

## Forth Valley Network Meeting

Date: 20<sup>th</sup> November 2018 Venue: CTSI Connect Centre, Alloa

**In attendance:** Linda Stuart (RVS), Stephanie Cunningham & Mandy Hay (Killin Care Trust), Angela Samson (Cambusbarron Church), Eleanor Davis & Marnie Forster (CVS Falkirk), Gisele Hall (Town Break), Daniele Maley (Clacks Council), Elaine Harley (Bowhouse Primary School), Vivienne Gillies & Angele Kinsley (Stirling Council Library), Fiona Miller, Kayleigh MacDonald (Killin Nursery), Laurie Todd (Snr. Early Childhood Educator, Stirling Council), Gemma Kennedy (Clacks Council), Christina Feaks (Active Stirling) & Alison Clyde (GWT).

**Apologies:** Jennifer Thomson & Carol Whyllie (Cycling without Age), Ania Sandland (Outside the Box), Donna Paterson (Dementia Advisor) & Clare Ross (Antonine Primary)

### GWT national update:

#### New staff members

GWT have recently recruited two new Network Development Officers, Marion Wahle is covering the North East of Scotland and Josh Brown is covering the West of Scotland.

#### Using an IG approach in end of life care – research study (Forth Valley)

Dr Liz Forbat, Associate Professor in Ageing, University of Stirling is applying for funding to run a research study looking at how an intergenerational approach could be used in end of life care. It is hoped that this study would commence late 2019.

#### Intergenerational publication

A new publication will be published for early years practitioners supporting them to develop good practice projects. The publication will provide guidance on:

- planning an intergenerational project and setting appropriate outcomes
- what activities work and don't work
- ideas on who to connect with to create new partnerships
- benefits of intergenerational work for early years
- evaluating and measuring the impact

A similar publication will be written for care homes over the winter.

[GWT Annual National Conference](#) - Wednesday 6th March 2019, University of Strathclyde, Glasgow.  
[Recognition Awards 2018 - open for nominations.](#)

**Intergenerational Training Course for Practitioners and Trainers (CPD Accredited (£75 - Full / £50 Concession) planned for**

- **Thursday 21<sup>st</sup> February 2019** at Banchory Primary School, Alloa Road, Tullibody, FK10 2TF
- **Wednesday 3<sup>rd</sup> April 2019** at The Crichton, Bankend Road, Dumfries, DG1 4ZE

To book a place on the courses detailed below or to see the learning outcomes please click on the link below: <https://generationsworkingtogether.org/events-training/training/>

[International Certificate on Intergenerational Learning \(ICIL\)](#) – Edition 3 will run from Tuesday 23<sup>rd</sup> April – Monday 3<sup>rd</sup> June 2019 (Cost - £150) – registration is now open. The course is aimed at anyone

who wants to gain a deeper understanding of intergenerational work, its purpose, impact and practical application to enable them to apply this within their own work.

**International Intergenerational Research Group** – GWT hosted a meeting to gather thoughts and ideas for direction and collaboration between practitioners, policy makers, academics and researchers in Scotland and wider afield (UK and Europe). Our aim is to connect practitioners, policy makers, academics and researchers who are actively or interested in investigating the impact of intergenerational work/relationships on both younger and older aged participants to come together.

The **Intergenerational Leadership Institute (ILI)** is a certificate-training program developed by Penn State University, USA for older adults seeking new lifelong learning experiences, skills and volunteer opportunities to contribute to innovation and change in their communities through an intergenerational perspective. ILI functions as a sort of incubator for creating and sustaining new intergenerational programs at local level. After attending the ILI yearlong program, older participants will have the skills to lead concrete intergenerational plans, programs and campaigns. Generations Working Together attended a training course for ILI and is looking at the potential to deliver the program in Scotland.

### **Intergenerational Education in Spanish Primary Schools**

GWT attended the above seminar hosted by Professor Mariano Sanchez, University of Granada to hear about intergenerational work in Spanish schools. It is hoped we may be able to partner up some Spanish and Scottish Schools.

### **A Guide for Older People – Intergenerational Activity – How to be part of it and why.**

Published by St Monica's Trust

Order your copy from

[https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMyhP3TpAR2HLZuJSQ0qZ67Zb8n211nHMgGUZfxoCpBsQAvD\\_BwE](https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMyhP3TpAR2HLZuJSQ0qZ67Zb8n211nHMgGUZfxoCpBsQAvD_BwE)

### **Older people's homes for 4 year olds – series 2 - film**

<https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds>

### **That Age Old Question report**

The findings of this new report reveal that ageist views are held across the generations, and that an ageing society is viewed by many as a challenge rather than an opportunity. We are making a number of recommendations aimed at addressing some of the key drivers and negative consequences of societal ageism. <https://generationsworkingtogether.org/resources/that-age-old-question>

### **BBC Alba – documentary – Available till 29<sup>th</sup> November 2018**

<https://www.bbc.co.uk/programmes/m0000y38>

### **Young start funding**

Helping young people aged eight to 24 to become more confident and play an active part in realising their potential. Available to voluntary or community organisations, £10,000 to £100,000

Your project must achieve at least one of the following three outcomes:

- children and young people have better physical, mental and emotional wellbeing
- children and young people have better connections with the wider community
- children and young people get access to new skills and training opportunities which will help them to get a new job or start a business.

The fund believes that the following three approaches are vital in making sure that the funding makes the biggest difference possible. They want to fund work that is:

- people-led – meaningfully involving the young people you’re working with in the development, design and delivery of your activity
- strengths-based – making the most of, and building on, the skills and experiences of young people and assets within communities
- connected – having a good understanding of what others are doing locally, developing good working relationships and complementing and adding value to other relevant activity in your area.

<https://www.biglotteryfund.org.uk/funding/programmes/young-start>

### **Ideas and information shared**

- Killin Nursery and Killin Care Trust have been working together connecting the generations for over two years. Results are very positive enhancing older people’s lives. They share their floorbook with everyone in attendance. Some of the children who have moved from nursery up to primary school continue to visit the residents.
- Bookbug in Stirling are still in the early days of creating intergenerational activities however are keen to do so.
- Christina from Active Stirling reported on their S5/6 sports leadership intergenerational project involving two high schools (Dunblane and Balfron) and two care homes (Dunblane & Forthbank) in the Stirling area. Alison is keen to involve Christina’s project in a conference workshop.
- Gemma Kennedy offered to host a training course in the New Year at Banchory Primary School in Alloa.
- Small ideas. Big Impact Fund (Eat Well Age Well) – applicants can apply for funds ranging from £50 to £5000 to test ideas which will prevent, detect, and/or treat malnutrition. The fund is closed however will reopen in the later part of 2019.  
<https://www.eatwellagewell.org.uk/smallideasbigimpact>
- RVS in Boness are considering school dining.
- Bowhouse Primary School are developing a community café.

**Next meeting: Wed 20<sup>th</sup> March 2019, 9.30am – 11.30am Falkirk (Venue TBC)**