

Western Isles North Network Meeting

Date: 19.09.18

Venue: Bridge Community Centre, Stornoway



In attendance: Roland Engebretson, Anji Macritchie, Bob Adam, Murdo Macleod(NHSWI), Callum Newton (Salvation Army), Ashleigh Macaskill (GWT), Kate Samuels (GWT), Rachel Macdonald (Stornoway primary), Anj Macritob (CNES), Emma Lawrie (Beavers Leader), Karen Peteranna (NHS Western Isles), Bellann O'Brien (Volunteering Western Isles), Kate Langley (VCWI Harris)

Apologies: Cllr Charlie Nicolson, Sue Long

Western Isles South Network Meeting

Date: 20.09.18

Venue: Thursday 20th September 2018, 11:15am - 1:15pm at 23 Winfield Way, Balivanich, Isle of Benbecula HS7 5LH

In attendance: Fiona Bateman (Cothrrrom), Anna Black (Museum nan Eilean), Jane MacIntyre (Daliburgh School), Tracy Walko (Tagsa Uist), Kevin Morrison (CNES), Eilidh Johnson (CLD – CNES), Joan Macdonald (Sgoil Bhaile a Mhonaid), Sgoil Bhaile a Mhonaid pupil council, Kate Samuels (GWT), Julie Lewis (Caraidean Uibhist), Gemma Steele (Caraidean Uibhist)

Apologies: Sue Long

Generations Working Together discussed the aims behind intergenerational projects and discussed how to make a project meaningful to the community. The term was defined for new attendees and photos were shown around the group. Generations Working Together advised that we are currently looking for more examples of intergenerational work for case studies and articles and are happy to share any projects from Western Isles on Social Media. Western Isles NHS and Armchair Athletics considered doing a case study.

GWT National Update:

Generations Working Together Bringing Women Together event took place on the 31st of August in Glasgow to celebrate 100 years of women's vote. It was the first women's only event of this kind. Generations Working Together brought together partners including Glasgow Women's Library, Lush and Glasgow City Council. Attendees asked questions about working in partnership with different organisations, how we were able to arrange the funding and evaluate the event. Discussion took place around future events that could be organised and how to make them intergenerational. GWT advised to ensure these are not one off and advised photos of Bringing Women Together are now on our social media.

Generation on Screen has been finalised by Generations Working Together, the project brought together younger and older people in care homes and schools with 4 care homes and schools taking part. Younger and older people were recruited through the local network and schools in the area. Attendees mentioned that it is hard to recruit older people in a place so remote. We discussed linking in with other organisations, community buses and doing events/sessions early in the day to ensure people could attend. The end of the project saw the screening in a local cinema that brought families and community together.

Participants expressed an interest in organising a screening or a film project in the area. Possibly showing older films to the younger children with the older people present to facilitate discussion and respect. Licensing was raised as an issue, participants will discuss whether this can be resolved by working with local library.

New staff members joining the GWT team

- Marion Wahle will be covering the North East of Scotland as our new Network Development Officer (16 hours)
- Josh Brown will be covering the West of Scotland – P/T Network Development Officer (18 hours)

International Intergenerational Research Group – Scotland meeting planned for Wednesday 7th November 2018, 10:30am - 1:30pm, Glasgow. GWT is hosting a similar meeting to that held in June by Ali Somers, Co-Founder of the Apples and Honey Nightingale in London to gather thoughts and ideas for direction and collaboration between practitioners, policy makers, academics and researchers in Scotland and possibly wider afield (UK and Europe). Our aim is to connect practitioners, policy makers, academics and researchers who are actively or interested in investigating the impact of intergenerational work/relationships on both younger and older aged participants to come together.

Grandparent's day is taking place on the 7th of October, this is a yearly celebration of grandparents. GWT is looking for ideas and what is possible in Western Isles. This can be for non-biological grandparents to ensure it is inclusive. Various initiatives were discussed including bringing older people into local schools. There will already be a project in Wick and possibly in Perth and Kinross to highlight this. The project will bring together Scottish Archives and will discuss what jobs grandparents have done. In Ballivanich we discussed that there may be an opportunity for this via a talk about crofting from someone in the older generation and opportunities with the local museum.

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited (£75 - Full / £50 Concession))

- 24th October 2018, 10am-3pm at Campbeltown Grammar School, Hutcheon Rd, Campbeltown PA28 6JS

To book a place on the courses or to see the learning outcomes please click on the link below:
<http://generationsworkingtogether.org/events-training/training/>

International Certificate on Intergenerational Learning (ICIL)

6-week online course will run again starting on Tuesday 23rd October and finishing on Monday 3rd December 2018. <https://generationsworkingtogether.org/events-training/international-certificate-in-intergenerational-learning-2nd-edition-23-10-2018>

Sharing and Networking - North

Sharing and Networking

- Bellann mentioned that end of the school year is a good time for organising intergenerational funding, there is a project with Stornoway primary where retirement centre residents buddy up with children (7-8 years) and meet once a month.
- Bob mentioned that he and Murdo are involved in a garden project in Clisham. Open to school children. Murdo is also a gardening volunteer for Macaulay College. He also discussed his involvement with Rotary and that they invite speakers. They could have someone talking

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about intergenerational work or help GWT connect with the schools, in particular the Nicolson Institute who may help with intergenerational projects.

- Karen mentioned that she is involved in Move More, for people with cancer or long-term health condition. This has potential for intergenerational practice.
- Callum from Salvation Army discussed the possibility of a new intergenerational cafe as one of their projects has finished up. The café could be open to the community with intergenerational relationships being the focus. Discussion took place on where this would work, potentially somewhere in the centre to attract more people. Hot drinks could be at reduced prices to ensure all could attend and to tackle loneliness. Singing by Heart project was mentioned.
- Volunteer centre mentioned the Youth Philanthropy Initiative where schools decide who to allocate £3,000 out of charities. It would be good to contact them to raise awareness of intergenerational work in the area.
- Reminiscence projects were talked about including old materials and photos. Kate mentioned Lost Glasgow project where older photos were shown to older and younger people – those in attendance discussed the possibility of something similar in the Western Isles.
- The Duke of Edinburgh scheme was discussed – thinking about a space for possible intergenerational projects. Beavers could link into this.

Sharing and Networking – South

Sporting memories and reminiscence were discussed . This gives the chance for generations to connect.

- Armchair Athletics - There are weekly sessions between younger and older people where they do sporting activities, have conversations and build friendships. Originally funded by Sport Scotland but now self funding. Some intergenerational projects could use activity money at care homes.
- Befriending takes place in Ballivanich – this needs more volunteers and it is challenging to get volunteers due to geographical constraints. Its been agreed that organisations will feed into each other to gain more volunteers.
- Mental health and isolation was discussed including looking at the new loneliness consultation report when it comes out. Western Isles would like to input into similar reports in the future due to its unique position.
- Dementia based projects were discussed and why these have been successful. Dementia awareness training would be of benefit to some of the organisations present.
- **Next meeting North: Wednesday 24th of April 11.00 am – 1.00pm Friday 2019, possibly Harris (tbc)**
- **Next meeting South: Thursday 25th of April 1.00pm – 3.00pm Friday 2019, venue (tbc)**