

Ayrshire Network Meeting

Date: 19th October 2018 Venue: Ayrshire College, Kilwinning Campus



In attendance: Pam Maxwell (LEAD Scotland), Gail McClure (Doonbank House), Michelle Ferguson (West Coast Care), Debbie McGlone (North Ayrshire Council), Chris Hutchison (Ayrshire College), Edel Roddy (Kinnections), Annie Brown (volunteer Centre East Ayrshire), Julie Brown (East Ayrshire Carers Centre), Joan Wilson (Trellis), Callum Reilly (NHS Ayrshire & Arran), Geraldine McGivern (South Ayrshire Council).

Apologies: Laura Haggarty (Care Inspectorate), Sarita Taggart (St. Bridget's Early Years Class), Gillian Johnston (Cairns Early Childhood Centre).

Introductions and discussion:

DM mentions the [Dabblegen and DigiDabble](#) projects as a means of helping digital learning, connecting to STEM too, as well as helping to get men into libraries. She draws attention to local Men's Sheds too.

MF talks of the Knit and Natter group in Kilwinning which has helped bring disengaged people together, particularly young mum's. Nippers and Slippers likewise.

JuB mentions that those cared for in their own home can often be overlooked and that IG projects need to take this into account.

AB mentions the 0 to 100 club. Explains there is bespoke befriending training is available. DM adds that they offer dementia training for young people before they go into Care Homes. She explains her work has included working on sustainable models of volunteering.

ER highlights her research and the [Kinnections](#) project and how the aim is to working with people and really identify their strengths, including those with advanced dementia, in shaping the work they do. Explains that their work involves community potluck, My Home Life project. She asks for as much input as possible for sharing ideas. Hearts & Minds, includes training for Care Home staff to help with those who don't speak – "even without words the person has a language". Also using Playlist for Life so music forms part of their work too.

JW talks about Trellis and their work – highlights that this time of year is perfect for planning as well as lots of table top activities. They offer bite size gardening sessions in Kilmarnock (at capacity at the moment). A project in Edinburgh focuses on adaptive garden design, helping to analyse the space and design it to fit needs of the groups. ER mentions the 'signs of life' outside Care Homes and how positive they are. JW adds that prisons are looking to develop community working, like HMP Dumfries. When running projects be mindful of when volunteers are available – i.e. not at the weekend when family commitments (if relevant/applicable to the project).

There is mention of how community payback and supermarket donations can be very useful for smaller projects especially.

AB mentions that volunteering in Care Homes works best when each Home has bespoke volunteers. Also that the Care Commission look fondly on those Homes who have volunteers going in as it shows an openness and connectedness to the community.

CR mentions the IG Joint Action Group (JAG) in South Ayrshire.

GeM mentions that secondary schools do health and beauty courses and are going in to Care Homes. Also lots of other work going on including: music group, carpet bowls in sheltered housing, IG quiz, community garden as well as work around violence against women.

A discussion around challenges highlights that transport (especially for school groups) is always an issue, as is time. It's important to include transport in a funding bid therefore. Remaining aware of existing partnerships and other projects is difficult too. TSI can help.

GWT national update:

- Using an IG approach in end of life care – research study (Forth Valley)

Dr Liz Forbat, Associate Professor in Ageing, University of Stirling is planning to apply for funding to run a research study looking at how an intergenerational approach could be used in end of life care. At present we imagine the study will have a couple of stages starting with a scoping phase then an intervention which would pilot activities within a couple of care homes or day care settings.

- **The Intergenerational workshop for Early Years' practitioners** was held in August. The workshop was aimed at Early Years practitioners involved in intergenerational projects or who would like to develop projects but have faced barriers. GWT is producing a new publication – An Intergenerational Guide for Early Years Practitioners, with guidance on:

- planning an intergenerational project and setting appropriate outcomes
- what activities work and don't work
- ideas on who to connect with to create new partnerships
- benefits of intergenerational work for early years
- evaluating and measuring the impact

A similar workshop was held on Thursday 4th October for care home staff to contribute **to a new intergenerational guide for care homes**. A new publication will follow from this too.

- **International Intergenerational Research Group** – Scotland meeting planned for Wednesday 7th November 2018, 10:30am - 1:30pm, Glasgow. GWT is hosting a meeting to gather thoughts and ideas for direction and collaboration between practitioners, policy makers, academics and researchers in Scotland and possibly wider afield (UK and Europe). Our aim is to connect practitioners, policy makers, academics and researchers who are actively or interested in investigating the impact of intergenerational work/relationships on both younger & older aged participants to come together. Only a few places left here:

<https://generationsworkingtogether.org/events-training/international-intergenerational-research-group-scotland-meeting-07-11-2018>

- **GWT Annual National Conference** - Wednesday 6th March 2019, University of Strathclyde, Glasgow. There will be a number of workshops and Jackie Kay, Makar, will also be one of our guest speakers.

During the lunch break, the GWT AGM will take place, lasting around 20 minutes or so. **During this we'll need 2 voting members (usually a 2-year 'post') from each Network.**

- **Recognition Awards 2018** will be open in November 2018. We'd really love to have as many nominations as possible so please consider yourselves and those you know for this.

- **Intergenerational Training Course for Practitioners and Trainers (CPD Accredited (£75 - Full / £50 Concession) planned for:**

- 24th October 2018, 10am-3pm at Campbeltown Grammar School, Hutcheon Rd, Campbeltown. PA28 6JS.
- 21st November 2018, 10am-4pm at The Crichton Trust, Grierson House, Dumfries. DG1 4ZE.

You can book a place on them or see the learning outcomes here:

<http://generationsworkingtogether.org/events-training/training/>

- **The Intergenerational Leadership Institute (ILI): A 1.5 day training program in Seville 26-27 November:** This is a certificate-training program developed by Penn State University for older adults seeking new lifelong learning experiences, skills and volunteer opportunities to contribute to innovation and change in their communities through an intergenerational perspective.

Generations Working Together will be attending the training course in November and is looking for someone who works for an older people's organisation to accompany GWT on the training course. The ultimate goal is to bring the knowledge back to Scotland to work together to look at ways GWT could support older people's groups and how you can deliver this training to older people seeking new lifelong learning experiences, skills and volunteer opportunities to contribute to innovation and change in their communities.

You will need to cover your own travel and accommodation costs. However, GWT will cover one person's course fee (100 Euros) which will include training materials, two lunches, three coffee breaks and your final certificate from Pennsylvania State University, USA.

- Intergenerational Education in Spanish Primary Schools

Generations Working Together has a close partnership with the University of Granada and will be attending the following seminar hosted by Professor Mariano Sanchez to hear the results of the intergenerational school research project, Colegio Intergeneracional which is based on the Cleveland intergenerational school model.

GWT has been allocated two spaces and is looking for someone within Education in Scotland who'd like to attend the seminar on the 22-23 November 2018 in Granada, Spain along with Alison Clyde, Chief Executive Officer. We are looking for someone who has a real interest in developing intergenerational work within primary schools who can come back to Scotland and share their new knowledge to education colleagues within their local authority area and wider with a view to creating more intergenerational projects within Scottish schools.

You'd need to be able to cover your travel and accommodation costs (however refreshments, lunch and dinner on Thursday 22nd November will be included within the free seminar).

Sharing intergenerational news, ideas and networking

- New Digital inclusion link on our resources page:

Digital toolkits from Northern Ireland and Wales: https://padlet.com/dcwalestraining/inspiring_carehomes

Digital Age project – Linking Generations Northern Ireland: <http://linkinggenerationsni.com/our-work/digital-age-project/>

- The Eden Project's Community Camp – 9-12 November in Cornwall. Free to those in unpaid community work positions. Full details are here:

<https://www.edenprojectcommunities.com/community-camps>

- Old's Cool toolkit available to download from the GWT website:

<https://generationsworkingtogether.org/resources/intergenerational-practice-toolkit-olds-cool>

- Cycling Without Age Scotland launched in Falkirk in March 2017 the first chapter in Scotland. This initiative encourages meaningful social contact between the generations actively building relationships with isolated and vulnerable elderly people.

There's a research partner at Heriot Watt University who is measuring the impact of the project so far on the recipients. There's more information: Tel: 01324 467272 or www.cyclingwithoutage.scot

Eat Well Age Well - Small Ideas, Big Impact Grants – Opening 1st October 2018

For more information and to contact hello@eatwellagewell.org.uk | Follow us on @EatWellScot @FoodTrainScot or at www.thefoodtrain.co.uk

Scottish Interfaith Week 2018 runs from the 11th-18th of November. This year's theme is 'Connecting Generations' – you can find out more about what's happening and how to get involved here:

<http://scottishinterfaithweek.org>

A.O.B.

Next meeting - tba