

## Scottish Borders Network Meeting

Date: 21/2/2020 Venue : Galashiels Library

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**In attendance:** Pauline Grigor (The Bridge), Douglas Pringle (Dept of Work & Pensions), Amy Rowlands (Rowlands Selkirk), Danielle Johnstone (Local Area Coordination Service), Nicola Shaw & Alison Clyde (GWT), Kary Lesley Davi (MearsCare Scotland) & Cllr Andy Anderson

**Apologies:** Susan Oliver (Jedburgh Grammar), Lynn Jack, Hilary Broatch (Tweedbank Primary), Cllr Robin Tatler, Lorraine Anderson, Jenny Sutton & Leigh Brunton

### **GWT national update:**

Alison welcomed GWT's **new Intergenerational Development Officer, Nicola Shaw** who will be working 18 hours per week in the borders covering two days a week at Jedburgh Grammar and four hours will be dedicated to intergenerational work in the community.

Alison then went on to give a national update including the following:

We have received an incredible **55** nominations for this year's **Excellence Awards in Intergenerational Practice** which recognise, showcase, and celebrate achievement and outstanding practice in the field of intergenerationality. Nominations were encouraged from projects and individuals living throughout Scotland. There were five award categories which closed on 7<sup>th</sup> February, the winners were announced at the conference.

**155 delegates attended the GWT National Conference** on Wednesday 4<sup>th</sup> March 2020 in the Technology and Innovation Centre, Glasgow – Presentations and slide shows are available on the website.

### **Intergenerational Training Course for Practitioners and Trainers – 10am – 4pm CPD Accredited (£75**

- Full / £50 Concession) planned for:

- **19<sup>th</sup> March 2020** Duns, Scottish Borders – still places available
- **25<sup>th</sup> March 2020**, Kirkwall, Orkney
- **25<sup>th</sup> March 2020**, Perth
- **15<sup>th</sup> April 2020**, Ayrshire & Arran
- **27<sup>th</sup> April 2020**, Argyll & Bute
- **21<sup>st</sup> May 2020**, Wick, Highlands

**[International Certificate on Intergenerational Learning \(ICIL\)](#)** – Edition 5 will run from Tuesday 28<sup>th</sup> April 2020 – Monday 15<sup>th</sup> June 2020 (Cost – Members £160 /Non-Members £185).

**Generations Working Together is looking to recruit two enthusiastic, committed, dependable and proactive volunteer trustees** to replace two members of our board who are retiring at our AGM on 4<sup>th</sup> March 2020. We are looking for a new treasurer and a trustee who have experience of working in the voluntary, public or private sector who want to become actively involved in progressing intergenerational work across Scotland

**Letters to our grandchildren** – Mollie has set up a unique project where she is seeking to recruit **those aged 65+ to write letters addressed to younger people in their lives aged 18-35**. It is Mollie's goal to then compile these letters into a moving and thought-provoking book that will engage young

people and connect them with an older generation. If you are interested in taking part, or feel like you might know someone who might like to write to you, please get in touch either via e-mail or by following the project on Instagram @letters\_to\_our\_grandchildren.

<https://generationsworkingtogether.org/news/letters-to-our-grandchildren-14-01-2020>

### **How can intergenerational projects address ageism? - activity**

An ageism quiz, taken from the World Health Organisation website, was handed out to the group and reflected upon. The quiz could be used as an activity with an intergenerational project. The quiz and answers can be found at [www.who.int](http://www.who.int)

The WHO website gives more details on the misconceptions on ageing and health.

<https://www.who.int/ageing/features/misconceptions/en/>

<https://www.who.int/ageing/features/attitudes-quiz/en/>

**Resources.** Alison drew attention to a number of toolkits / guidelines / reports available through GWT website for example **'Creating and sharing spaces that connect young and old' and an 'Intergenerational Evaluation Toolkit'**.

**These resources plus others are** available for free download for members – and includes links to materials published by other Intergenerational websites such as Generations United's "Best of Both Worlds." Particular note made regarding

Other intergenerational organisations were highlighted – Linking Generations, Northern Ireland and Generations United, America and their publications were promoted as they offer many toolkits to use in projects. GWT has links with Australia University of Griffiths where they have a department which promote careers in intergenerational work. Information was shared about Stirling University's Dementia project and the difference of intergenerational projects have on individuals with dementia.

### **Local Update**

- **The [Next Generation Game](#), 11<sup>th</sup> March at 6.30pm** - An intergenerational extravaganza inspired by favourite game shows, past and present. From Pointless to Would I Lie To You; Family Fortunes to The Generation Game itself. Expect cheesy jingles, catchy songs, general generational knowledge and muddling memory tests. This exciting new project brings together Dramarama (a drama group for the young at heart, based at The Brunton, Musselburgh) with the P7s from Stoneyhill Primary School.  
**Free, ticketed**
- Communities working together event – 15<sup>th</sup> May 2020
- Pauline Grigor mentioned that there was a new care home being built by Eildon Housing Association – GWT to make contact.
- Amy is keen to work with Nicola to develop new intergenerational opportunities

### **Future training and network dates:**

#### **Intergenerational Training for Trainers and Practitioners**

- Thursday 19th March 2020, 10:00am - 4:00pm at Berwickshire Association for Voluntary Services (BAVS), 55 Newtown Street, Duns, TD11 3AU

#### **Scottish Borders network meeting**

- Thursday 28th May 2020, 10:00am - 12:00pm at Eyemouth High School, Gunsgreenhill, Eyemouth, Berwickshire, TD14 5LZ
- Wednesday 23<sup>rd</sup> September, 10am – 12noon in Jedburgh.

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851