

## Workshop synopsis 2020



### Workshop 1 - Intergenerational Spaces and Places

#### **Description:**

The session will look at developing an understanding of the shared needs between generations, the types of spaces required to support intergenerational usage and the experiences these spaces would provide. Through group discussion, and using illustrated examples, delegates will have an opportunity to consider the impact that well-designed and purposeful environments could have on intergenerational experiences.

#### **Learning outcomes:** After the workshop delegates will be able to:

1. Understand more about the design of settings for intergenerational experiences by reflecting on the workshop
2. Find examples of different types of environment to support intergenerational relationships in their own work by accessing resources by A&DS and others.
3. Use practical tools and techniques to build briefs for the design of intergenerational spaces and places in their own work

#### **Facilitators**

##### **Steve Malone – Principal Architect, A&DS**

Steve is an Architect who works across the organisation providing advice to clients, design teams and local authorities on projects at design development stage including housing, health, masterplans and infrastructure. He currently leads on our Public Sector Client Forum and Town Centre Living projects and has a particular interest in sustainable design.

##### **Danny Hunter – Principal Architect, A&DS**

Danny is an Architect with over 15 years' experience in professional practice whose experience spans commercial, residential, educational and public projects. At A&DS, he is primarily involved in design advice for health, schools and housing. He is passionate about good design and the positive impact that this can have on people's lives.

### Workshop 2 – Embedding intergenerational work within and beyond the NHS

#### **Description:**

This session summaries the effects of loneliness and isolation and will demonstrate the positive impacts that intergenerational practice has for older and younger people. The presenters will outline how Aneurin Bevan University Health Board and partners have driven forward a social movement that is combatting loneliness and isolation across our communities. In particular, the session will identify how key intergenerational initiatives and a multi-agency intergenerational strategy have made a significant difference to the lives of everyone involved. These initiatives are low cost/no cost. The session aims to encourage participants to think about how they can influence intergenerational practice in their work areas/communities.

**Learning outcomes:** At the end of this session, participants should be able to:

1. Explain how loneliness and social isolation affects people and the impacts on health and well-being
2. Describe the benefits of intergenerational practice
3. Identify what they can do to reduce loneliness and social isolation and promote intergenerational practice across their communities.

**Facilitators:** Tanya Strange, Associate Director of Nursing, Person Centred Care, Aneurin Bevan University Health Board, Wales

**Co-Presenter:** Claire Jordan, Lead Nurse, Patient Engagement and Education

### Workshop 3 – Measuring impact

Join Dr Ali Somers for a 90-minute workshop on how to approach measuring the impact of your Intergenerational project. This is a fast-paced session designed to offer practical tools to map the impact of your work. Topics covered will include stakeholder mapping, theory of change and choosing useful indicators to understand how your work makes a difference in your local community.

**Learning outcomes:** Participants will gain confidence in identifying the objectives for their Intergenerational projects, mapping stakeholders, and identifying methods for measuring their impact.

Dr Ali Somers is the winner of the global 2019 Brabazon Award for Evaluation Research. Ali has more than twenty years of experience in the third sector and is an intergenerational programme specialist. After serving as the co-founder of the UK's first nursery co-located in an elderly residential care home, Ali now spends all of her time supporting and researching new intergenerational models. Ali has recently joined the team of ICIL tutors for GWT's online course.

**Facilitator:** Dr Ali Somers, Co-founder Apples and Honey Nightingale Nursery

### Workshop 4 – Intergenerational Volunteering

Join Matthew Linning for a facilitated discussion on the future challenges, opportunities and priorities for intergenerational volunteering. Drawing upon the findings of his recently published report 'The contribution of volunteering to Scotland's health and wellbeing' this workshop will discuss the impact of demographic change, volunteering trends and health and wellbeing benefits by age group to understand the likely impacts on intergenerational volunteering.

**Learning outcomes:** the objectives of this workshop are to increase delegates' understanding of:

- The challenges facing intergenerational volunteering over the next 20 years
- The opportunities to increase volunteering participation which bridges different generations
- The practical steps delegates can take to help influence positive outcomes in support of Volunteering for All - Our National Framework

**Facilitator:** Matthew Linning leads Volunteer Scotland's research and evaluation work. He authors in-depth reports on volunteering, delivers Volunteer Scotland's 'impact of volunteering' course and helps supervise co-funded PhD research work on volunteering with the University of Strathclyde.

## **Workshop 5 – What do we need to make intergenerational work successful?**

Jacqueline Cassidy, Head of External Affairs at Children in Scotland, is a 2019 Churchill Fellow looking at intergenerational practice in the US, Singapore and Japan. Jacqueline will bring learning from her Fellowship and offer an opportunity to consider what elements of people, policy and practice we need to effectively embedded intergenerational practice in a meaningful and sustainable way.

This workshop will provide an opportunity for you to consider the elements you need in your work to embed effective intergenerational practice.

**Learning outcomes:**

- Learn about intergenerational practice in other countries
- Learn from policy and practice context in other countries
- Identify key elements required to embed effective intergenerational practice in Scotland

**Facilitator:** Jacqueline Cassidy, Head of External Affairs, Children in Scotland and a 2019 Churchill Fellow.