

Meeting

Date: 1st Feb 2018

Venue: Getting Better Together Shotts, Healthy Living Centre, Kirk Road, Shotts, ML7 5ET

In attendance: Catherine Togneri (Holmes Care Group), Kamil Tomzik (VANL), Becky Mitchell (Shotts Getting Better Together), Stefania Mc Grath (Trust Housing Association), Maurice Donohue (Sporting Memories Network), John Ker (Routes to Work South), Tony Martin (Alzheimer Scotland), Chris Thomson (Holmes Care Group), Christine Mc Nally (Getting Better Together), June Vallance (Getting Better Together), Lynn Brown (Rosehall Manor), Jim Forest, Marion Weymss (History Group), Fiona Gairns (Healthy Valleys), Joe Duffy (Getting Better Together), Sam Norton-Alexander (Woolfords, Auchengray and Tarbrax), Audrey Leckie (Moirs Anderson Foundation), Laura Biggart (Befriend Motherwell), Arlene Hamilton (Alexander Peden Primary School), Sorina Oprea (Generations Working Together)

Apologies: Sandra Maquire (New College Lanarkshire), Jane O'Neill (Community Dev Worker, Key),

Icebreaker

Sorina started the meeting by an icebreaker asking participants to pick up a pair and ask each other the following questions: *What was your first job?* And *What would you say to your younger self?* .

After 5/6 min each participant had to introduce the colleague and presenting his/her answer to the questions. This was a fun and interactive way of introducing many participants.

After people shared what was their first job, there were a few themes that emerged from the question *What would you say to your younger self?*

- Get a better education
- Be more proactive
- Be more sociable
- Take your holiday opportunities
- Don't be afraid to embrace opportunities

After the icebreaker, Sorina talked about intergenerational practice as there were a few attendees who didn't know anything about intergenerational work.

What Intergenerational Practice is?

Although there are a number of definitions and descriptors used for intergenerational practice, most share an affinity to the commonly used international definition: "Intergenerational practice aims to bring people together in purposeful, mutually beneficial activities which promote greater understanding and respect between generations and contributes to building more cohesive communities. Intergenerational practice is inclusive, building on the positive resources that the younger and older have to offer each other and those around them" (Beth Johnson Foundation, 2009) This definition acknowledges the importance of bringing younger and older people together.

GWT National Conference 2018- “Safer, fairer, more successful communities – Celebrating the Year of Young People 2018”

Wednesday 7th March 2018, 10:00am - 4:00pm at University of Strathclyde, The Technology & Innovation Centre, 99 George Street, Glasgow, G1 1RD (£50)

GWT is delighted to announce the programme for our National Conference being held in March next year. This year’s theme is “Safer, fairer, more successful communities – Celebrating the Year of Young People 2018”

Speakers at the conference will include:

- **Maree Todd MSP**, Minister for Childcare and Early Years
- **Susan Langford MBE**, Director, [Magic Me](#)– Connecting Generations
- **Ewan Fisher**, Business Analyst and GWT Trustee

Morning workshops: 11:00am-12:20pm

1. Setting up an intergenerational nursery: the good, the bad, the ugly, and the wonderful
2. Intergenerational Practice in the Workplace
3. Year of Young People 2018
4. Raising attainment in literacy and numeracy using an intergenerational approach

Afternoon workshops: 13:30-14:50

5. Creative activities for intergenerational work
6. Functional Fitness and Ageing Actively
7. Intergenerational Housing

Perth & Kinross Intergenerational Learning event Wednesday 14th February 2018, 9:30am - 12:00pm at National Christian Outreach Centre, Riggs Road, Perth, PH1 1PR (Free)

Network members and all organisations are invited to attend an intergenerational learning event which is being held on Wednesday 14th February 2018 to celebrate and showcase the brilliant work taking place across Perth & Kinross

If interested, please book your place here: <http://generationsworkingtogether.org/news/perth-kinross-intergenerational-learning-event-14th-february-09-01-2018>

Generations Working Together New Campaign 2018 – Inspiration from abroad

Generations Working Together is excited to bring you a new campaign that will showcase inspirational intergenerational projects from abroad to inspire you to start something new in the New Year. We will be uploading interviews, stories, and photos from intergenerational projects all over the world. Using the hashtag #gwtinspiration you can follow the campaign and ask us any questions you may have.

We will be highlighting key questions people have when starting an intergenerational project. For example, how to recruit volunteers or deal with funding shortages and will speak to projects in Denmark, Germany, America and more. At the moment we are still looking for organisations around the world that would like to participate. If you know of any that may be of interest that are running an intergenerational project please let us know by e-mailing [Kate](#) (Communications and Policy Assistant).

Amazing things – all awards available for young people across Scotland. It can be downloaded here: <http://www.awardsnetwork.org/>

Year of Young People 2018 aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally.

Objectives

- Provide a platform for young people to have their views heard and acted upon
- Showcase the amazing talents of young people through events and media
- **Develop better understanding, co-operation and respect between generations**
- Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited)

There are nine one-day training courses planned for the autumn with your closest being:

- Monday 21st May 2018, Forth Valley

For more details and learning outcomes search here: <http://generationsworkingtogether.org/events-training/training/>

International Certificate on Intergenerational Learning (ICIL) - the 2nd cohort started on 22nd Jan until the 4th March 2018. We had a great positive response so far and the waiting list for the next cohort is already filling up. If interested in this training course, please keep an eye on our website and our Social Media channels where we'll advertise the next cohort in due course.

<http://generationsworkingtogether.org/events-training/launch-of-second-international-intergenerational-certificate-course-06-11-2017>

Who is this for?

Anyone who wants to gain a deeper understanding of intergenerational work, its purpose, impact and practical application to enable them to apply this within their own work. This can include occupational therapists, nursery/playgroup staff, primary and secondary teachers, classroom assistants, community learning & development and social care professionals, social workers, sociologists, psychologists, leisure & physical activity professionals, employment advisors, doctors, nurses and healthcare workers, librarians and third sector professionals of all backgrounds, amongst many others

Network coordinator vacancy – GWT is looking for a Volunteer Network Coordinator for the Lanarkshire network. If anyone is interested in taking on the role of coordinator, please get in touch with Alison Clyde at Alison@generationsworkingtogether.org for further details.

Reducing loneliness and isolation: Draft strategy open for consultation

On Jan 16th 2018, the Minister for Social Security, Jeane Freeman, launched the Scottish Government's draft strategy to tackle social isolation and loneliness for consultation.

The draft plan, now open for consultation, will look at the causes of social isolation and loneliness and how they can be addressed.

Views are also being sought on how communities can build on the work of the Scottish Government, and lead on ensuring those at risk of becoming lonely or isolated have access to the right support networks.

This draft strategy puts forward SG's belief that, whilst Government has an important role to play in creating the conditions for change to happen, everyone has a responsibility to help tackle loneliness and social isolation. We are committed to empowering communities to lead in this area.

<https://beta.gov.scot/news/reducing-loneliness-and-isolation/>
<http://www.gov.scot/Publications/2018/01/2761>

“Generations on Screen” project – Nov 2017 – Oct 2018

Generations Working Together has been recently awarded a grant of £10,000 by Big Lottery Fund to run an innovative and exciting intergenerational project.

We are currently seeking primary schools & care homes located in Paisley - Ferguslie Park/Glenburn and Johnstone area to take part in this intergenerational project called “Generations on Screen”. With the aim of positively engaging younger and older people, this project will encourage those involved to develop further intergenerational projects with the aim to build long standing relationships between the Primary Schools and Care Homes to support this intergenerational approach to sustain beyond the life of this project.

By breaking down barriers between generations we build new ways of working and living together, build stronger communities and create more opportunities for change by addressing and tackling negative stereotyping of both the young and old.

“Generations on Screen” project has been developed through our extensive work with care homes across Scotland, whose staff and carers have been keen to increase intergenerational relationships for their residents with younger people.

The final screening event will be an opportunity for all participants, their families, teachers and carers to come together and celebrate their collective achievements.

Sharing & networking

Becky Mitchell, Shotts Getting Better Together – presentation

- Explained to all participants what IG work is, how Shotts Getting Better Together got started, what she learned by doing an IG project, what questions one should ask before starting an IG project and what their future plans are for the Shotts community. Also, Becky mentioned that she started all the intergenerational projects after attending the Intergenerational Training Course for Trainers and Practitioners and after attending the network meetings which provided her with ideas and inspiration.
- Later this year, there will be a photo exhibition about how life was back in Shotts
- Becky also shared some of the insights that came out doing the ig project: (1) building a trusty relationships is instrumental to be able to start a project; (2) it was harder than previously thought to bring people together; (3) the importance of having the right amount of adults to the no of children in the project; (4) she discovered how passionate about history are people in Shotts and how many projects can be build based on this.
- Funding for these projects was secured through Young Start.

Becky's presentation will be shared with the attendees.

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851

Sorina mentioned Scotland's Urban Past work as this might be a resource very useful for Shotts community if they are interested in history projects.

<https://scotlandsurbanpast.org.uk/>

Before Christine's presentation attendees had a networking break and the chance to talk to everyone in the room as this was a large meeting.

Christine McNalley, Getting Better Together – presentation

- Talked about the necessity of developing a Consortium of Third Sector organisations, Statutory Bodies and Community members to achieve and support ongoing societal approaches to engaging common resources to the benefit of the local community.
- Community capacity building
- Conversation about how they can get involved in reducing loneliness and isolation in their community and work in partnership
- Christine invited the attendees to share their thoughts and ideas about how they could work together to tackle isolation and loneliness across North Lanarkshire.
- Christine also shared an event with the attendees: on 23rd Feb 2018 – Conference: Co-production in Early Years across North Lanarkshire and beyond

Christine's presentation will be also shared with the attendees.

Someone concluded the meeting by saying that "What I heard today can be transferred to other communities, we have the same issues around isolation and loneliness. It's all about partnership work."

The meeting ended with

Next meeting: TBC soon