

## Argyll & Bute Intergenerational Network Meeting

Wednesday 24th October 2018, 2pm – 4pm

Campbeltown Grammar School, Hutcheon Rd, Campbeltown PA28 6JS.

### Agenda

#### 1. Apologies

#### 2. Introductions and around the room

#### 3. Generations Working Together – national update

- Research into IG in end of life care
- Early Years workshop and publication
- International IG research group
- ICIL
- GWT National Conference
- Recognition Awards
- GWT Training
- ILI training in Seville
- IG Education in Spanish Primary Schools

#### - Using an IG approach in end of life care – research study (Forth Valley)

Dr Liz Forbat, Associate Professor in Ageing, University of Stirling is planning to apply for funding to run a research study looking at how an intergenerational approach could be used in end of life care. At present we imagine the study will have a couple of stages starting with a scoping phase then an intervention which would pilot activities within a couple of care homes or day care settings.

- **The Intergenerational workshop for Early Years' practitioners** was held in August. The workshop was aimed at Early Years practitioners involved in intergenerational projects or who would like to develop projects but have faced barriers. GWT is producing a new publication – An Intergenerational Guide for Early Years Practitioners, with guidance on:

- planning an intergenerational project and setting appropriate outcomes
- what activities work and don't work
- ideas on who to connect with to create new partnerships
- benefits of intergenerational work for early years
- evaluating and measuring the impact

A similar workshop was held on Thursday 4<sup>th</sup> October for care home staff to contribute **to a new intergenerational guide for care homes**. A new publication will follow from this too.

- **International Intergenerational Research Group** – Scotland meeting planned for Wednesday 7th November 2018, 10:30am - 1:30pm, Glasgow. GWT is hosting a meeting to gather thoughts and ideas for direction and collaboration between practitioners, policy makers, academics and researchers in Scotland and possibly wider afield (UK and Europe). Our aim is to connect practitioners, policy makers, academics and researchers who are

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actively or interested in investigating the impact of intergenerational work/relationships on both younger & older aged participants to come together. Only a few places left here:

<https://generationsworkingtogether.org/events-training/international-intergenerational-research-group-scotland-meeting-07-11-2018>

- **GWT Annual National Conference** - Wednesday 6th March 2019, University of Strathclyde, Glasgow. There will be a number of workshops and Jackie Kay, Makar, will also be one of our guest speakers.

During the lunch break, the GWT AGM will take place, lasting around 20 minutes or so.  
**During this we'll need 2 voting members (usually a 2-year 'post') from each Network.**

- **Recognition Awards 2018** will be open in November 2018. We'd really love to have as many nominations as possible so please consider yourselves and those you know for this. There will be more details available soon, but last year the categories were:

- Projects younger than 12 months
- Projects older than 12 months
- Partnerships
- Coordinator

- **The Intergenerational Leadership Institute (ILI): A 1.5 day training program in Seville 26-27 November:** This is a certificate-training program developed by Penn State University for older adults seeking new lifelong learning experiences, skills and volunteer opportunities to contribute to innovation and change in their communities through an intergenerational perspective.

Generations Working Together will be attending the training course in November and is looking for someone who works for an older people's organisation to accompany GWT on the training course. The ultimate goal is to bring the knowledge back to Scotland to work together to look at ways GWT could support older people's groups and how you can deliver this training to older people seeking new lifelong learning experiences, skills and volunteer opportunities to contribute to innovation and change in their communities.

You will need to cover your own travel and accommodation costs. However, GWT will cover one person's course fee (100 Euros) which will include training materials, two lunches, three coffee breaks and your final certificate from Pennsylvania State University, USA.

#### **- Intergenerational Education in Spanish Primary Schools**

Generations Working Together has a close partnership with the University of Granada and will be attending the following seminar hosted by Professor Mariano Sanchez to hear the results of the intergenerational school research project, Colegio Intergeneracional which is based on the Cleveland intergenerational school model.

GWT has been allocated two spaces and is looking for someone within Education in Scotland who'd like to attend the seminar on the 22-23 November 2018 in Granada, Spain along with Alison Clyde, Chief Executive Officer. We are looking for someone who has a real interest in developing intergenerational work within primary schools who can come back to Scotland

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and share their new knowledge to education colleagues within their local authority area and wider with a view to creating more intergenerational projects within Scottish schools.

You'd need to be able to cover your travel and accommodation costs (however refreshments, lunch and dinner on Thursday 22nd November will be included within the free seminar).

#### 4. Sharing intergenerational news, ideas and networking

- **The Minister for Older People and Equalities:** a new post created in June 2018 by the Scottish Government. Currently held by Christina McKelvie, MSP for Hamilton, Larkhall & Stonehouse. Hopefully this will increase SG engagement with IG work.

- **New Digital inclusion link on our resources page:**

Digital toolkits from Northern Ireland and Wales

[https://padlet.com/dcwalestraining/inspiring\\_carehomes](https://padlet.com/dcwalestraining/inspiring_carehomes)

Digital Age project – Linking Generations Northern Ireland

<http://linkinggenerationsni.com/our-work/digital-age-project/>

- **The Eden Project's Community Camp** – 9-12 November in Cornwall. Free to those in unpaid community work positions. Full details are here:

<https://www.edenprojectcommunities.com/community-camps>

- **Old's Cool toolkit** available to download from the GWT website:

<https://generationsworkingtogether.org/resources/intergenerational-practice-toolkit-olds-cool>

- **Cycling Without Age Scotland** launched in Falkirk in March 2017 the first chapter in Scotland. This initiative encourages meaningful social contact between the generations actively building relationships with isolated and vulnerable elderly people.

A team of 5 based in Larbert have been funded by the Scottish Government to enable groups all over Scotland to set up chapters. These range from care homes, community groups or a town/village that will raise money for a trishaw in their area and recruit volunteers to be pilots and co-pilots of the Trishaws. The team can help with fundraising, insurance for the bikes, volunteer training and any other enquiries. There are active chapters in Musselburgh, Peebles, Falkirk, Prestwick, Inverness and Perth.

There have been lots of enquiries following media coverage on Sky News, Timeline on STV plus a launch in Falkirk at the Kelpies in May and exhibiting at the Scottish Parliament in June 2018.

There's a research partner at Heriot Watt University who is measuring the impact of the project so far on the recipients. There's more information here:

Tel: 01324 467272 or [www.cyclingwithoutage.scot](http://www.cyclingwithoutage.scot)

- **Eat Well Age Well - Small Ideas, Big Impact Grants – Opening 1<sup>st</sup> October 2018**

**What are the grants?**

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Applicant can apply for funds ranging from £50 to £5000 to test ideas which will prevent, detect and/or treat malnutrition. If you have an idea, or ideas, to help older people to eat more, to eat better and to improve their wellbeing, then we would love to hear from you. We would like this fund to reach as far and wide across all communities across Scotland.

### **Can I apply?**

This fund has been specifically designed so that individuals, community groups, social enterprises, charities and public-sector workers can test out their ideas around the theme of older people living well via well. You could be a carer, a dietician, or a volunteer or a maybe you are a member of your community who would like to make a difference to local older people.

### **When do applications open and how do I apply?**

Applications open on Monday 1<sup>st</sup> October and will close on 7<sup>th</sup> December 2018.

Apply online at <https://www.eatwellagewell.org.uk/smallideasbigimpact>

or call us on: 0131 447 8151 if you would like help in talking through your idea or need support in completing your application or email us at [hello@eatwellagewell.org.uk](mailto:hello@eatwellagewell.org.uk)

Watch a short film on the grants and **why you should apply:**

<https://www.eatwellagewell.org.uk/smallideasbigimpact>

**For more information and to contact** [hello@eatwellagewell.org.uk](mailto:hello@eatwellagewell.org.uk) | **Follow us on** [@EatWellScot](#) [@FoodTrainScot](#) or at [www.thefoodtrain.co.uk](http://www.thefoodtrain.co.uk)

- **Scottish Interfaith Week 2018** runs from the 11<sup>th</sup>-18<sup>th</sup> of November. This year's theme is 'Connecting Generations' – you can find out more about what's happening and how to get involved here: <http://scottishinterfaithweek.org>

5. **A.O.B.**

6. **Next meeting**

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