together on Thursdays. Other activities are to be included as well, including heritage trips around Northfield and Mastrick. These intergenerational research trips

will lead to creative outputs such as recordings, performances and films. As a result of this project, Alec plans on developing a CPD accredited course on how to lead a local intergenerational heritage project.

This project has been funded due to a £10,000 award from the Heritage Lottery Fund. This is to cover the above activities for a time frame which may end December this year, or June next year.

Thank you Alec for sharing your experience and providing inspiration and sparking discussion amongst the group.

Sharing IG stories and projects – round the table

Caroline highlighted that the Middlefield Hub Nursery may have an interest in pairing up with a care home. Possible pairings suggested by group were Hameworth Care Home and Cummings Park Community Flat.

Date of next meeting

Tuesday 3rd February 2018, 10am – 12pm (Torry)

Thursday 10th May 2018, 10am – 12pm (Old Aberdeen)

Wednesday 29th August 2018, 10am – 12pm (Middlefield)

Please if anyone can help with venues for the above dates and areas, let Rebecca know. The areas are a guideline to ensure we reach as many people as possible who want to attend meetings.