

Fife Network Meeting

Date: 17th May 2019 Venue: Valleyfield Community Centre



In attendance: Louisa Turner, George Kay & Alison Clyde (GWT), Scott Meikle (Fife Council), Esmond Sage (Cycling UK), Ruth McCabe (Fife Council), Viv McBride (Fife Health & Social Care Partnership), Cllr Mino Manekshaw (Fife Council), Cllr Kate Stewart (Fife Council), Cllr Kathleen Leslie (Fife Council), Andrea Muir (Fife Council), Zoe Nicholson (LinkLiving Ltd), Margaret Taylor (Bandrum Nursing Home), Lindsay McKay (Fife Council), Kirsty Strachan (Fife Council), Jill Sunter (Health Promotion), Jackie Lorimer (Fife Council), Janice Sinclair (Fife Council), Candice Aitken (Fife Council)

Apologies: Kirsty Woodhouse (Fife Council), Annmarie Smith (Healthy working Lives), Kate Dobbie (Methodist Church), David Heaney (Fife Health & Social Care partnership), Bill Banks (Kingdom Housing), Sandie Gibson (Fife Forum), Ben Saunders (Inverkeithing School), Karen Whyte (Bellyeoman Primary School), Paul Short (Older Persons Housing Service), Ann Kerr (Active Fife), Frank Bowness (Fife Interfaith), Cllr Dave Dempsey, Cllr David Graham, Cllr Mike Green, Cllr David Ross, Cllr Ken Caldwell, Cllr Dave Coleman

GWT national update:

GWT Conference March 2019 – presentations now on the website including financial literacy, evaluation and impact, mentoring, research around intergenerational sustainable skills, the language of art, improving outcomes for children and older adults through intergenerational practice, improving achievement and attainment in education, Active Stirling and the Cares Family
<https://generationsworkingtogether.org/news/national-conference-2019/>

Recognition Awards 2018 - categories included:

- 1. Most innovative project** presented by Jackie Kay, Scottish Makar - **Winner – Barrowland Ballet: Wolves**, Highly Commended – Fashion School and the Connect the Elderly Penpal Project were commended for their contribution to reducing loneliness and isolation.
- 2. Most improved project** presented by Jackie Kay, Scottish Makar - **Winner – Care Inspectorate** Highly Commended – Anam Cara's Wee Pals & Dunbar Grammar School
- 3. Award for promoting achievement and attainment in education** presented by Lesley Munro, Children & Young People, Scottish Borders Council - **Winner – Care Inspectorate** Highly Commended – Sanderson's Wynd Primary School
- 4. Award for contribution to reducing loneliness and isolation** presented by the Minister for Older People and Equalities, Christina McKelvie MSP - **Winner – Fashion School Ltd, Dunbar** Highly Commended – Raploch Community Partnership & Contact the Elderly Penpal Project
- 5. Intergenerational volunteer of the year** presented by Natasha Gilmore, Barrowland Ballet **Winner – Elizabeth Sime**, Connecting Generations, Perth Grammar School Highly Commended – Ben Stewart, Lenzie Academy & Sheila Campbell, St Columba's School
- 6. The Yvonne Coull, Local Network Coordinator Award** presented by Natasha Gilmore, Barrowland Ballet - **Winner – Sue Northrop**, East Lothian Network Certificate of Merit – Ashleigh Maccaskill, Western Isles Network & Linsey Drever, Orkney Isles

The new publication for early learning and childcare practitioners is available to download under resources on the GWT website. **A black & white, no photo's copy is also available.**

[International Certificate on Intergenerational Learning \(ICIL\)](#) – Edition 3 will run from Tuesday 22nd October April – Monday 3rd December 2019 (Cost – Members £160 /Non-Members £185) – registration is now open.

[Intergenerational Training Course for Practitioners and Trainers \(CPD Accredited \(£75 - Full / £50 Concession\)](#) planned for:

- **[Wednesday 4th September](#)**, 10am – 4pm, Inverkeithing High School, Hillend Rd, Inverkeithing, KY11 1PL
- **Tuesday 24th September**, 10am – 4pm, The Crichton Trust, Grierson House, The Crichton, Dumfries, DG1 4ZE
- **[Thursday 26th September 2019](#)**, 10am – 4pm, Berwickshire Association for Voluntary Services, 55 Newtown Street, Duns, TD11 3AU

Conversations with Prof Peter Whitehouse, President **[of Intergenerational Schools](#)**, Cleveland, Ohio were held on 5th June in Glasgow, Scottish Parliament and the 6th June in Perth & Scottish Borders. Check out the website for more detail.

A Guide for Older People – Intergenerational Activity – How to be part of it and why.

Published by St Monica's Trust - Order your copy from

https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMylhP3TpAR2HLZuJSQ0qZ67Zb8n211nHMgGUZfxoCpBsQAvD_BwE

Care Inspectorate new publication – Bringing Generations Together

<https://generationsworkingtogether.org/resources/care-inspectorate-new-intergenerational-publication>

A Connected Scotland – The Scottish Government's strategy for tackling social isolation and loneliness and building stronger social connections

<https://generationsworkingtogether.org/downloads/5c19203b1a7a0-A%20Connected%20Scotland%20-%20dec%202018.pdf>

[A Fairer Scotland for Older People](#); framework for action

A new guide in **[measuring loneliness](#)** – what works wellbeing

Soil Association Food for Life Get Togethers – Bella Kerr our new officer will be working on a new partnership GWT has with the Soil Association to develop new training materials and resources for intergenerational projects working on the theme of food. GWT hopes to share food for life info with all 18 networks across Scotland. GWT looking for intergenerational case studies around food to add to new resources. Contact **Bella@generationsworkingtogether.org** if you have a project to share.

Eat Well Age Well – Tackling Malnutrition in Older People Living at Home in Scotland Small Ideas, **Big Impact Fund - new round of funding** opening on the 6th of May promote to networks.

Michelle would like to encourage people from all across Scotland to help in their quest to reduce the number of older people who are at risk of becoming malnourished, or already are hungry and malnourished. If you have an idea, or ideas, to help older people aged 65 years or over to eat more, to eat better and to improve their wellbeing, then we'd love to hear from you. They would like this fund to reach far and wide across all types of communities in Scotland. This fund has been specifically

designed so that individuals, community groups, sheltered housing complexes, social enterprises, charities and public sector workers can test out their ideas around the theme of older people living well via food.

If at any point in preparing your application you would like additional help from our Project Dietitian, our Innovations Officer in working up your idea, or our Impact and Policy Officer, please contact us at any time at: hello@eatwellagewell.org.uk or call us on 0131 4478151

You can apply for any amount between £50 and £5000. Your project or activity can be a one-off event, over a number of weeks or months or for longer as long as it fully concludes by and is evaluated by February 28th, 2020. Closing date for applications Friday 2nd of August 2019. More details from Michelle Slater, Innovations Officer. michelle.slater@eatwellagewell.org.uk

Local Update

Methil intergenerational care village still at planning stage. Plans have recently been submitted. Hope to hear early 2020. In a first for the Kingdom, Fife Health and Social Care Partnership (FHSCP), alongside Fife Council's Housing and Education and Children's Services are taking an intergenerational approach to build:

- a new 36 bed residential care home,
- specific needs housing, and;
- a new Early Years Centre

The new care home and the Early Years Centre will be joined together through a shared space which will contain a café, multi-functional space for activities as well as meeting and conference rooms. The care village will also include a mix of housing designed to meet a range of support needs.

- Kirkcaldy Galleries – [Tovertafel](#) – shows games which could be used for intergenerational activities. The Tovertafel activates people with special care needs, using interactive
- Meal Makers - where someone cooks for someone else and shares the meal together to alleviate a person over 55 years, loneliness and possible isolation from the world.
- Scottish Government Empowerment Fund
- GWT invited to sit on a Scottish Government short life working group on intergenerational housing and co-housing along with two colleagues from Fife (Paul Short & Bill Banks)
- [Bike Bike Revival](#) helps overcome the barriers to help you feel more confident to cycle.
- There are a few men's sheds doing work with young people on bike maintenance
- Scottish Opera – Spinning Songs project in Levenmouth where they are sharing community based songs from nursery level to care homes - to create a project near you contact: Jane Davidson, Director of Outreach & Education, 0141 332 9559
- Ballet Lorent partnership with Fife Cultural Trust, community and school performed Rumpelstiltskin production at Adam Smith Theatre - to partake in their next intergenerational story telling through dance theatre community performance contact – enquiries@balletlorent.com
- Bandrum Care – McLean Primary school Penpal project connecting different generations
- Scott shared his experiences of his project, Crossing the Divide connecting Levenmouth High School pupils (S1 – 3) with a local sheltered Housing Complex (6-8 older residents). Scott shared a great tool called Birthday time where he replicates the birthday cards you see for big birthdays in the shops (70/80's etc) about the year you were born. Scott visited another GWT member Citadel Project in Leith to gain an insight into practical elements of an their intergenerational project

- Kirsty Strachan – pop up Gaelic shops during holidays, very keen to do some intergenerational work
- Cycling Without Age – trishaws now in Pittencrieff Park, Dunfermline
- All ability bikes available in Lochore Meadows at the Fife Cycle Park
- Ruth McCabe or Alzheimer’s Scotland can deliver all age Dementia Awareness training
- Jill Sunter shared details of the Breast Feeding Friendly Space project
- Linkliving have a social café, delivered by 16 – 24 year olds, Whytecauseway Baptist Church, Kirkcaldy where the customers are mostly of the older generation; peer education about scams delivered to visitors of Jean Mackie Centre, Dunfermline; supporting the Jean Mackie Centre garden along with residents

GWT is looking to identify ways in which we can support new intergenerational builds across Scotland ensure their places and spaces can actually build relationships between the different generations and that they do not fall into trap of being simply a multigenerational setting.

Future dates:

- **Intergenerational Training Course for Trainers and Practitioners - [Wednesday 4th September](#)**, 10am – 4pm, Inverkeithing High School, Hillend Rd, Inverkeithing, KY11 1PL
- **Network meeting** – Thursday 26th September, 10am – 12noon, Methodist Church, 95D St Clair St, Kirkcaldy KY1 2BS