

Greater Renfrewshire & Inverclyde Intergenerational Network Meeting

Date: 05/02/2020

Venue: VAER (Voluntary Action East Renfrewshire)



In attendance: Elizabeth McClymont Mearns After School, Diane Hayes Mearns After School, Joan Wilson Trellis, Kirsty Cartin Manager Littleinch, Val McKay Aileymill Nursery, Sandra Scott ERC Sheltered Housing, Louisa Quick & Dianne Reilly Carlibar Nursery, Stephen McLellan RAMH, Kathleen Stoddart & Karen Phin Calderwood Lodge, Alice McBride Engage Renfrewshire, Susan Knowles Quarriers, Lindsay Barr Orchardhill Parish Church, Rebecca Hamilton & Victoria Orr Kilbarchan Community Nursery, Jacqueline Collins Schools Out OSC, Claire Ramsay VAER, Lynsey Allan & Vicki McPhee Jewish Care Scotland, Geri Sinclair Belville Community Gardens, Bill Core Barrhead Mens Sheds

Apologies: Emma Maxwell and Marlynn Marshall West College Scotland, Martin Brennan Provost Inverclyde, Emma Corbett Nursery Manager St Columbas Nursery Kilmacolm, Marie Kirk, David McKee Teacher Mearns Castle High School

GWT national update:

[National Awards for Excellence in Intergenerational Work 2020.](#) The awards recognise, showcase and celebrate achievement and outstanding practice in the field of intergenerationality. Nominations are encouraged from projects and individuals living throughout Scotland. This year there are five award categories:

- Most innovative project
- Most improved project
- Award for promoting achievement and attainment in education
- Award for contribution to reducing loneliness and isolation
- Volunteer of the year

To apply, please find below a copy of the Award Guidelines and the nomination form. Deadline for applications will be Friday, 7th February 2020 at noon. Nominations should be emailed along with three high resolution photographs to Bella@generationsworkingtogether.org. The awards will be presented at our National Conference, Glasgow on Wednesday 4th March 2020.

GWT National Conference confirmed for Wednesday 4th March 2020, Technology and Innovation Centre, University of Strathclyde, Glasgow - Cost £70 members and £85 non-members

<https://generationsworkingtogether.org/events-training/national-conference-2020-04-03-2020>

GWT Vacancy – Scottish Borders PT 18hrs per week based in Jedburgh

WHO | Ageing Attitudes Quiz

Take the Ageing Attitudes Quiz as a first step in your Stand Against Ageism. Check your attitudes against these commonly held views of ageing and older persons and find out how much you know about ageing and older people.

www.who.int

WHO website giving details on the misconceptions on ageing and health.

<https://www.who.int/ageing/features/misconceptions/en/>

<https://www.who.int/ageing/features/attitudes-quiz/en/>

Intergenerational Training Course for Practitioners and Trainers – 10am – 4pm CPD Accredited (£75

- Full / £50 Concession) planned for:

- **27th January 2020**, Dumfries & Galloway
- **19th March 2020** Duns, Scottish Borders
- **25th March 2020**, Kirkwall, Orkney
- **25th March 2020**, Perth
- **15th April 2020**, Ayrshire & Arran
- **27th April 2020**, Argyll & Bute
- **21st May 2020**, Wick, Highlands
- **2nd September**, Lanarkshire
- **11th September**, Greater Renfrewshire & Inverclyde **venue to be confirmed**
- **18th September**, Dumfries & Galloway

[International Certificate on Intergenerational Learning \(ICIL\)](#) – Edition 5 will run from Tuesday 28th April 2020 – Monday 15th June 2020 (Cost – Members £160 /Non-Members £185).

Generations Working Together is looking to recruit two enthusiastic, committed, dependable and proactive volunteer trustees to replace two members of our board who are retiring at our next Conference/AGM on 4th March 2020.

We are looking for a new treasurer and a trustee who have experience of working in the voluntary, public or private sector who want to become actively involved in progressing intergenerational work across Scotland.

Letters to our grandchildren – Mollie has set up a unique project where she is seeking to recruit **those aged 65+ to write letters addressed to younger people in their lives aged 18-35**. It is Mollie's goal to then compile these letters into a moving and thought-provoking book that will engage young people and connect them with an older generation.

If you are interested in taking part, or feel like you might know someone who might like to write to you, please get in touch either via e-mail or by following the project on Instagram @letters_to_our_grandchildren.

<https://generationsworkingtogether.org/news/letters-to-our-grandchildren-14-01-2020>

GWT research – have your say

As part of evaluation, we are asking members, colleagues and partners to share with us their experience of engaging with and learning from Generations Working Together.

Trellis – Joan Wilson from Trellis attended the meeting and offered a short activity on bulb planting that can be used to bring younger and older people together. Joan explained a bit about the work that Trellis takes part in and offered people attending leaflets about the service they offer.

Local Update

Calderwood Lodge gave a short description of the work that they have been involved in with 6 children having food and afternoon tea. They start from scratch and make sandwiches – prepare, cook and eat together. Also, they set the table and sometimes makes scones. They are building relationships and it is noted that the children tend to go to the same people. They have held events on Grandparents Day and Burns Day. They are getting to know each other. They also take part in arts and crafts book bug, Halloween, Christmas. It has worked well. It is also useful to grow food at the care home as the nursery grounds are not so good and often in the holidays the plants do not get watered. They grow veg and salad and the care home water them. They have gathered evidence with pictures. They have also had comments such as older people saying, 'Children made me feel part of something, that is a really nice feeling for me'. Other nurseries have visited to see how we do afternoon tea.

RAMH people referred to service range in age from 12 to 100, the biggest issue of concern is loneliness and isolation.

Calibar Nursery term time the nursery is involved in IG work such as arts and crafts much the same as Calderwood. They have looked at getting care homes together and visit with 2 groups of children on a Wednesday and a Friday. They get involved in cooking, arts and crafts, games, physical activity, balloon football. They see a difference when the children come along. Dementia /LT memory loss – they older people identify with friends and get up to meet the children – 3- 5 year olds usually August until December – we looked at taking new children but gave the children a choice and those who wished to stay did.

Mens Sheds Barrhead ladies can contribute to this service too, unlike many other mens sheds we are there to give a haven to people to give them a purpose. Atmosphere is great with 68 members and hope to get projects for Barshaw Park, nurseries and other contract work. Railway Cottage Nursery keeps in touch – we made a good welly stand for them. Example of person who joined as they were inspired to make something for their son- there are different skills from people making different things. One person made a miniature lifeboat.

Belville Community Gardens – they have food in community fridges and IG work is being done around food. They have applied for funding from the Soil Association and this work is being carried out. People using the service are aged 14 – 80 and they utilise the volunteer gardens for planters etc. No specific IG work is being carried out and Geri will keep the group up to date with what comes out of the soil association project.

Rashielee Care Home They are passionate about getting GWT and spending time with growing relationships. They have weekly visits from a local school. They are involved in a garden project and hope to grow produce to make their own soup and host a strawberry tea. They have just started a new activity organiser who has a nursery background. They will keep us updated on the progress.

Jewish Care Scotland Day Care Centre and their community team work with a day centre and have 3 sessions for 6 weeks with primary school children from P 4 to P7. This takes place once a week for 1 ½ hours in the afternoons. They have activities such as show and tell, reading, arts and crafts, petting zoo, choir visits etc. Clients have more significant needs and are very elderly with high support. They use technology and have a large tablet (32 inch) and they use this to skype . They are keen to get students involved and they are based in Giffnock.

VAER and working with Tomorrows Older People they are 40 + and they look at what they can do to keep people connected, covering loneliness and isolation, getting venues looking at 'Happy to Chat' places – they did a workshop with a school and looked at what a caring home would look like. Bright and clean being cared for etc. P6 children drew older people. They are working at getting a community IG project off the ground and looking at penfriends initiative – they have spoken to Glasgow Life – they struggle to do this as if people are isolated and do not get out, eyesight and hand writing deteriorated. They have a focus on targeting sheltered housing maybe Newton House – Mearns Housing project?

Kilbarchan Nursery visit a care home every 2 weeks in Johnstone with 6 children. They do this in the afternoon for 1 ½ hours. They have photographs as evidence and the children have gelled really well with the older people. The parents have been talking about it as the children are telling them all about it. They do arts and crafts, playdough etc.

Orchard Hill Church work with Giffnock Primary School, nursery 18 months ago 'Generation Story' with P 6 & P7 children one afternoon a week, share stories about childhood. Calling older people 'People with experience' – stories about growing up, wee china pigs (hot water bottle) show old objects. The school dates back to 1903 – decided to recreate the school room as a museum 1900 to present day – applied for the National Lottery Community Fund 25 year celebration funding that GWT had recommended and were successful in receiving £1000 grant. They have been involved in talking tins, questionnaires by children, working with nursery – 10 children in a book bug sessions, young mums and a community café. Also working with others around singing, parachute games etc. They produce a newsletter and many seniors go to the school to take part in lessons and in stories.

Dorothy Carrey and Marjory Brackey discovered that a lot of children rarely see their grandparents and it is great for older people to be with young children - they started children writing to housebound older people in the church.

Quarriers – Services are predominately adults wit learning disabilities / physical. The majority live in their own homes or small homes with multiple occupancy, they have volunteers who are doing their Duke of Edinburgh. They also have respite services for children. No IG work yet.

Engage Renfrewshire are going out to schools, mostly secondary as a call for student volunteering. This opened up a group discussion around the need for volunteers and young people to visit older people in the evening. Befriending is needed in homes for people who do not get visitors.

MACS before / after school care usually 3 – 6 pm and they hope to make links with sheltered housing or nursing homes, they would like to visit with the young people. They are based in Neilston Primary and Cross Arthurlie Primary. The visit will need to be walking distance.

of Hearing Group in areas such as accents and how difficult it may be. It will e good for volunteers to form relationships.

Next meeting:

- **DATE :3rd June 2020**
- **TIME: 10 am until 12 noon**
- **VENUE: Broomhill Community Hub & Gardens, 46 Mearns Street, Broomhill Gardens And Community Hub, Greenock PA15 4QD**