

Aberdeenshire & Moray Network Meeting

Date: 23/05/2018

Venue: Bervie Primary School,
Church Street, Inverbervie,
Montrose DD10 0RU



In attendance: Rebecca Dunn (Local Network Development Officer, Generations Working Together), Mary Finch (Brighter Bervie), Natasha Hepburn (Bervie Church), Jill Simpson (Bervie Church), Heather Grant (Bervie Primary School), Tom Campbell (Brighter Bervie), Sheila Taylor (Bervie Day Centre), Karen Wood (Dementia Friendly Communities)

GWT national update:

GWT Conference - Wednesday 7th March 2018, University of Strathclyde, Glasgow – presentations are now available to view on the website:

<https://generationsworkingtogether.org/news/gwt-national-conference-2018/>

Recognition Awards 2018

Winners and runners up can be viewed at:

<https://generationsworkingtogether.org/news/gwt-recognition-awards-2018/>

The five categories Trophy Winners of 2018 Recognition Awards in Intergenerational work were:

- New intergenerational project (Less than 12 months) – ‘Blethering Buddies Harris’ Academy
- Established intergenerational project (Greater than 1 year) – ‘Back to Life’ Newbyres Nursery and Newbyres Village Care Home
- Building successful partnerships through intergenerational work – Intergenerational Befriending Caithness
- Yvonne Coull, Local Network Coordinators Award – Louisa Turner, Fife Intergenerational Network

Due to the outstanding applications submitted Certificates of outstanding contribution were also awarded to the following projects:

- New intergenerational project (Less than 12 months) – ‘Difference in Age and Time’ Balhousie Primary School
- Building successful partnerships through intergenerational work – ‘Old’s Cool Intergenerational Project’ Citadel Youth Centre

International Certificate on Intergenerational Learning (ICIL) – 2nd ICIL online learning course (23 students) now running with a plan that we shall run another in the Autumn.

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited) £40 per person

To book a place on the above courses or to see the learning outcomes please click on the link below:

<http://generationsworkingtogether.org/events-training/training/>

Intergenerational workplaces

GWT invited a variety of private sector businesses to a workshop, the aim being to discuss issues relating to intergenerational practice in the workplace. In essence this means issues which arise as a result of not only having an ageing workforce, but particularly the resulting increased gap between the oldest and youngest employees. We hope to address not only the difficulties, but also the potential benefits and opportunities that might arise in an intergenerational workplace.

The session is being followed up another workshop involving GWT members at the national conference. Findings will then be collated and a plan to help resolve the issues possibly by offering an inquiry of the organisation to identify gaps and challenges and/or provide training to help organisations benefit from their intergenerational workforce.

Raising attainment in numeracy and literacy through intergenerational work

Alison provided an update on the pilot education project Connecting Generations in Perth & Kinross. A GWT Development Officer has been recruited and is working within two schools in Perthshire, The Community School of Auchterarder (TCSOA) and Perth Grammar. It's still very early days however 17 older volunteers have been recruited and the schools are reporting a significant impact has been made since the volunteers started to work with the children (January 2018). Check out the following link for further details and the short film from TCSOA.

<https://generationsworkingtogether.org/events-training/perth-kinross-intergenerational-learning-event-03-11-2017>

BBC Alba is making a documentary this Spring about Intergenerational projects in Scotland – and is looking for Gaelic speakers with strong stories to tell.

Are you a Gaelic speaker who has benefitted or worked on a scheme to bring young and old together – or would like to? Maybe you are an older person who has helped youngsters or young families – a surrogate granny or young person's mentor, maybe. Or perhaps you have children who take part in projects in Care Homes or similar. Whatever your story, if it involves bringing young and old together we would love to hear from you.

Please email Elly Welch, Filmmaker/Journalist or call on 01851 705638 / 07884 265035

Enjoy the latest BBC 1 documentary featuring Apples & Honey Nightingale House (Ali Somers) the intergenerational nursery situated in a care home who presented at our conference. (Expires 10th April 2018)

<https://generationsworkingtogether.org/news/bbc-1-documentary-featuring-apples-honey-nightingale-house-13-03-2018>

The Journal of Intergenerational Relationships (JIR) is planning a special issue on Social Isolation and Loneliness to be published in 2019, guest edited by Alan Hatton-Yeo and Alison Clyde. We are currently seeking submissions for this special issue and have extended the deadline to August 31, 2018.

<https://generationsworkingtogether.org/news/journal-of-intergenerational-relationships-13-03-2018>

Please continue to promote the Year of Young People 2018 which aims to inspire Scotland through its young people, celebrating their achievements, valuing their contribution to communities and creating new opportunities for them to shine locally, nationally and globally.

Objectives

- Provide a platform for young people to have their views heard and acted upon
- Showcase the amazing talents of young people through events and media
- **Develop better understanding, co-operation and respect between generations**
- Recognise the impact of teachers, youth workers and other supporting adults on young people's lives
- Provide opportunities for young people to express themselves through culture, sport and other activities

<http://yoyp2018.scot/>

Voting members

Please continue to seek your two voting members per network (cannot be a member of staff however one place could be the volunteer coordinator).

The normal term of office for a voting member will be 2 years however people may stand for re-election at the end of each term of office.

CAPA

Please see mid report from CAPA programme - 4 mentions of IG work in three local authority areas. Please report this to network meetings.

New National Lottery Fund for Year of Young People:

https://bigblogscotland.org.uk/2018/03/19/new-national-lottery-fund-opening-for-year-of-young-people/?utm_campaign=632843_Scotland%20bulletin%20March%202018&utm_medium=email&utm_source=The%20Big%20Lottery%20Fund&Ref=email&utm_keyword=new-national-lottery-yoyp-fund-btn&dm_i=3V8D,DKAZ,19C4QD,1FDRP,1

Scottish Government Social Isolation and Loneliness Strategy Consultation update:

The consultation period has ended, but you can still view the draft strategy and see published responses here: <https://consult.gov.scot/equality-unit/connected-scotland/>

“The Attic” - an intergenerational theatre production

Teacher's resource available for anyone wishing to produce a similar project:

<https://generationsworkingtogether.org/news/the-atic-a-fantastic-intergenerational-theatre-production-18-04-2018>

Developing digital activity within a Care Home - resource

‘Inspiring Digital Communities’ resource includes information on: – Suggested activities, Session resources, Online safety, Research, Useful information etc.

https://padlet.com/dcwalestraining/inspiring_carehomes

Brighter Bervie and Bervie Primary intergenerational projects discussion:

Thanks Bervie Primary School for hosting this meeting. Bervie Primary, along with partners such as Brighter Bervie, have been implementing some intergenerational projects. We heard about what they've been up to.

Most recent activity has involved Brighter Bervie volunteers planting with primary 1 pupils. There has also been an intergenerational sea front litter pick involving 72 school pupils along with Brighter Bervie volunteers.

Brighter Bervie is implementing an Edibles Trail project around our Royal Burgh. Look-out for more edible fruit, veg, flowers and herbs appearing for folk to pick and taste free of charge. The intention of the scheme is to connect people with natural healthy food sources as well as encouraging them to walk about and take a deeper interest in this wonderful community that we sometimes take for granted. The path route includes Bervie school garden.

Other intergenerational activities which have taken place include gardening experience days, the Voyage of Life Garden, the school gardening club, and working together on raised beds.

Outcomes of this include the building up of rapport between generations, the building up of confidence to start conversations and a sense of ownership. Older volunteers enjoy seeing the enthusiasm of the children; it's inspiring. Tom of Brighter Bervie says that the children have no inhibitions and they 'just want to go for it!'

Bulb planting has taken place involving school pupils, and the Day Centre and Care Home. Tom noted that the older participants 'suddenly come to life, after being quite subdued'.

Heather, headteacher at Bervie Primary, shared that they are developing a social and emotional wellbeing programme and plan over the next year to increase use of the outdoors, and tap into the community more. Tom and Mary of Brighter Bervie plan to lead walks around the new Edibles Trail. There are plans to get school pupils involved in this. The school are also looking at mindfulness approaches.

Further sharing and networking –

- A possible useful contact for folks was noted; Frida Ida. You can find her at the Embark Forest Schools Facebook page: www.facebook.com/embarknatureschool. She is involved locally in events and community outreach.
- Karen Wood, from Dementia Friendly Communities, shared that she has been working with school children to develop a tool to talk to younger people about Dementia. She shared about the recent 'Boogie at the Mackie' intergenerational dance at Mackie Academy, in Stonehaven.
- Natasha, from Bervie Church, shared about 'Messy Church', or as it is sometimes also known, 'fun church'. They are launching this on the 9th June. It will have a family focus. There will be crafts, and all will sit down together and share a meal as a 'giant family'. At other church events that have been held, older members of the church community volunteer and take on a 'grandparents role', building firm relationships with the children.

AOB:

Short discussion of who else people would like to see at these meetings in the future. It would be good to see health professionals, as their involvement is crucial to the linking up of the new trails to the local GPs. It is hoped patients will be recommended the walks as part of a healthy lifestyle, benefits being both physical and mental. Others noted to invite in future include Carol Evans and local councillors and MSP.

£100 allocated to network, as part of a First World War Centenary initiative which also includes a poster competition. Short discussion took place about what this could be used for. Suggested it would be good to spend it on something that supports more people to get involved.

Next meeting:

Tuesday 25th September 2018, venue TBC (Aberdeenshire North)