

Edinburgh & West Lothian Network Meeting

Date: Tuesday 30th November 2018 **Venue:** Livingston

In attendance: Gill Burns (Carers of West Lothian), Georgia Artus (Vintage Vibes & GWT Coordinator), Cat Young (NHS Lothian & GWT Coordinator), Hilda Dolan (Youth Action Project), Elizabeth Wylie (Carer & Repair), Wilma Murray (Young Carer Service), Anne Krzeczowska (University of Strathclyde), Joanne Brown (Generation Arts), Cllr Lawrence Fitzpatrick & Alison Clyde (GWT)

Apologies: Fiona Fitheridge (Queen's Nursing Institute Scotland), Joe Hind (Soil Association), Pauline Moffat (Cyrenians OPAL), Anne Munro (Pilmey Development), Cllr David Dodds

GWT national update:

New staff members

GWT have recently recruited two new Network Development Officers, Marion Wahle is covering the North East of Scotland and Josh Brown is covering the West of Scotland.

Using an IG approach in end of life care – research study (Forth Valley)

Dr Liz Forbat, Associate Professor in Ageing, University of Stirling is applying for funding to run a research study looking at how an intergenerational approach could be used in end of life care. It is hoped that this study would commence late 2019.

Intergenerational publication

A new publication will be published for early years practitioners supporting them to develop good practice projects. The publication will provide guidance on:

- planning an intergenerational project and setting appropriate outcomes
- what activities work and don't work
- ideas on who to connect with to create new partnerships
- benefits of intergenerational work for early years
- evaluating and measuring the impact

A similar publication will be written for care homes over the winter.

[**GWT Annual National Conference**](#) - Wednesday 6th March 2019, University of Strathclyde, Glasgow.
[**Recognition Awards 2018 - open for nominations.**](#)

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited (£75 - Full / £50 Concession) planned for

- **Thursday 21st February 2019** at Banchory Primary School, Alloa Road, Tullibody, FK10 2TF
- **Wednesday 3rd April 2019** at The Crichton, Bankend Road, Dumfries, DG1 4ZE

To book a place on the courses detailed below or to see the learning outcomes please click on the link below: <https://generationsworkingtogether.org/events-training/training/>

[**International Certificate on Intergenerational Learning \(ICIL\)**](#) – Edition 3 will run from Tuesday 23rd April – Monday 3rd June 2019 (Cost - £150) – registration is now open. The course is aimed at anyone who wants to gain a deeper understanding of intergenerational work, its purpose, impact and practical application to enable them to apply this within their own work.

That Age Old Question report

The findings of this new report reveal that ageist views are held across the generations, and that an ageing society is viewed by many as a challenge rather than an opportunity. We are making a number of recommendations aimed at addressing some of the key drivers and negative consequences of societal ageism.

<https://generationsworkingtogether.org/resources/that-age-old-question>

International Intergenerational Research Group – GWT is hosted a meeting to gather thoughts and ideas for direction and collaboration between practitioners, policy makers, academics and researchers in Scotland and wider afield (UK and Europe). Our aim is to connect practitioners, policy makers, academics and researchers who are actively or interested in investigating the impact of intergenerational work/relationships on both younger and older aged participants to come together.

The **Intergenerational Leadership Institute (ILI)** is a certificate-training program developed by Penn State University, USA for older adults seeking new lifelong learning experiences, skills and volunteer opportunities to contribute to innovation and change in their communities through an intergenerational perspective. ILI functions as a sort of incubator for creating and sustaining new intergenerational programs at local level. After attending the ILI yearlong program, older participants will have the skills to lead concrete intergenerational plans, programs and campaigns. Generations Working Together attended a training course for ILI and is looking at the potential to deliver the program in Scotland.

Intergenerational Education in Spanish Primary Schools

GWT attended the above seminar hosted by Professor Mariano Sanchez, University of Granada to hear about intergenerational work in Spanish schools. It is hoped we may be able to partner up some Spanish and Scottish Schools.

Resources

A Guide for Older People – Intergenerational Activity – How to be part of it and why.

Published by St Monica's Trust

Order your copy from

https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMyhP3TpAR2HLZuJSQ0gZ67Zb8n211nHMgGUZfxoCpBsQAvD_BwE

Presentations

- **Generation for Generation** is an intergenerational project taking place in seven West Lothian Primary Schools - Anna shared an update on this exciting project which is currently looking to recruit more older volunteers to support children to improve their attainment in literacy and numeracy. **For more information about the study or to take part, please email anna.krzeczowska@strath.ac.uk, or call 07376468498.**

- **Older people's homes for 4-year olds – series 2**

<https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds>

Ideas and information shared

- **Generations Arts** are Young Start funded and have created an intergenerational dancing project. The project works with 3 care homes and two nurseries for a period of 12 months delivering one hour of dance each week. At the end of the 12 months the project moves onto other care homes. An intergenerational dance group has been created which connects 13-18-year olds with elder dancers who are looking to be challenged more. Their time together is culminating in an intergenerational variety performance in March 2019. Alison to send Joanne a case study template.
- **The Youth Action Project** is keen to get youths involved in intergenerational work
- **Cat** mentioned that she would next year be able to share a report on a recent funding initiative where five intergenerational projects were funded.
- **Pauline Moffat** from Cyrenians was unable to attend however messaged to say that they were about to start a 6-week project 'Teaching Computer Skills' to people age 60+ in Bathgate and this will be in association with the West Lothian Scouts, 31st Division. They will assist providing one-to-one support with each learner.
- **The Young Carers** are in the early stages of developing some intergenerational work
- **Georgia from Life Care** mentioned that they were having difficulties in getting their over 60's to come up with ideas and help organise activities for the community. Alison mentioned [Magic Me](#) a project connecting young adults and older people in London.

Next meeting: Tuesday 5th February 2019, 10:00am - 12:00pm at Lord Clerk Register's Room, General Register House, 2 Princes Street, Edinburgh EH1 3YY