

## Dunbartonshire Meeting Report

**Date:** 22<sup>nd</sup> Feb 2018. **Venue:** EDVA Office, Kirkintilloch

**In attendance:** Martin Brickley; Anne McIlvain (GWT Volunteer Network Co-ordinator); Graham Branscombe (EDVA); Mandy Davidson (Lenzie Academy Community Engagement); Danny McLachlan (Turnbull High School); Mairead Rowan (EDHSCP); Paula Brown (EDHSCP); Jade Spinelli (student EDHSCP); Alice Morton (Minute Taker).

**Apologies:** Hugh Kershaw (Lions Clubs International, Deaf Awareness Trainer); Kelly Gainty (EDC).

**Previous report:** The report of 24<sup>th</sup> January 2018 was approved with the three items corrected: (1) Kelly Gainty (2) Mairead Rowan (EDHSCP) (3) Big Lunch-Saturday 16<sup>th</sup> June-involving pupils from most years.

### Welcome

---

Martin opened the meeting, welcomed everyone and thanked them for their attendance. Paula introduced Jade Spinelli to the meeting.

### Update from Christmas event

Martin reported that the event was very successful, and a debriefing had taken place recently. 92 persons attended the event, the pupil helpers were a pleasure and their willingness and enthusiasm were excellent. He reported that a complete cross-section of society was present. He added that, for all those helping, a rehearsal night before the actual event was organised. However, only three pupils were present for this and as a result he didn't have an opportunity to know them before the day. All those who are helping should attend the rehearsal evening before the event. He added that Smiths Hotel do not provide a PA/sound system and that this is the event organiser's responsibility.

There is a willingness to hold the event again this year and S.T.A.N.D. International are hopeful that they can fund it. This being the case organising the 2018 event can begin later in the summer. Publicising the event was successful and reached the intended groups.

Graham asked Martin about an item on the event for the EDVA Bulletin.

Martin went on to say that he would write a note of thanks to the two Headteachers and asked Mandy and Danny to email the pupils' names to him. Mandy reported that the feedback from pupils was very good and they would like to repeat the experience this year.

Mairead and the HSCP were thanked for their work in organising the Christmas gifts. Mairead spoke about promoting the event next time and suggested speaking to teams, with more networking and co-ordination of the gifts. Paula said she was happy to support the event. Martin asked that social work and HSCP help with identifying people who are isolated and lonely. Paula added that home care staff would be able to help with this next time. He said that the target would be 100 persons if the event goes ahead this year.

### June event

---

The Woodhill Evangelical Church is booked for Monday 4<sup>th</sup> June between 10.00 and 03.30. A room plan was available at the meeting and Martin identified four small rooms and the main hall.

**MORNING SESSION 10.00-12.00:** This will consist of four workshops for practitioners involved in intergenerational work. The workshops will be presented twice and one hour in duration.

Martin asked that Danny and Mandy organise senior pupils to attend for the full day. The pupils would register people as they arrive and act as general helpers.

### **Workshop 1 Deaf Awareness** (in the small room)

Hugh Kershaw will present two one-hour workshops entitled *Deaf Awareness* with pupils and older people involved. May involve pupils from Turnbull High School.

### **Workshop 2 Come and Sing** (room 1 at the back with the piano)

Mandy suggested pupils could present a workshop based on their experiences of '*Come and Sing*' which is an intergenerational project in their own community. The workshop could illustrate points such as: this is what we did; this is what we liked; this is what the '*Come and Sing*' group liked; and this is how we would suggest you go about it if you are running this for the first time. The workshop may involve eighteen Lenzie Academy 5<sup>th</sup> year pupils. Mandy indicated that members of the Senior Forum attend '*Come and Sing*' and she would pass the names to Martin as they might like to come along for the morning workshop. She also suggested that Lorna Hall who organises '*Come and Sing*' attend to give her perspective on the project.

### **Workshop 3 Découpage** (room beyond)

Discussion took place regarding the crafting activity sessions organised by Nan Middleton at Brackenbrae House. The sessions can involve older people, lonely people, disabled groups and volunteer helpers. Nan may agree to present a workshop free because of the publicity aspect with practitioners. The activity sessions are inclusive, community building and offer scope for intergeneration engagement. Mandy will email Nan Middleton to give the details of the workshop.

### **Workshop 4 Turnbull High School** (title to follow?) (room further down on the right)

Presented by Turnbull High School pupils and will be about their work with residents at Mavisbank and St Joseph's Care Homes. The workshop will include a technology element i.e. ipads. Residents will attend also.

### **Hospitality**

The main hall will have three sections and tea and scones will be available, in the middle section, both morning and afternoon. Pupils will help to serve.

**AFTERNOON SESSION:** This is partly about entertainment and an opportunity for younger and older people to get together.

**Wii Workshops** (bottom third section of the main hall)-the church will provide three TV consoles for workshops where an older person and a younger person can play games together for fun.

**Dancing** (top third section of the main hall, window side)-Martin to organise this with the lady who instructs the Senior Forum.

Mandy suggested that, when activities change over, the pupils remain with the same older people as this strengthens the connection.

Martin suggested that the morning workshops could remain in the afternoon and be available to the new people arriving in the afternoon.

Graham indicated that he had approached Westerton Male Voice Choir but had not confirmed anything. Martin said to leave this at present and if needed they would call on the choir.

**Quiz** this will finish off the last half hour and Danny will organise this. Paula mentioned the prizes for the quiz.

## Publicity

---

Martin suggested that the event be publicised using an EDVA mailshot two months before the event and money permitting maybe a few posters will be printed. Mandy suggested that pupils from Lenzie Academy could design a flyer (on Publisher) for the mailshot.

Graham suggested using face-to-face publicity at lunch clubs and Mandy suggested she could contact the Kirkintilloch Herald. Martin hoped that those who go out to visit community groups would publicise the event directly.

## GWT Members update

---

Martin Brickley has Hugh Kershaw's report from the Health Service Scotland and Greater Glasgow Health Board event entitled *National Review of Community Audiology* which was held in Delta House, Glasgow on Monday 5<sup>th</sup> February 2018.

Mandy Davidson (Lenzie Academy Community Action): *Spring Fling* will be on Tuesday 20 March 2018, 2pm-3.15pm. The *Come and Sing* group will represent the Senior Forum. Campsie View Care Home are also bringing a group. There will be music and community singing. It is anticipated that *The Prince's Trust* group will undertake a *Pen Friend* letter writing project with Campsie View Care Home and Mandy has been in touch with Gillian the activities co-ordinator regarding this. The *Big Lunch* is on Saturday 16<sup>th</sup> June. The presenter of the Saltire Awards is Elizabeth Wright an Australian Paralympic medal winning swimmer.

Mairead Rowan (EDHSCP): planning an intergenerational activity with the new care home *Clachan of Campsie* in Lennoxton. This will involve *Care for a Ceilidh* a Glasgow-based charity.

She had a meeting with Hanover Housing which has sheltered/very sheltered properties. One property is in West High Street, Kirkintilloch and three others in Bishopbriggs. Hanover Housing are working with *Poppy Scotland* to organise a project where pupils collect and capture the stories of older adults to commemorate *Armistice Day*. The commemoration date is Sunday 11<sup>th</sup> November 2018. She asked Mandy and Danny if there was potential for the two schools to be involved in this via a history project. Mandy will explore this with the History Department. Danny mentioned a member of staff who is a keen collector and historian of World War II memorabilia who would be interested in this. It was suggested that this project could be utilised next year. Mairead pointed out that no person under 18 years can come into Hanover House buildings unaccompanied.

Paula Brown (EDHSCP): continuing the intergenerational work at the Community Café at Mavisbank. Residents benefit greatly from the pupil visits. She had visited Whitefield Lodge Care Home and hoped to commit there and offer help and support again. She remarked that at the moment social isolation across the age groups is huge and that residents in a care home can feel isolated.

Jade Spinelli (EDHSCP, student): reported she had made several visits to the Mavisbank Community Café and had noted the positive difference the young people's visits made to the residents

Graham Branscombe (EDVA): reported that Men's Sheds in Milngavie and Bearsden are starting up. They have accommodation and funding from HSCP and there is also a funding application from the Lottery Fund in progress. Attempts are being made to encourage younger people to become involved.

Mairead asked Graham if there had been much movement on the previously mentioned IT project with nursery children. He reported that Bella was currently working on funding bids for equipment and little progress had been made.

Danny McLachlan (Turnbull High School): reported that the pupils who had attended the Christmas Event at Smiths Hotel had thoroughly enjoyed it.

## **AOCB**

---

Mandy reported that she had noticed on Twitter that the police student volunteers were delivering parcels to isolated older people. Stevie Shanks is the police person involved with the volunteers. The student volunteers come from all schools. Mandy suggested approaching him to join the GWT group. Mandy will forward his email address to Anne and he will be contacted and invited to join GWT.

### **Date and Time of Next Meeting**

Thursday 29<sup>th</sup> March 2018, 3.00-04.30 at the EDVA office.

Martin closed the meeting and thanked everyone for their contributions.