

Forth Valley Network Meeting

Date: 21st March 2018

Venue: CVS Falkirk



In attendance: Julie Marshall (Queen Street Nursery), Joan Purdie (Newcarron Care Home), Velicia Dovaston-Dick (Raploch Community Partnership), Ania Sandland (Outside the Box), Clare Ross (Antonine Primary), Liz Rowlett (CTSI), Kay Pearson (Barnardos), Victoria McRae (GWT Coordinator and CVS Falkirk), Tracy Patrick (Balfron High), Marie Forster (VCS Falkirk) & Alison Clyde (GWT)

Apologies: Marie Urquhart (Raploch Community Partnership) & Cllr Fiona Collie, Christine Webster (Ettrick Dochart Community) & Catherine Finestone (Windsor Park)

GWT national update:

GWT Conference 2018 – presentations are now available to view on the website:

<https://generationsworkingtogether.org/news/gwt-national-conference-2018/>

Recognition Awards 2018 – winners include:

- New intergenerational (IG) project (Less than 12 months) – ‘Blethering Buddies Harris’ Academy
- Established IG project (Greater than 1 year) – ‘Back to Life’ Newbyres Nursery and Newbyres Village Care Home
- Building successful partnerships through IG work – Intergenerational Befriending Caithness
- Yvonne Coull, Local Network Coordinators Award – Louisa Turner, Fife Intergenerational Network

Certificates of outstanding contribution were also awarded to:

- New IG project (Less than 12 months) – ‘Difference in Age and Time’ Balhousie Primary School
- Building successful partnerships through IG work – ‘Old’s Cool IG Project’ Citadel Youth Centre

GWT is looking to recruit a volunteer coordinator from the Clacks or Stirling area to work with Victoria to support and promote the Forth Valley Network. For more details please contact Alison.

BBC Alba is making a documentary this **Spring/Summer** about **Intergenerational projects in Scotland** and is looking for Gaelic speakers with strong stories to tell. For further details contact Elly Welch, Filmmaker/Journalist on 01851 705638 / 07884 265035.

Intergenerational Housing

Emma Garland, Business Assurance Officer for Ongo Home was awarded a prestigious Winston Churchill fellowship for her research project looking at examples of intergenerational living schemes in the USA. Here is a summary of Emma’s research:

Why?

The youngest & oldest sections of our society are facing the greatest housing challenges today. Young people are struggling to afford a place of their own and homelessness is set to increase with the removal of automatic Governmental housing support for 18-21-year olds. Conversely we have an increasingly older population with limited housing options for whom loneliness and isolation are real problems. Intergenerational living (old & young living side by side) provides a real solution to the issues faced by both groups.

Aim

The concept of intergenerational housing is not well known in the UK and no purpose-built

projects exist. A scheme called Homeshare exists in the south of England, but this is limited to an elder person offering accommodation to a younger person at a reduced rate in exchange for some support. Emma aims to show that developing planned co-housing with shared facilities can invoke a sense of community where older people can benefit from reduced levels of loneliness and isolation & increased levels of civic participation, while younger generations can also benefit in similar ways & through the provision of affordable housing. Emma would like to change attitudes and values and contribute to the debate about the type of housing we should be planning and building.

Edinburgh Development Group (EDG) has funding to run a homeshare scheme in Edinburgh, initially it was for people with disabilities however they have found this extremely difficult and hope to make their first match with an older person before the Easter holidays.

EDG Homeshare are still looking for people who want to live with an adult with disabilities or an older person in exchange for free accommodation. The student will provide 10 hours of support a week which can include assistance with shopping, cooking and companionship. If you are interested, you can contact the Homeshare team on 0131 476 0522. <http://www.edg-sco.org/>

Cohousing in Southern Scotland – (Choiss) <https://www.facebook.com/choisscoho/>

www.facebook.com Famous co-Housing project (at least in Berlin), and a co-Housing Home Pages:

www.cohousing-berlin.de www.cohousing-cultures.net

alte schule karlshorst / old school Karlshorst, where almost 50 people live together:

<http://www.wohnprojekte-portal.de/projekte-suche/projektetails.html?uid=10462>

Sorry, but only in German...

Cohousing with friends

<https://www.notsalmon.com/2018/03/31/cohousing-with-friends/>

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited) £40 per person

- Monday 21st May 2018, 10:00am - 4:00pm at Raploch Community Campus, Drip Road, Stirling, FK8 1RD

Alison is programming training courses across Scotland from Sept to June 2019. If you are interested in attending a one-day course, please get in touch with Alison@generationsworkingtogether.org

International Certificate on Intergenerational Learning (ICIL) will run Tuesday 23rd Oct to Monday 3rd

Dec 2018. Further details and costings will be circulated in July. Approximate cost £150. The course is not profit making however it has to be cost recoverable.

Intergenerational workplaces

GWT invited a variety of private sector businesses to a workshop, the aim being to discuss issues relating to intergenerational practice in the workplace. In essence this means issues which arise as a result of not only having an ageing workforce, but particularly the resulting increased gap between the oldest and youngest employees. We hope to address not only the difficulties, but also the potential benefits and opportunities that might arise in an intergenerational workplace.

The session was followed up by another workshop involving GWT members at the national conference. Findings have been collated and a plan to help resolve the issues possibly by offering an inquiry of the organisation to identify gaps and challenges and/or provide training to help organisations benefit from their intergenerational workforce.

Raising attainment in numeracy and literacy through intergenerational work

Alison provided an update on the pilot education project Connecting Generations in Perth & Kinross. A GWT Development Officer has been recruited and is working within two schools in Perthshire, The Community School of Auchterarder (TCSOA) and Perth Grammar. It's still very early days however 17 older volunteers have been recruited and the schools are reporting a significant impact has been made since the volunteers started to work with the children (January 2018). Check out the following link for further details and the short film from TCSOA and Perth Grammar.

<https://generationsworkingtogether.org/events-training/perth-kinross-intergenerational-learning-event-03-11-2017>

<https://generationsworkingtogether.org/news/perth-grammar-school-film-19-03-2018>

The Journal of Intergenerational Relationships (JIR) is planning a special issue on Social Isolation and Loneliness to be published in 2019, guest edited by Alan Hatton-Yeo and Alison Clyde. We are currently seeking submissions for this special issue and have extended the deadline to August 31, 2018.

<https://generationsworkingtogether.org/news/journal-of-intergenerational-relationships-13-03-2018>

Apples & Honey Nightingale House (Ali Somers) provide meaningful interaction between nursery children and elderly residents, enriching the lives of both. First official co-located nursery and care home. <https://www.applesandhoneynightingale.com/>

Sharing and networking –

- **Bookbug for all:** Intergenerational Bookbug in Ayrshire
<https://generationsworkingtogether.org/news/intergenerational-singing-and-friendship-building-28-03-2018>
- **Food Transformation Fund** - The Fund has been designed in conjunction with the Independent Short-Life Working Group on Food Poverty which was commissioned by Scottish Ministers to identify the issues which push people into food poverty and make recommendations on how they can be addressed. Out of 22 projects one has been funded with an intergenerational focus. Reports will be out near summer with a potential second round of funding.
- Ania reported on her work with Denny High School and is looking for care homes who would like to work together on an intergenerational project around food.
- Care about Physical Activity – Care Inspectorate – information on the project and contacts for Stirling and Clacks can be found below:
<http://hub.careinspectorate.com/improvement/care-inspectorate-programmes,-projects-and-publications/care-about-physical-activity/>
- Balfron High School doing some intergenerational work however would like to do more.
- Joan reported on the great intergenerational work which was taking place in her Falkirk care homes: Newcarron Home, St Francis Primary & Langlee's Nursery and Primary. The first session which introduced young people to the residents was very emotional due to the instant impact between the generations. Joan would recommend care homes get involved.
- Velicia reported on the great intergenerational projects within the Raploch Community Partnership which included lots of gardening.
- Kay mentioned that P7's from Tamfourhill have been working with grandparents.

Next meeting: Thursday 23rd August 2018, 9:30am - 11:30am at Raploch Community Campus, Drip Road, Stirling, FK8 1RD