Wild things! and Silver Saplings: Wild & Well

Luke Strachan, CEO & Elizabeth Knock, Project Development Officer
To support a mutually beneficial relationship between the individual and the natural environment
Outdoor experiences for all ages and abilities
Since 2003

Over 14,000 children, young people and adults

From Portessie to Plymouth, Blairvadach to Bristol
Ladybirds to Limpets
Wild things!

‘Environmental education in action’

Forest Schools

Coastal Classroom
Bushcraft & Naturalist Skills
Young Adult Volunteering

Mental Health and Wellbeing
Training the Trainer

- Woodland Activity Leader Training
- Coastal Activity Leader Training
- Animal Tracks and signs
- Field botany and plant uses
- GTCS recognition
- NCFE Accredited Training
Conservation
Habitat Restoration Project
Hogweed Removal
Silver Saplings Overview

• Charitable programme focusing on older people and health and well-being
• Fully funded Development Phase in progress
• Fundraising for Delivery Phase (4 years)
• Trialling new activities and outreach work
• Seeking partnership opportunities
Silver Saplings in 2019

• **Silver Saplings Day-Trips:** Environmental outings for older people

• **Silver Saplings in Care Homes:** Outdoor activities for mobility restricted older people
• **Little Saplings:** Health & Well-being Forest Schools and Coastal Classrooms

• **Growing Wild & Well:** Inspirational outdoor sessions with vulnerable young adults

• **Accredited Outdoor Leadership Training** for unpaid & professional carers

• **Intergenerational Events**
Silver Saplings: Wild & Well
Silver Saplings – feedback so far

"The set-up is fantastic, very impressed. To be with other people makes a difference. I’m not lonely, seeing other people. I have learnt about how things grow too." Irene

"The company and whole experience have been something out of the ordinary. To be taken to these wonderful places in safety is great." Sue

"The most enjoyable part of the Seniors Programme was the staff making us feel wanted and valued. The Bluebells at Cawdor was a perfect day, wonderful." Margaret
Any Questions?