

In attendance: Jennifer Thomson (Cycling without Age), Colin Melville (CTSI) & Liz Rowlett (GWT Coordinator & CTSI). Lesley Milne (Town Break), Joan Purdie (Newcarron Court Care Home), Breda Seaman (Dementia Friendly Dunblane), Jan Newall (SSAFA), Lesley Snow (Clack development trust), Sheila McGhee (CTSI Clacks Access Panel) & Alison Clyde (GWT)

Apologies: May Chamberlain, Provost Murphy, Cllr Ellen Forson, Clare & Michelle (Antonine Primary), Victoria McRae (CVS Falkirk & District), Elaine Hanlon, Les Sharp, Michael White, Martin Kenny & Laura Taylor

National update

GWT welcome two new members of staff

Bella Kerr, Intergenerational Development Officer who works full time Monday – Friday and Donna McGlashan, Intergenerational Development Officer, Perth & Kinross who works a Tuesday and Wednesday.

[National Awards for Excellence in Intergenerational Work 2020](#). The awards recognise, showcase and celebrate achievement and outstanding practice in the field of intergenerationality. Nominations are encouraged from projects and individuals living throughout Scotland. This year there are five award categories:

- Most innovative project
- Most improved project
- Award for promoting achievement and attainment in education
- Award for contribution to reducing loneliness and isolation
- Volunteer of the year

To apply, please find below a copy of the Award Guidelines and the nomination form.

Deadline for applications will be **Friday, 7th February 2020** at noon. Nominations should be emailed along with three high resolution photographs to Bella@generationsworkingtogether.org. The awards will be presented at our National Conference, Glasgow on Wednesday 4th March 2020.

GWT National Conference confirmed for **Wednesday 4th March 2020**, Technology and Innovation Centre, University of Strathclyde, Glasgow - Cost £70 members and £85 non-members
Programme details will be announced December 2019, opportunities for stalls and exhibitions for projects to showcase their intergenerational work.

[Intergenerational housing case studies](#) – report available on website

[Intergenerational Evaluation Toolkit](#), Generations United

Volunteer Scotland and the Scottish Volunteering Forum have launched a major new report '**The Contribution of Volunteering to Scotland's Health and Wellbeing**'. It reveals how volunteering can help Scottish society face some of its biggest challenges: an aging population, labour market skills shortages, mental and physical ill-health, social isolation and loneliness, and poor community engagement. Volunteering brings even greater benefits for volunteers who experience disadvantage and exclusion.

Can intergenerational relationships be useful at end of life?

GWT has been in conversation with Dr Forbat around developing a new research study: Intergenerational innovation: health promoting palliative care and death literacy in the care home setting. If you have experiences in this field and have been connecting younger people with people in the last 6 months of life or would like to get involved please get in touch with Alison Clyde.

Intergenerational Training Course for Practitioners and Trainers – 10am – 4pm CPD Accredited (£75

- Full / £50 Concession) planned for:

- **27th January 2020**, Dumfries
- **19th March 2020** Duns, Scottish Borders
- **25th March 2020**, Kirkwall, Orkney
- **25th March 2020**, Perth
- **21st May 2020**, Wick, Highlands

[International Certificate on Intergenerational Learning \(ICIL\)](#) – Edition 5 will run from Tuesday 28th April 2020 – Monday 15th June 2020 (Cost – Members £160 /Non-Members £185).

Presentation by Breda Seaman, Dementia friendly Dunblane

Breda gave a very inspiring presentation on the work of her project highlighting the intergenerational elements of their work in the café and at various events and activities involving a variety of schools. Check out their [facebook page](#).

World Health organisation | Ageing Attitudes Quiz

Take the Ageing Attitudes Quiz as a first step in your Stand Against Ageism. Check your attitudes against these commonly held views of ageing and older persons and find out how much you know about ageing and older people. [**www.who.int**](http://www.who.int)

Local Update

- Joan still hoping to win back their activity room for her intergenerational work. Still working with Langlees Nursery. Happy to host next network meeting in Falkirk.
- Alison to investigate and invite Interactors to next meeting (young branch of rotary club).
- Jan is keen to attract younger volunteers to SSAF
- [Food for Life Get Togethers](#) team in Scotland is aiming to bring people of all ages and backgrounds together around good food. This can help build and strengthen communities and spread the word about good food, which we believe should be available for everyone, no matter their background or income. Good food is food that's good for us, good for the environment, and good for the local economy. Food for Life Get Togethers provides a fun and accessible way to connect communities in schools, care and community settings including gardens, kitchens and dining places right across our communities

Meetings for 2020

- Tuesday 28th April 2020, 9:30am - 11:30am at Newcarron Court Care Home, Ronades Rd, New Carron Ct, Falkirk FK2 7TB
- Wednesday 26th August 2020, 9.30am – 11.30am in Stirling – venue TBC
- Thursday 26th November, 9.30 – 11.30am in Clackmannanshire - venue TBC