

Highlands Network Meeting

Date: 08/02/2018

Venue: Nairn Health Care Group,
Nairn Town & County
Hospital & PCC, Cawdor Road, Nairn IV12 5EE

In attendance: Rebecca Dunn (GWT), Jayne Macintosh (Care and Learning Alliance, Junior World Childcare Centre), Gail Duff (Signpost), Michelle Manzie (Age Scotland), Yoni (Glasgow School of Art), Jo Cowan (Highland Senior Citizens Network), Kate Maclean (NHS), Janet Campbell (Highland Council)

Apologies: Ruth Mantle (NHS Highland), Hayley Brown (Highland Council)

Generations Working Together national update

Upcoming training days

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited) £40 per person

Dates coming up:

22nd February 2018, 10am – 4pm, at The Barn, Burn O Bennie, Banchory

21st May, 10am – 4pm, at Raploch Community Campus, Drip Road, Stirling

<http://generationsworkingtogether.org/events-training/training/>

ICIL

The second round of ICIL, our 6 week online intergenerational training course, began on the 22nd January with 20 participants taking part at the discounted price of £100, in return for students providing feedback. The course is accredited by the University of Grenada, and students gain 50 hours of CPD on successful completion

GWT National Conference

You can now book your place, nominate for recognition awards, and book an exhibition stall space. Wednesday 7th March 2018, Technology & Innovation Centre, University of Strathclyde, Glasgow (£50 per person). Workshops will be delivered looking at the following themes: care homes/nurseries, raising attainment through intergenerational work, intergenerational workplaces, intergenerational green spaces (The Conservation Volunteers charity), Year of Young People, community safety and a charity from London called Magic Me.

Speakers at the conference will include:

- **Maree Todd MSP**, Minister for Childcare and Early Years
- **Susan Langford MBE**, Director, Magic Me – Connecting Generations
- **Ewan Fisher**, Business Analyst and GWT Trustee

Delegates will have the opportunity to pick a morning and afternoon workshop from a variety of workshops including:

Morning workshops: 11:00am-12:20pm

1. Setting up an intergenerational nursery: the good, the bad, the ugly, and the wonderful
2. Intergenerational Practice in the Workplace
3. Year of Young People 2018
4. Raising attainment in literacy and numeracy using an intergenerational approach

Afternoon workshops: 13:30-14:50

5. Creative activities for intergenerational work

6. Functional Fitness and Ageing Actively

7. Intergenerational Housing

CPD Accreditation

Once again GWT is able to offer delegates the opportunity to gain seven hours of CPD accreditation for their attendance on the day.

Book your place:

<http://generationsworkingtogether.org/events-training/national-conference-2018-safer-fairer-more-successful-communities-07-03-2018>

Recognition awards:

The awards celebrate and recognise the outstanding talent, commitment and inspirational involvement of workers, volunteers and groups who promote Intergenerational activities.

This year there are five categories:

1. New Intergenerational Project (Less than 12 months)
2. Established Intergenerational Project (Greater than 1 year)
3. Outstanding volunteer contributing to intergenerational work
4. Building successful partnerships through intergenerational work
5. Yvonne Coull Local Network Coordinators Award

Deadline for nominations – **Monday 5th February 2018 at midday.**

Eligible applicants must be from within the Scottish Network Areas and are open to charitable, voluntary and community groups or public sector organisations.

Queries can be directed to Sorina.

Award winners will be announced and presented at the **National Conference** on Wednesday 7th March 2018 in Glasgow.

<http://generationsworkingtogether.org/news/gwt-recognition-awards-2018-27-11-2017>

Opportunities to Exhibit

Exhibition spaces are available in the reception and public meeting areas which ensures maximum face to face interaction with delegates.

Packages include:

1. Small Local Charities (with a turnover of under £250K) – includes conference registration fee for up to two people – **Cost £100**
2. Larger Charities and Commercial Businesses (with a turnover of over £250K)
 - Exhibition Stall – **Cost £200** – includes conference registration fee for up to two people.
 - Exhibition Stall & Conference Sponsor – **Cost £500** – includes conference registration fee for up to two people.

Tables, chairs and cloths for exhibition stands will be provided. Dimensions of tables are L140cm x W80cm x H72cm.

To book a stall complete a form and return to office.

<http://generationsworkingtogether.org/news/opportunities-to-exhibit-at-gwt-conference-2018-27-11-2017>

Year of Young People 2018 aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally.

Objectives

- 📁 Provide a platform for young people to have their views heard and acted upon
- 📄 Showcase the amazing talents of young people through events and media
- 📄 **Develop better understanding, co-operation and respect between generations**
- 📄 Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- 📄 Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

GWT has listed information on funding available through the Year of Young People

<http://generationsworkingtogether.org/resources/year-of-young-people-2018-five-funds-aimed-at-supporting-young-people>

Keep Scotland Beautiful

KSB have informed me that Keep Scotland Beautiful has chosen the 'Year of Young People 2018' as their theme for 2018, for the groups they support through their Beautiful Scotland and It's Your Neighbourhood campaigns, in the hope that they can encourage more intergenerational working.

Here is the ideas document they have developed for the groups they support. You will see that they reference intergenerational work, and they link to GWT website under the funding section of the document.

<https://www.keepsotlandbeautiful.org/media/1560823/2018-theme-year-of-young-people.pdf>

Old People's Home for 4 year olds: Christmas Episode

If you loved the series last year, then catch up with the story in the Christmas episode.

<http://www.channel4.com/programmes/old-peoples-home-for-4-year-olds-christmas>

Launch of Scottish Government Consultation on Tackling Social Isolation and Loneliness

A number of events are coming up across Scotland so that we may have input into the draft strategy, which is now available.

You can read the draft strategy, find a list of consultation events and fill out online feedback here:

<https://consult.gov.scot/equality-unit/connected-scotland/>

Highlands events:

Aviemore community engagement event

From 5 Feb 2018 at 11:00 to 5 Feb 2018 at 13:00

Inverness community engagement event

From 26 Feb 2018 at 13:00 to 26 Feb 2018 at 15:00

Speed Networking

We asked each other our job roles, why we feel intergenerational practice is important and what would you like to get out of today's meeting.

Some answers:

Why we feel intergenerational practice is important

- Stereotypes
- Communication
- Opportunities for bringing together through mentoring

What would you like to get out of today's meeting

- Inspiration
- See what's going on
- Sharing ideas
- Linking with each other
- Learning about intergenerational

Case Study spotlight – Jayne Macintosh

We had an extremely positive and inspiring presentation from Jayne Macintosh of Junior World Childcare Centre in Nairn about a pairing between her nursery and Whinnieknowe Care Home. She could not speak highly enough of the positive benefits they have seen from their collaboration for the nursery children, for the care home residents, and for the staff and volunteers who all help make it work.

You can see a BBC report about this initiative here:

www.facebook.com/churchofscotland/videos/2001795683178922

Jayne noted that the Generations Working Together training day was inspirational, and helped to put their goals into a professional light.

The change seen was amazing; residents, children and staff developed relationships and all became part of an extended family. Jayne shared the natural, instinctual, sense that this is the right thing to do. They find that if they plan an activity for the children, the elderly join in naturally. The 3 year olds have no fears, no preconceived ideas that inhibit their friendships with the older people. Physical contact through hugs has made a massive difference to both the older and the younger.

Jayne hopes that when people register their children for Junior World they will know that intergenerational is a part of it, as it will have become so embedded in their practice. Jayne would like to ensure that the community continues to be involved.

Long-term benefits: Children and young nursery staff know more about older people, dementia and care. It will be more normal as they get older to care for and interact with older people and this will have an impact on the ageing population.

Sharing IG stories and projects – round the table

Jo: “Not about a project, it's about a way of being” - intergenerational life

Yoni: Interested in linking interests of older and younger; both bringing something and making something new.

Kate: Housing is key. Housing can help encourage intergenerational interaction and practice. Kate shared about a nursery happening in a care home in Golspie.

Discussion of breakfast and lunch clubs for school children which take place within care homes.

Thank you to Kate Maclean, Highlands GWT volunteer, and Marion MacNeil of Arthritis Care for helping us secure this room for use.

Date of next meeting

Wednesday 6th June 2018 (Crown Primary, Inverness)

Tuesday 2nd October (Fortrose Academy, Black Isle)