

## East Lothian Network Meeting

Date: 14<sup>th</sup> May 2019 Venue: Gorebridge Primary School



**In attendance:** Alison Clyde (GWT), Loreen Pardoe (Support from the Start), Melanie Scrimgeour (Newbyres Nursery), Tina Pollock (First Step), Susan McDonald (East Lothian Council), Mauve Trohear (Jeremy Balfour MSP Office), Sarah Hawkins (First Step) & Natasha Robertson (Midlothian Council).

**Apologies:** Sue Northrop (GWT Coordinator), Cllr Fiona O'Donnell, Cllr Carol Hamilton, Anne Orr (Direlton Good Neighbours) & Michael Huddleston (Alzheimer Scotland) & Maggie Sikes (Stobhill Primary School)

### GWT national update:

**The new publication for early learning and childcare practitioners** is available to download under resources on the GWT website. **A black & white, no photo's copy is also available.**

A new guide in [measuring loneliness](#) – what works wellbeing

[A Fairer Scotland for Older People](#); framework for action

**GWT Conference March 2019 – presentations now on the website** including financial literacy, evaluation and impact, mentoring, research around intergenerational sustainable skills, the language of art, improving outcomes for children and older adults through intergenerational practice, improving achievement and attainment in education, Active Stirling and the Cares Family <https://generationsworkingtogether.org/news/national-conference-2019/>

### Recognition Awards 2018 - categories included:

- 1. Most innovative project** presented by Jackie Kay, Scottish Makar - **Winner – Barrowland Ballet: Wolves**, Highly Commended – Fashion School and the Connect the Elderly Penpal Project were commended for their contribution to reducing loneliness and isolation.
- 2. Most improved project** presented by Jackie Kay, Scottish Makar - **Winner – Care Inspectorate** Highly Commended – Anam Cara's Wee Pals & Dunbar Grammar School
- 3. Award for promoting achievement and attainment in education** presented by Lesley Munro, Children & Young People, Scottish Borders Council - **Winner – Care Inspectorate** Highly Commended – Sanderson's Wynd Primary School
- 4. Award for contribution to reducing loneliness and isolation** presented by the Minister for Older People and Equalities, Christina McKelvie MSP - **Winner – Fashion School Ltd, Dunbar** Highly Commended – Raploch Community Partnership & Contact the Elderly Penpal Project
- 5. Intergenerational volunteer of the year** presented by Natasha Gilmore, Barrowland Ballet **Winner – Elizabeth Sime**, Connecting Generations, Perth Grammar School Highly Commended – Ben Stewart, Lenzie Academy & Sheila Campbell, St Columba's School
- 6. The Yvonne Coull, Local Network Coordinator Award** presented by Natasha Gilmore, Barrowland Ballet - **Winner – Sue Northrop**, East Lothian Network Certificate of Merit – Ashleigh Maccaskill, Western Isles Network & Linsey Drever, Orkney Isles

**[International Certificate on Intergenerational Learning \(ICIL\)](#)** – will run from Tuesday 22<sup>nd</sup> October April – Monday 3<sup>rd</sup> December 2019 (Cost – Members £160 /Non-Members £185) – registration open.

**[Intergenerational Training Course for Practitioners and Trainers \(CPD Accredited](#)** (£75 - Full / £50 Concession) planned for:

- **[Wednesday 4<sup>th</sup> September](#)**, 10am – 4pm, Inverkeithing High School, Hillend Rd, Inverkeithing, KY11 1PL
- **Tuesday 24<sup>th</sup> September**, 10am – 4pm, The Crichton Trust, Grierson House, The Crichton, Dumfries, DG1 4ZE
- **[Thursday 26<sup>th</sup> September 2019](#)**, 10am – 4pm, venue TBC soon in either Duns or Eyemouth, Scottish Borders. Check the website for more details.

**A Guide for Older People** – Intergenerational Activity – How to be part of it and why.

Published by St Monica's Trust - Order your copy from

[https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMylhP3TpAR2HLZuJSQ0qZ67Zb8n211nHMgGUZfxoCpBsQAvD\\_BwE](https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMylhP3TpAR2HLZuJSQ0qZ67Zb8n211nHMgGUZfxoCpBsQAvD_BwE)

**Care Inspectorate new publication** – Bringing Generations Together

<https://generationsworkingtogether.org/resources/care-inspectorate-new-intergenerational-publication>

**A Connected Scotland** – The Scottish Government's strategy for tackling social isolation and loneliness and building stronger social connections

<https://generationsworkingtogether.org/downloads/5c19203b1a7a0-A%20Connected%20Scotland%20-%20dec%202018.pdf>

**Mono/multi and inter generations and challenges** PPP is available on the network page to read.

**Soil Association Food for Life Get Togethers** – Bella Kerr our new officer will be working on a new partnership GWT has with the Soil Association to develop new training materials and resources for intergenerational projects working on the theme of food. GWT hopes to share food for life info with all 18 networks across Scotland. GWT looking for intergenerational case studies around food to add to new resources. Contact [Bella@generationsworkingtogether.org](mailto:Bella@generationsworkingtogether.org) if you have a project to share.

**Eat Well Age Well** – Tackling Malnutrition in Older People Living at Home in Scotland Small Ideas, **Big Impact Fund - new round of funding** opening on the 6th of May promote to networks.

Michelle would like to encourage people from all across Scotland to help in their quest to reduce the number of older people who are at risk of becoming malnourished, or already are hungry and malnourished. If you have an idea, or ideas, to help older people aged 65 years or over to eat more, to eat better and to improve their wellbeing, then we'd love to hear from you. They would like this fund to reach far and wide across all types of communities in Scotland. This fund has been specifically designed so that individuals, community groups, sheltered housing complexes, social enterprises, charities and public sector workers can test out their ideas around the theme of older people living well via food.

If at any point in preparing your application you would like additional help from our Project Dietitian, our Innovations Officer in working up your idea, or our Impact and Policy Officer, please contact us at any time at: [hello@eatwellagewell.org.uk](mailto:hello@eatwellagewell.org.uk) or call us on 0131 4478151

## Local Update

- Sarah & Tina, First Step Nursery shared their intergenerational project, Stepping Together. The overarching aim was to increase physical activity for the children and for elders in the community. The sessions included an initial introductory session inviting the elders into the children's environment, arts & crafts, nature walks, physical activity games, cold cooking, gardening then a celebration at the end. This was the nursery's first intergenerational project and they were delighted with the feedback from everyone involved. It was clear that the children and elders were both talking about each other out with the sessions and that there were connections made between the generations. Although the project was really successful the staff plan to make some changes for the next project which include different evaluation tools, having a backup session in case something falls through or the weather is bad and filming the project to showcase. They also want to move to weekly sessions instead of monthly.
- Alison to look at a training session for early 2020
- [Book Bug week](#) – 13 – 19<sup>th</sup> May 2019
- [The Big Lunch](#) - connects people and encourages friendlier, safer neighbourhoods where people start to share more – from conversations and ideas, to skills and resources.

## Next meeting:

Tuesday 17<sup>th</sup> September 10am – 12 noon, Dunbar grammar School, Summerfield Road, Dunbar, EH42 1NJ