

In attendance: Dougie Paterson (Berwickshire Housing Association), Rebecca Rogers (Alzheimer Scotland), Sandra Millar (Scottish Borders Council), Marianne Broadgate & Jenny Haines (Berwickshire Association for Voluntary Services), Fiona Colton (Live Borders Museums & Galleries), Cllr Andy Anderson (SBC), Juliet Smith (NHS Borders), Robert Chapman (Head Teacher) & Alison Clyde (GWT)

Apologies: Cllr Jill Moffat, Cllr Debbie McCall, Cllr Helen Laing, Cllr Sandy Aitchison, Cllr Jill Moffat, Cllr Jim Brown, Cllr Lorraine Anderson, Coreen Knight (CLD), Cheryl Duggan (Highway Day Nursery), Martyn Lawrenson (CLD), Susan Oliver (Jedburgh Grammar School) & Juliana Amaral

GWT national update:

GWT Conference March 2019 – presentations now on the website including financial literacy, evaluation and impact, mentoring, research around intergenerational sustainable skills, the language of art, improving outcomes for children and older adults through intergenerational practice, improving achievement and attainment in education, Active Stirling and the Cares Family <https://generationsworkingtogether.org/news/national-conference-2019/>

Recognition Awards 2018 - categories included:

- 1. Most innovative project** presented by Jackie Kay, Scottish Makar - **Winner – Barrowland Ballet: Wolves**, Highly Commended – Fashion School and the Connect the Elderly Penpal Project were commended for their contribution to reducing loneliness and isolation.
- 2. Most improved project** presented by Jackie Kay, Scottish Makar - **Winner – Care Inspectorate** Highly Commended – Anam Cara's Wee Pals & Dunbar Grammar School
- 3. Award for promoting achievement and attainment in education** presented by Lesley Munro, Children & Young People, Scottish Borders Council - **Winner – Care Inspectorate** Highly Commended – Sanderson's Wynd Primary School
- 4. Award for contribution to reducing loneliness and isolation** presented by the Minister for Older People and Equalities, Christina McKelvie MSP - **Winner – Fashion School Ltd, Dunbar** Highly Commended – Raploch Community Partnership & Contact the Elderly Penpal Project
- 5. Intergenerational volunteer of the year** presented by Natasha Gilmore, Barrowland Ballet **Winner – Elizabeth Sime**, Connecting Generations, Perth Grammar School Highly Commended – Ben Stewart, Lenzie Academy & Sheila Campbell, St Columba's School
- 6. The Yvonne Coull, Local Network Coordinator Award** presented by Natasha Gilmore, Barrowland Ballet - **Winner – Sue Northrop**, East Lothian Network Certificate of Merit – Ashleigh Maccaskill, Western Isles Network & Linsey Drever, Orkney Isles

The new publication for early learning and childcare practitioners is available to download under resources on the GWT website. **A black & white, no photo's copy is also available.**

[International Certificate on Intergenerational Learning \(ICIL\)](#) – Edition 3 will run from Tuesday 22nd October April – Monday 3rd December 2019 (Cost – Members £160 /Non-Members £185) – registration is now open.

[Intergenerational Training Course for Practitioners and Trainers \(CPD Accredited](#) (£75 - Full / £50 Concession) planned for:

- **Tuesday 24th September**, 10am – 4pm, The Crichton Trust, Grierson House, The Crichton, Dumfries, DG1 4ZE
- **Thursday 26th September 2019**, 10am – 4pm, Berwickshire Association for Voluntary Services, 55 Newtown Street, Duns, TD11 3AU

Conversations with Prof Peter Whitehouse, President [of Intergenerational Schools](#), Cleveland, Ohio were held on 5th June in Glasgow, Scottish Parliament and the 6th June in Perth & Scottish Borders. Check out the website for more detail.

A Guide for Older People – Intergenerational Activity – How to be part of it and why.

Published by St Monica's Trust - Order your copy from

https://www.stmonicastrust.org.uk/guide?gclid=CjwKCAjw39reBRBJEiwAO1m0OZJx4qrC7HcDYd8RMylhP3TpAR2HLZuJSQ0qZ67Zb8n211nHMgGUZfxoCpBsQAvD_BwE

Care Inspectorate new publication – Bringing Generations Together

<https://generationsworkingtogether.org/resources/care-inspectorate-new-intergenerational-publication>

A Connected Scotland – The Scottish Government's strategy for tackling social isolation and loneliness and building stronger social connections

<https://generationsworkingtogether.org/downloads/5c19203b1a7a0-A%20Connected%20Scotland%20-%20dec%202018.pdf>

[A Fairer Scotland for Older People](#); framework for action

A new guide in [measuring loneliness](#) – what works wellbeing

Soil Association Food for Life Get Togethers – Bella Kerr our new officer will be working on a new partnership GWT has with the Soil Association to develop new training materials and resources for intergenerational projects working on the theme of food. GWT hopes to share food for life info with all 18 networks across Scotland. GWT looking for intergenerational case studies around food to add to new resources. Contact Bella@generationsworkingtogether.org if you have a project to share.

Eat Well Age Well – Tackling Malnutrition in Older People Living at Home in Scotland Small Ideas, **Big Impact Fund - new round of funding** opening on the 6th of May promote to networks.

Michelle would like to encourage people from all across Scotland to help in their quest to reduce the number of older people who are at risk of becoming malnourished, or already are hungry and malnourished. If you have an idea, or ideas, to help older people aged 65 years or over to eat more, to eat better and to improve their wellbeing, then we'd love to hear from you. They would like this fund to reach far and wide across all types of communities in Scotland. This fund has been specifically designed so that individuals, community groups, sheltered housing complexes, social enterprises, charities and public sector workers can test out their ideas around the theme of older people living well via food.

If at any point in preparing your application you would like additional help from our Project Dietitian, our Innovations Officer in working up your idea, or our Impact and Policy Officer, please contact us at any time at: hello@eatwellagewell.org.uk or call us on 0131 4478151

You can apply for any amount between £50 and £5000. Your project or activity can be a one-off event, over a number of weeks or months or for longer as long as it fully concludes by and is evaluated by February 28th, 2020. Closing date for applications Friday 2nd of August 2019. More details from Michelle Slater, Innovations Officer. michelle.slater@eatwellagewell.org.uk

Local Update

- **Eyemouth High School** started a programme in May 2018 with almost 40 volunteers and 20 pupils for S1-S£. They currently have 20 volunteers who are PVG checked working with 10 pupils during 12 periods throughout the week. Volunteers are retired GPs, teachers and librarians. The programme works in conjunction with Accelerated reading. This means pupils read a book with the volunteer then complete a quiz to access understanding. The software provides statistical data to monitor progress and this is shared with English Class teachers and guidance staff. On average last year those involved improved their reading age by over 1 ½ years. Many pupils (and parents) felt not only did their child improve their reading but they were much more confident. The programme is managed by the school librarian in conjunction with the English department and there is ongoing evaluation with both pupils and volunteers in the form of feedback and questionnaires. The plan for the next session is to introduce volunteers to graphic novels. This is now an established intergenerational project. Some pupils have been working for the entire year with the same volunteer. The project is supported with thanks to Eyemouth parish Church, Rotary and Parent Council.
Action: Alison to arrange a meeting with the school. Andy will look into the limited PVG checks which the schools are able to access.
- Andy mentioned a recent report from Vodafone: harnessing technology to tackle loneliness
- Rebecca is keen to see more opportunities for IG work through befriending
- Dougie reported that Berwickshire Housing Association has some intergenerational activities however would like to see more.
- Jenny looks after 26 community halls and is wanting to create more intergenerational communities attracting young people onto the village hall committees.
- Sandra/Juliana would like to make their internet café intergenerational involving the S5/6 pupils from the school. Alison mentioned two projects which could be useful [Aberdeenshire Libraries](#) and [Get to know your Techno.](#)
- Breast feeding initiative keen to develop intergenerational activities.

Future dates:

- **Intergenerational Training Course for Trainers and Practitioners - [Thursday 26th September 2019](#)**, 10am – 4pm, Berwickshire Association for Voluntary Services (BAVS), 55 Newtown Street, Duns, TD11 3AU
- **Network meeting - [Wednesday 2nd October](#) 2019**, 10.30 – 12.30pm, Jedburgh Grammar School, High Street, Jedburgh, Roxburghshire, Scottish Borders, TD8 6DQ