

**In attendance:** Matthew Lining (Volunteer Scotland), Justine Davidson (Alzheimer Scotland), Lesley Milne (Town Break), Dave Budd (Connected Neighbourhoods Dementia Friendly Project), Nicola Shaw & Alison Clyde (GWT), Breda Seaman (Dementia Friendly Dunblane) & Liz Rowlett (CTSi)

**Apologies:** Michelle McFarlane (Antonine Primary School), Gabrielle Heron (Heron House Nurseries Ltd), Victoria McRae (Falkirk & District CVS), Kay Pearson (Barnardo's), Stirling Carers Centre, Marie Urquhart (Raploch Community Partnership), Fidelma Guest (NHS FV) & Mandy Mann (Bright Care)

Alison welcomed everyone to the meeting and introduced some video conferencing tips for using Zoom:

- Permission to record - yes
- Have your voice muted when not speaking
- Turn off your mobile phone or have on silent
- Use the chat to ask questions and leave messages
- Reactions can give a hand clap or a thumbs up
- Use the hand to ask questions
- Allow short pauses to give people the chance to ask questions

**Covid-19** – link to Coronavirus Third Sector Information Hub on home page of website, follow GWT's social media and newsletter for updates.

GWT staff are now working online from home and reconnecting with local networks and projects. IG work came to a complete halt however there are signs that people are looking to reconnect in different ways. GWT is currently working on a directory of ideas which we will share soon.

GWT plan to offer online training shortly and more one to one support for care homes to reconnect, all network meetings will take place online until further notice. GWT is working in partnership with tech company Verizon to look at how we can reconnect the generations digitally, safely, by using avatars.

### [National Awards for Excellence in Intergenerational Work 2020.](#)

#### **1. Award for contribution to reducing loneliness and isolation**

Winner – Auld Yins and Wee Yins, Wellpark Children's Centre, Inverclyde

#### **2. Intergenerational volunteer of the year**

Winner – Heather from Granny Bees, Jaybees Childcare Ltd, Lockerbie

#### **3. Most innovative project**

Winner – Little Hands Big Hands, Windyhall Care Home, Ayrshire

#### **4. Most improved project**

Winner – Anam Cara's Wee Pals, Anam Cara, Ayrshire

#### **5. Award for promoting achievement and attainment in education**

Winner – Old's Cool by Citadel Youth Centre, Leith, Edinburgh

#### **6. The Yvonne Coull, Local Network Coordinator Award**

Winner – Louisa Turner, Fife Network

**GWT National Conference March 2020** – presentations available online at:

<https://generationsworkingtogether.org/news/national-conference-2020/>

**International Certificate in Intergenerational Learning (ICIL)** – Edition 5 starts today with 28 students from 9 countries (Scotland, England, Wales, Spain, Australia, America, Canada, Singapore & Korea). We have been able to increase our numbers this course from 20 due to an additional tutor joining the team. We hope to be able to offer 30 places on the next course due to commence end of October.

**Generations Working Together is recruiting two enthusiastic, committed, dependable and proactive volunteer trustees** to replace two board members who retired at our AGM last month. We are looking for a new treasurer and a trustee who have experience of working in the voluntary, public or private sector who want to become actively involved in progressing intergenerational work across Scotland.

### **Update and discussion**

- Michelle (Antonine Primary) have a gardening club at school with grandparents, parents and uncles working alongside pupils once a week. We extended this to working with our local care home. These meetings were once a term, working on things like bird feeders, Christmas decorations and gardening. Our school nursery also became involved with these projects, with residents visiting our school. Michelle is particularly interested in finding out about other projects, online training and anything linked to the measurement of the impact of projects. She has also started to create a system for our school to measure engagement based on the leaven scale which I am happy to share once complete. I would love to be kept in the loop with this.
- Fidelma Guest, Specialist Health Improvement Dietician is interested in how they can support intergenerational work using food, growing, and cooking for all ages across FV.
- Breda provided an update on the work of Dementia Friendly Dunblane which is having success at keeping people connected via their telephone befriending (two teenage volunteers involved), postcard of kindness and card making project, a soup run, and a world war two letter writing project (Dunblane Primary). Contact Breda for more exact details. Project volunteers involved are aged from secondary school pupils to the eldest who is 84 years of age. Many volunteers are of retirement age. Volunteers are key to the community in keeping everyone connected. Drivers for the soup run were delivering the cards made by the children at home.
- Dave Budd gave a report on the work of his dementia project which had been connecting with Pleian Library and a local primary school. His project is coming across barriers to digital work and they would be keen to be involved in GWT pilots for the avatars.
- Lesley reported on the support that Town Break staff were giving their clients across Stirling which included telephone befriending, CST weekly meetings were now online, and their befriending and friendship groups were sharing life stories.
- Volunteer Scotland are keen to know more and share GWT's offer of online training when it becomes available. Matthew encourages everyone to check out [Radio V podcasts](#) and would be keen to share news from Breda's, Lesley and Dave's project online.
- Breda pointed out that there are still school hubs open across Scotland which we could connect with for intergenerational work.

### **Chat links from Zoom meeting for sharing**

From Dave Budd : [www.ourconnectedneighbourhoods.org.uk](http://www.ourconnectedneighbourhoods.org.uk)

From Dave Budd : <https://ourconnectedneighbourhoods.org.uk/resources/covid-19-support-information-and-contacts>

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851

From Liz Rowlett : i am also collecting case studies for the local health and social care partnership and would love a mini write up of these projects (Dave, Lesley & Breda)

From Liz Rowlett : sounds good to connect to care homes. also an issue of people becoming isolated in sheltered housing.

From Liz Rowlett : what's the postcard campaign called? – [Postcard of Kindness](#)

From j davidson : where I live in Bridge of Allan we have active community support page called Bridge of Allan Cares. My kids go to Bridge of Allan school, I can certainly ask if they would like to be involved in Verizon pilot. My hubby works in online News at BBC but sounds like you have the right contacts there. You have my email details also

From Dave Budd : OCN launched Dial-An-Artist through its arts strand.

<https://ourconnectedneighbourhoods.org.uk/dial-an-artist/>

We are working to overcome digital barriers for people living with dementia who don't have access to digital tech via our digital strand. We are learning one digital solution doesn't fit all.

From Dave Budd : Our digital lead is: Alastair Cox <alastair@alastaircox.com>

From Breda Seaman : Postcards of Kindness is on facebook

From Liz Rowlett : can there be a push through Saltire award for intergenerational work? Yes absolutely

From Dave Budd : david.budd@stir.ac.uk

From mlinning : matthew.linning@volunteerscotland.org.uk

From Breda Seaman : dfdcoord@gmail.com

From lesley milne : Liz can you give me your contact details please.

From Liz Rowlett : it's a great course

From Liz Rowlett : liz.rowlett@ctsi.org.uk

From Liz Rowlett : May 5, SVE Zoom on wellbeing and support

**Our next meeting is planned for** Wednesday 26<sup>th</sup> August 2020, 9.30 – 11.30pm may feel some way off however please feel free to connect with us at any time if you need support or guidance in setting up intergenerational projects.

The August meeting will be held in the Forthbank Performance Sports Centre, Stirling however if that is not possible the meeting will be run online using Zoom.