

Talking tables descriptions and facilitators (40 mins)

Table topics will be chosen at registration on the 4th March 2020

Delegates will be invited to collect lunch then join their selected table to have an informal conversation on the chosen topic. Each table will have either one or two facilitators which will introduce the topic and keep the conversation on the right track.

At the end of the 40-minute session the facilitators will pinpoint two key areas of conversation which will be feedback to the conference delegates, GWT staff and board. This could for example highlight the need for GWT to provide more training or support or raise awareness with local/national government/GWT board on how they can address a concern or challenge.

1. What makes a Caring Place? Town Centre Living to Support our Ageing Population with Steve Malone & Danny Hunter, Architecture & Design Scotland.

Scotland is changing. With these changes come both opportunities and challenges. How do we ensure that we live not only longer, but that we live well? We need places where we can care and be cared for in supportive and adapted environments. Places that put people and their well-being at their heart. With social isolation and loneliness being identified as major public health issues, especially for older people, we need to reflect on how to adapt the places where we live to combat those challenges.

As Scotland's design champion, Architecture and Design Scotland works to ensure that more people in Scotland have a say in creating well-designed buildings, places and spaces. We've been working with Scotland's Towns Partnership and other partners, looking at the benefits and barriers to town centre living, and exploring opportunities through placemaking for creating 'caring and sustainable' environments. This is with a particular focus on ageing and the provision of care, looking at what the essential components might be for creating more caring town centres around this.

Our approach is described in our report 'Town Centre Living: A Caring Place'. The work is based on 2 priorities: supporting people and supporting the place, simultaneously. Exploring how we can use our town centres more effectively and using narratives and personas to look at our towns through lens of 'people, place and care'.

2. Making Connections & Strengthening Communities – Learning through Play in Early years with Jaci Douglas and Jayne Macintosh

With well supported and strongly led Intergenerational Programs, young children and the elderly can benefit from developing friendships, increased social skills and opportunities to develop communication & language development. Consistent and regular contact between groups of children & the elderly, to play in a variety of activities, share stories & song, can

create a community of care, respect and unconditional love, making everyone feel valued and of value.

Jayne Macintosh has been with CALA for over 15 years, working in a variety of roles with children and young people. She has been in her current role for just over 3 years managing a busy ELC centre and as well as completing her BA in Child & Youth Studies, have more recently refreshed her knowledge & skills by completing a BA Childhood Practice. Working in partnership with a local Care Home, 2 years ago, led to the development of a strong and continuing GWT project, which she is delighted to have extended to other elderly care facilities in the community. Further personal experience of aging parents and impact of dementia has educated Jayne further into Care of the Elderly in the Community & the significant impact that isolation & loneliness can have. Her My ultimate "dream" would be to persuade communities to reconnect with purpose built care facilities that accommodated both the elderly and ELC provision.

Jaci Douglas is currently the Chief Executive of the Care and Learning Alliance - the largest early years and childcare charity in the north that delivers a wide range of quality children and family services across Highland, Moray and beyond. Before that she was an Independent Councillor for Badenoch and Strathspey for a decade and during that time held senior roles including Co-Leader of the Opposition and Opposition Budget lead as well as a Board member of NHS Highland and Cairngorms National Park Authority. Previous to that she lived abroad in the USA and Scandinavia for many years including running an international outdoor play space in Oslo.

She chairs the community development organisation Voluntary Action Badenoch and Strathspey, is a Board member for Inverness College UHI and lay member of the Joint Standing Committee for Legal Education of Scotland.

3. The Care Inspectorate and intergenerational practice: Building capacity for improvement in intergenerational practice in care homes with Isabel Purdue & Laura Haggerty, Care Inspectorate

The Care Inspectorate supports improvement in both early years and older adults' services. Through our inspection and improvement work, we have many examples of good intergenerational practice and how services measure and evidence the outcomes for people, underpinned by the Health & Social Care Standards.

Isabel Purdue has 34 years of experience in the care sector and Laura Haggerty has in-depth knowledge and understanding of applying quality improvement tools and techniques to support improvements and outcomes in intergenerational practice in both early years and older adults' services.

Together, we will share experiences, learning and resources and highlight how scrutiny and improvement work together for the benefit of people experiencing care.

4. Starting again: becoming an Intergenerational specialist after a first career with Dr Ali Somers, Co-Founder, Apples & Honey Nightingale Nursery

Join Dr Ali Somers for a lunchtime roundtable to share experience of shifting from a previous career into Intergenerational work.

Dr Ali Somers is the winner of the global 2019 Brabazon Award for Evaluation Research. Ali has more than twenty years of experience in the third sector and is an intergenerational programme specialist. After serving as the co-founder of the UK's first nursery co-located in an elderly residential care home, Ali now spends all of her time supporting and researching new intergenerational models. Ali has recently joined the team of ICIL tutors for GWT's online course.

5. A Partnership Approach to Intergenerational Practice with Tanya Strange

Over the past 2 years, within the 'Greater Gwent' region in Wales, local initiatives that have brought older people and children together has demonstrated the positive impact that intergenerational practice can have. Although this is a new journey for us, it is in recognition of this impact that our partnership has agreed to develop an Intergenerational strategy.

Led by Aneurin Bevan University Health Board working in partnership with 52 organisations, the strategy sets out our intent to establish, embed and grow intergenerational practice, in order to promote and support meaningful and mutually beneficial activity for younger and older people. It will guide the development of intergenerational practice across our communities, now and in the future. By adopting a strategic approach to intergenerational work, the partnership aims to set a standard for our community and other communities across Wales.

To date 72 care homes are twinned with 84 primary schools. In addition, there are a number of hospital wards twinned. 16 Comprehensive schools have joined the partnership this year allowing older children to volunteer through the Welsh Baccalaureate across schools and hospital wards. The partnership is also working with 3 Pupil Referral Units and Star College (which caters for young adults with disabilities) to provide them with intergenerational opportunities.

Tanya Strange is the Associate Director of Nursing for Person Centred Care in Aneurin Bevan University Health Board, Wales.

6. Climate change conversation – where can an intergenerational approach help? Cllr Anna Richardson & Kate Samuels, GWT

Over the last few years it has been recognised that climate change is one of the biggest challenges of our time. The Scottish Government has declared a climate emergency in April 2019 and Glasgow City Council in May 2019, setting targets to make the city and country carbon neutral. It has been recognised that in order to make lasting change in this field, an intergenerational approach is crucial. Generations Working Together has spend time in 2019 hosting intergenerational climate conversations and encouraging projects that tackle the climate emergency. Cllr Anna Richardson is the Glasgow City Council city convener for sustainability and carbon reduction and has been instrumental in leading change in the council in areas such as transport and climate targets.

Cllr Anna Richardson is the current Glasgow City Council Conveener for Sustainability and Carbon Reduction and was elected in 2015 for the Langside ward. She has an MA(hons) in Geography, MSC in Human Resources and an HND in Antenatal Education. Anna works on policy areas that include transport, climate and education and is currently developing the new transport strategy for Glasgow.

Kate is a Communications and Policy Officer for Generations Working Together. She works with intergenerational projects, helping them share their stories, as well as with the media and political representatives. Kate has hosted climate emergency conversations in 2019, as well as encouraging environmental intergenerational projects. Her background is in Education and Policy.

7. Intergenerational centre – views of staff, older people and families after year one with Mariano Sanchez, University of Granada

In September 2018 the only Reference Intergenerational Centre in Spain opened thanks to the initiative of Macrosad, a socioeducational cooperative based in the Andalusian region. This centre is evidence-based and integrates a day care unit for elderly people and a nursery for 0-3 year olds. Once its first academic year had been accomplished, research was undertaken to make an appraisal and identify relevant needs and determinants in terms of improving the intergenerational work being developed. As the Head of the Macrosad Chair in Intergenerational Studies, Mariano has coordinated all this work.

It is one thing to plan an intergenerational centre, but it is quite another to be able to adapt the centre as day-to-day activity evolves, especially after a first year. Come to this session ready to discuss and share lessons learned after initiation of an intergenerational centre. Issues such as the organization of continuing in-house staff training, the enhancement of

the understanding of the centre's impact for all stakeholders, and the overcoming of initial hesitation by some parents will be covered throughout this talking table

8. Intergenerational housing: the challenges of matching young and older people with suitable living partners with Lukas Hecke

Lukas is co-founder of Wohnbuddy.com, an online platform that enables flat sharing between the elderly and the young in Austria. Besides this, he supports companies at the Austrian Development Agency in their sustainable investments in developing and emerging countries. His passion is implementing projects with impact and ideas.

9. Intergenerational partnerships with Childminders with Lorraine George

Lorraine George has worked in early years education for over twenty years in a range of different roles. She is a Winston Churchill Fellow having researched intergenerational co-located care in the U.S and is currently one of GWT's ICIL tutors (International Certificate in Intergenerational Learning).

Supported by her Local Authority she has established a successful early year's intergenerational programme within the community and has developed an exciting new model of intergenerational co-location with a local care home having created a dedicated space for childminders to work from on a daily basis. She is the author of 'Growing Together: 50 inspiring ideas for intergenerational learning'.

10. Intergenerational approaches with people approaching the end of life with Liz Forbat, University of Stirling

The impact of intergenerational relationships on beliefs about frailty, death and dying is not well understood. Intergenerational work in care homes occurs in a context where very frail older people often live with complex multiple morbidities, and between 26% and 50% of people admitted to UK nursing homes die within six months. Intergenerational practice therefore needs to be prepared to consider how frailty, death and dying are understood and impacted for individuals and organisations.

Liz Forbat is a research psychologist and family therapist, specialising in developing understandings and interventions about how health and relationships impact each other. Her research and clinical portfolio include work across the life-course, on a range of life-limiting and life-threatening conditions. Her research is underpinned by principles of social justice to widen access to high quality care for all. Liz is a Trustee of 'Generations Working Together'.

11. **GWT Manifesto with** Graham Hewitson & Anne Callaghan (GWT)

12. **Reconnecting People with Cinema** with Michael White

How school students can help trigger memories of The Golden Age of Cinema with older people who are lonely, isolated or living with long-term medical conditions.

Michael White is the founder trustee of this charity and shares experiences of this therapeutic reminiscence activity with suggestions for further intergenerational development.

After a career as a teacher and headteacher, Michael entered Education Management and was the first Director of Education in Aberdeenshire. He has been involved in voluntary work including housing for older people and the Children's Panel.

He set up a reminiscence project in 2008 called Football Memories, which has now over 250 groups and has created similar projects for other sports.

Screen Memories follows a similar structure and uses trailers, stills, archive film and memorabilia to bring back memories of films, cinemas and other aspects of social and economic local history.

13. **Healing the rift** with Sandra Brown & Simon Ritchie

How do we heal the rift between the generations fuelled by a polarising media?

In recent months, there are more and more articles in the press which seem to drive a wedge between the generations by fuelling a discourse based on an image of older people as generally right-wing, pro-Brexit, well off, uncaring about climate change and generally determined to hang onto power and privilege at the expense of younger generations, who think and feel very differently.

As well as being simply untrue, this way of thinking risks creating real rifts in communities, families and society in general and it threatens everything that intergenerational work has sought to build in recent decades. Whilst applauding the activism of younger generations to change the world for the better, how can we counter this dangerous discourse before it causes the social fabric to unravel any further along those generational seams?

Simon Ritchie is the Policy Engagement & Campaigns Officer for Scotland's leading charity for older people, Age Scotland. Age Scotland wants to see a Scotland and a world where older and younger generations cooperate and are not pitted against one another. Cultural and political reporting in the media needs to focus on the positive, not on what divides generations.

Sandra Brown is Dementia Training Coordinator at Age Scotland. She formerly worked for Eden Project Communities and Befriending Networks and has been a tutor on the International Certificate of Intergenerational Learning course. All her work has been about bringing communities together and overcoming the things which distance people from one another and, as an 'older' climate and environmental activist, is extremely concerned about the divisive way that generations are being pitted against one another in this arena at the present time.