

East Lothian & Midlothian Network Meeting

Date: 9th January 2019 Venue: Pencaitland



In attendance: Loreen Pardoe (Support from the Start), Sue Northrup (Dementia Friendly), Wilma Porteous & Parvine Jazayeri (East Lothian Council, Drew Bain (Musselburgh Library) Anne Orr (Dirleton Good Neighbours), Janice MacLeod (Musselburgh Area Partnership), Tia Pollock & Sarah Hawkins (First Step Community Project), Jane Hobbs (Haddington Area Partnership), Anna Przybycien (Art Point Scotland), Annie Fielder (Whiffle Pip), Murdo MacDonald (Church of Scotland), Kathryn Reid & Minister David Tennant (Pencaitland Parish Church) & Alison Clyde (GWT)

Apologies: Cllr Andrew Forrest, Cllr Debbie McCall, Cllr Fiona O'Donnell, Melanie Scrimgeour (Newbyres Nursery) & Heather Williams (Yester Primary)

GWT national update:

GWT Annual National Conference - Wednesday 6th March 2019, University of Strathclyde, Glasgow.
www.generationsworkingtogether.org

Recognition Awards 2018

This year there are five award categories:

1. Most innovative project
2. Most improved project
3. Award for promoting achievement and attainment in education
4. Award for contribution to reducing loneliness and isolation
5. Intergenerational volunteer of the year

To apply, please find the Awards Guidelines and the applications on the [GWT website](#).

Deadline for applications: Friday, 1st February 2019.

The awards will be presented at our 2019 National Conference in Glasgow on Wednesday 6th March.

The new publication for early learning and childcare practitioners will be officially launched at this year's conference on the 6th March. GWT will then work on the care publication which will be launched later in the year. **Sue requested a black & white, no photo's copy to share.**

Intergenerational Training Course for Practitioners and Trainers (CPD Accredited (£75 - Full / £50 Concession) planned for:

- **Thursday 21st February 2019**, Banchory Primary School, Alloa Road, Tullibody, FK10 2TF
- **Wednesday 3rd April 2019**, The Crichton Trust, Grierson House, The Crichton, Bankend Road, Dumfries, DG1 4ZE

Alison and Sue will look at organising a course for later in the year (May 2019). To book a place on the courses detailed above or to see the learning outcomes please [click here](#).

International Certificate on Intergenerational Learning (ICIL) – Edition 3 will run from Tuesday 23rd April – Monday 3rd June 2019 (Cost - £150) – registration is now open.

A Guide for Older People – Intergenerational Activity – How to be part of it and why.

Published by St Monica's Trust - Order your copy from

https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMylhP3TpAR2HLZuJSQ0qZ67Zb8n211nHMgGUZfxoCpBsQAvD_BwE

Older people's homes for 4-year olds – series 2

<https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds>

That Age Old Question report

The findings of this new report reveal that ageist views are held across the generations, and that an ageing society is viewed by many as a challenge rather than an opportunity. We are making a number of recommendations aimed at addressing some of the key drivers and negative consequences of societal ageism. <https://generationsworkingtogether.org/resources/that-age-old-question>

BBC Alba – documentary – Available till 29th November 2018

<https://www.bbc.co.uk/programmes/m0000y38>

Voting members - GWT is looking for a member to represent the network at this year's AGM on Wed 6th March held during the lunch time slot at the conference in Glasgow. I have Sue Northrup and Laura Craig however I think Laura has moved post. Please get in touch if you would like to attend.

A Connected Scotland – The Scottish Government's strategy for tackling social isolation and loneliness and building stronger social connections

<https://generationsworkingtogether.org/downloads/5c19203b1a7a0-A%20Connected%20Scotland%20-%20dec%202018.pdf>

Mono/multi and inter generations and challenges PPP is available on the network page to read.

East Lothian Update

Year of Young People (YoTP) 2018 - Loreen mentioned that although the [YoYP](#) had finished she was keen to remind people about the legacy asking members to carefully consider how they could get youths involved in IG work.

Art Point – Anna provided an update on their bilingual language project. Anna will be helping facilitate a workshop at the conference on the 6th March. Anna is keen to work with other groups. Please contact Anna if you would like to get involved or find out more about the project at artpoint.scotland@gmail.com

First step is continuing to develop their IG work in connection with PEEP IG, Holly Day Centre in Musselburgh and Ageing Well.

Re Provisioning

East Lothian's Integrated Joint Board has got agreement to fund project officers to develop proposals and business plans to re provision health and social care services in Musselburgh, North Berwick and Dunbar. This includes the Abbey Home, Edington hospital, Belhaven Hospital and Esk Green Home. This is a really good opportunity to build IG work into innovative thinking about health and social care right from the start. There is a real interest in innovation & people are looking for great & inspiring ideas and examples.

https://www.eastlothian.gov.uk/meetings/meeting/16268/east_lothian_integration_joint_board

Integrated Joint Board Strategy

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851

There's a consultation on the above strategy with another chance to get IG working into peoples' thinking. The consultation is live until 3/2.

https://eastlothianconsultations.co.uk/adult-wellbeing/draft-ijb-strategic-plan-2019-2022-consultation/?fbclid=IwAR1yhxFSTlws2lkci9ZGkYD-2mEehgp825V9_xhV_rLQW_dcSjY4DE0BNzl

Carers Strategy Is moving onto the action plan stage. One of the 8 outcomes is Carer Friendly Communities, and this is an opportunity to make IG links, for example between younger and older carers, recognising the role of young carers e.g. with grandparents etc. Some dementia links you may want to explore/use...

Design - When you were talking about designing IG space, I was struck by the similarities of designing age and dementia friendly space. Comfort, legibility, familiarity etc. We've designed workshops to help people understand DF design principles and how to apply them. If you wanted to chat with Alison, a local designer who does this, let me know. She develops Fab Pad, which I came across many years ago and loved. She's now doing Fab Pad for people entering care at home and in care homes. Here's a blog:<https://dfel.org.uk/blog/designs-for-life-making-your-home-last-a-lifetime/>

Df Yoga - were working on a DF Yoga training programme for a whole range of folk. We do bits of IG Yoga as part of that and it works really well.

Dementia Champions programme - I mentioned this as a specific organisational change focussed on dementia but much is applicable in the contexts. The Promoting Excellence is a very detailed training framework for change with different levels.
<http://ssscnews.uk.com/2018/11/20/dementia-champions/>

Next meeting: Tuesday 14th May 2019, 1.30pm – 3.30pm, (Community Room) Gorebridge Primary School, 2C Barleyknowe Lane, Gorebridge, EH23 4XA