

## Meeting report – Lanarkshire Network Meeting

**Date:** 10<sup>th</sup> May 2018

**Venue:** Kingsgate Care Home, 149 Glasgow Rd, East Kilbride, Glasgow G74 4PA

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**In attendance:** Sandra McCrory (Larkhall and District Volunteer Group), Becky Mitchell (Shotts Getting Better Together), Margaret Mackenzie (Sense Scotland), Nicola Scott (Sense Scotland), Nicola Lafferty (Older & Active in East Kilbride), Kathleen Crymble (Kingsgate Care Home), Olivia Whyte (Shotts Getting Better Together), Eddie Prior (Kingsgate Care Home), Sorina Oprea (Generations Working Together)

**Apologies:** Sandra Brown (Eden Project), Jane O'Neill (Key Community Supports/The Advisory Group North Lanarkshire)

### Welcome and Introductions

#### Network Volunteer Coordinator for Lanarkshire Network

We are delighted to inform you that Becky Mitchell, from Shotts Healthy Living Centre, Getting Better Together, is the new Volunteer Network Coordinator for the Lanarkshire Network. Please feel free to get in touch with Becky. Her contact details can be found on the Lanarkshire Network page.

#### GWT national update

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**GWT Conference** - Wednesday 7th March 2018, University of Strathclyde, Glasgow – presentations are now available to view on the website:

<https://generationsworkingtogether.org/news/gwt-national-conference-2018/>

#### Recognition Awards 2018

Winners and runners up can be now viewed at:

<https://generationsworkingtogether.org/news/gwt-recognition-awards-2018/>

**The five categories Trophy Winners of 2018 Recognition Awards in Intergenerational work were:**

- New intergenerational project (Less than 12 months) – ‘Blethering Buddies Harris’ Academy
- Established intergenerational project (Greater than 1 year) – ‘Back to Life’ Newbyres Nursery and Newbyres Village Care Home
- Building successful partnerships through intergenerational work – Intergenerational Befriending Caithness
- Yvonne Coull, Local Network Coordinators Award – Louisa Turner, Fife Intergenerational Network

**Due to the outstanding applications submitted Certificates of outstanding contribution were also awarded to the following projects:**

- New intergenerational project (Less than 12 months) – ‘Difference in Age and Time’ Balhousie Primary School
- Building successful partnerships through intergenerational work – ‘Old’s Cool Intergenerational Project’ Citadel Youth Centre

**International Certificate on Intergenerational Learning (ICIL)** – 2<sup>nd</sup> ICIL online learning course (23 students) now running with a plan that we shall run another in the Autumn.

### **Intergenerational Training Course for Practitioners and Trainers (CPD Accredited) £40 per person**

To book a place on the above courses or to see the learning outcomes please click on the link below:

<http://generationsworkingtogether.org/events-training/training/>

### **Intergenerational workplaces**

GWT invited a variety of private sector businesses to a workshop, the aim being to discuss issues relating to intergenerational practice in the workplace. In essence this means issues which arise as a result of not only having an ageing workforce, but particularly the resulting increased gap between the oldest and youngest employees. We hope to address not only the difficulties, but also the potential benefits and opportunities that might arise in an intergenerational workplace.

The session is being followed up another workshop involving GWT members at the national conference. Findings will then be collated and a plan to help resolve the issues possibly by offering an inquiry of the organisation to identify gaps and challenges and/or provide training to help organisations benefit from their intergenerational workforce.

### **Raising attainment in numeracy and literacy through intergenerational work**

Sorina presented an update about the pilot education project Connecting Generations in Perth & Kinross. A GWT Development Officer has been recruited and is working within two schools in Perthshire, The Community School of Auchterarder (TCSOA) and Perth Grammar. It's still very early days however 17 older volunteers have been recruited and the schools are reporting a significant impact has been made since the volunteers started to work with the children (January 2018). Check out the following link for further details and the short film from TCSOA.

<https://generationsworkingtogether.org/events-training/perth-kinross-intergenerational-learning-event-03-11-2017>

**BBC Alba** is making a documentary this Spring about Intergenerational projects in Scotland – and is looking for Gaelic speakers with strong stories to tell.

Are you a Gaelic speaker who has benefitted or worked on a scheme to bring young and old together – or would like to? Maybe you are an older person who has helped youngsters or young families – a surrogate granny or young person's mentor, maybe. Or perhaps you have children who take part in projects in Care Homes or similar. Whatever your story, if it involves bringing young and old together we would love to hear from you. Please email Elly Welch, Filmmaker/Journalist or call on 01851 705638 / 07884 265035

**Enjoy the latest BBC 1 documentary featuring Apples & Honey Nightingale House** (Ali Somers) the intergenerational nursery situated in a care home who presented at our conference. (Expires 10<sup>th</sup> April 2018)

<https://generationsworkingtogether.org/news/bbc-1-documentary-featuring-apples-honey-nightingale-house-13-03-2018>

**The Journal of Intergenerational Relationships (JIR) is planning a special issue on Social Isolation and Loneliness** to be published in 2019, guest edited by Alan Hatton-Yeo and Alison Clyde. We are currently seeking submissions for this special issue and have extended the deadline to August 31, 2018.

<https://generationsworkingtogether.org/news/journal-of-intergenerational-relationships-13-03-2018>

**GWT is looking to recruit volunteer trustees** to join our board members above who have experience of working in the voluntary, public or private sector and want to become actively involved. In particular we are seeking trustees with experience and skills in at least one of the followings:

- A strong communications and marketing background
- A strong financial background,
- Excellent skills in fundraising from trust funds and other similar agencies
- Work experience in education
- Work experience in health and /or social care

<https://generationsworkingtogether.org/news/gwt-recruiting-trustees-and-treasurer-28-02-2018>

**Please continue to promote the Year of Young People 2018** which aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally.

Objectives

- Provide a platform for young people to have their views heard and acted upon
- Showcase the amazing talents of young people through events and media
- **Develop better understanding, co-operation and respect between generations**
- Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

### **Voting members**

Please continue to seek your two voting members per network (cannot be a member of staff however one place could be the volunteer coordinator).

The normal term of office for a voting member will be 2 years however people may stand for re- election at the end of each term of office.

## “Generations on Screen” project – Nov 2017 – Oct 2018

Sorina gave an update on the “Generations on Screen” project.

Generations Working Together has been awarded a grant of £10,000 by Big Lottery Fund to run an innovative and exciting intergenerational project.

We recruited 4 primary schools and 4 care homes located in Paisley - Ferguslie Park/Glenburn and Johnstone area to take part in this intergenerational project called “Generations on Screen”. With the aim of positively engaging younger and older people, this project will encourage those involved to develop further intergenerational projects with the aim to build long standing relationships between the Primary Schools and Care Homes to support this intergenerational approach to sustain beyond the life of this project.

By breaking down barriers between generations we build new ways of working and living together, build stronger communities and create more opportunities for change by addressing and tackling negative stereotyping of both the young and old.

“Generations on Screen” project has been developed through our extensive work with care homes across Scotland, whose staff and carers have been keen to increase intergenerational relationships for their residents with younger people.

The final screening event will be an opportunity for all participants, their families, teachers and carers to come together and celebrate their collective achievements. The showcase will take place on 12<sup>th</sup> or 26<sup>th</sup> September this year.

## Ideas shared during the meeting

We discussed about intergenerational work and below is the feedback from those attending the meeting:



### Some of the barriers to intergenerational work

- Being an outsider within the community

- Resistance from the users to engage with the younger people (people shared their experience of how to break down these barriers)
- The number of people involved in an intergenerational activity is important;

### Some ideas provided by the participants on how to engage younger and older people in intergenerational activities:

- Making it into a club could be an idea;
- Planning a set of activities (like a really simple activity which proves very beneficial and working);
- Engaging older people in preparing the program for the intergenerational group.

### Ideas of intergenerational projects

- Book Bug Sessions with nursery children and older people (works very well in the care homes);
- Paired reading (pairing a younger person with an older one – this works well in primary schools);
- Dementia Awareness Week 2018 could be another opportunity for engaging people in intergenerational activities <https://www.alzheimers-brace.org/dementia-awareness-week-2018>
- National Book Week – Nov 2018. More details about this can be found on their website: <http://www.scottishbooktrust.com/reading/book-week-scotland/about>

### Inspiring Purpose – Between the Generations

Becky Mitchell presented the “*Inspiring Purpose*” project and how the organisations involved could benefit by engaging in this project.

It’s about a poster project for young people to complete at home with a grandparent, relative or family friend from a different generation. Through this partnership, both participants have the opportunity to reflect on important events of the past and share a brighter vision for the future. Completing the poster with someone from an older generation will help you learn about the heroic stories of those who fought and suffered, and of course, those who made the ultimate sacrifice.

If you would like to get involved, please, when sending the request put GWT in cc so we can track which network applied for this project.

For each network that will get involved, GWT will receive 100£ which will then go to that network. Please think about how you would like this amount to be spent and let us know.

<http://generations.inspiringpurpose.org.uk/>

### Intergenerational Rebel Writing Campaign

Also, Becky presented the Intergenerational Rebel Campaign run by Scottish Book Trust. The Scottish Book Trust is asking primary and secondary pupils across the country to create a piece of personal or collaborative writing inspired by the 2018 theme **Rebel!**

More details about this campaign and how to take part can be found here:

<http://scottishbooktrust.com/bws-schools/writing-campaign>

Next Lanarkshire Network Meeting: 30<sup>th</sup> August 2018 at [Orbiston Neighbourhood Centre](#)