### **Network Coordinators Meeting**

Date: 30<sup>th</sup> September 2020



Venue: zoom online from 10.30 - 12.30

**In attendance**:, Denise Nicolson, Loreen Pardoe, Kate Black, Louisa Turner, Donna McGlashan, Nicola Shaw, Bella Kerr, Sarah Wright, Kate Samuels

Apologies: Alison Black, Shonagh Ferguson, Anne Horne, Liz Rowlett.

### 1. Welcomes and apologies

# 2. Workshops (getting creative)

Coordinators spent 15 minutes in separate workshops exploring the activities and levels of contact that have been or could take place during the current COVID 19 pandemic.

# 3. Sharing feedback from workshops

- ♣ Bella Seed Swap is one of the projects RVS running with the FFLGT programme and is about encouraging different generations to grow vegetables in their garden, windowsill or balcony and then "chat" about how their growing is going. Each adult will be buddied with a child and they will email each other on a fortnightly basis. The seeds would be provided by FFLGT and to ensure safeguarding measures are in place the emails will be sent via an RVS volunteer. Further information will be sent out with a link and contact person.
- ♣ Alison UFOs (Unfinished Objects) is something that they had been working on. The City council. And schools do not use Zoom and the technology is a real issue. Further Education are looking at other options. Rapid response and creative learning working with Very Sheltered Housing. Aberdeen at Home newsletter in sheltered housing to keep communications going.
- Using zoom and break out rooms to meet neighbours.
- Some churches such as East Claremont in East Kilbride are using Zoom at Church meeting for a chat after at different tables and moving round the tables. They plan to try out zoom with some young people.
- → Denise most IG projects are on hold and the older peoples groups do not want to go online. They are communicating through telephone calls and newsletters. Though they have taken part in: knitting, seed share, cooking, sharing recipes, face book page. Also they have been involved in music making a CD which has been produced and sent out to older people.
- ♣ Denise reached out to the local school trying to find a way to connect. They are looking at virtual walks and discussions taking place with PE staff. The children are having lots of outdoor time at the moment. Alzheimer's local branch are interested in getting something to work on such as local tour guides.
- ★ Kate we are still working through with zoom keeping connections alive across Scotland through network meetings and training as well as webinars and conversations. Councils and

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851

schools are not using zoom but lot shas been happening locally in communities via zoom and face book such as: afternoon teas, plant pots, choirs with themes, live music and chats, gangsta grannies and granda group – paired reading, art work, newsletters,

- We should use our resource guides and other resources that are sent out for our network meetings with inspiring stories and ideas to keep connections alive and work on ageism and stereotyping with networks so that the preparation work is done if groups cannot meet together.
- ♣ Louisa has connected with school community garden face book page. Louisa noted there is a
  fear in school with risk assessments being carried out. Louisa is making links with connections
  community projects such as Blooming Haddington, Rotary, Community Gardens, Food Bank,
  Home Start East Lothian who are working connecting across ages.

## 4. Partnership Projects

#### • The Soil Association

Bella gave information about the project and will send out recipes and links. GWT continue to work with the project which is in its second year and links in with the Test and Learn areas Glasgow, Edinburgh and Inverclyde. GWT will be hosting IG Food Network meetings over the next year to encourage intergenerational work around talking, sharing, cooking or growing food with lots of ideas around cooking, sharing recipes, hosting strawberry teas etc. Go <a href="here">here</a> for more information. Grandparents Gardening Day is in April next year and the soil association is using this as one of the days they will connect with to roll out more about growing together. Bella will share resources when they are available for 2021.

### • The School Projects

- ♣ Bella St Clares in Drumchapel has put a hold on the project until it is safe for volunteers to come into the school. This far GWT has recruited 10 volunteers who will start in St Clares when it is safe to do so. Talks taking place with a secondary school in Perth to possibly do some virtual connections.
- → Donna -Gannochy Trust Project looking to get at least 100 primary aged pupils take part in a primary school online course looking at how they engage with older people. Also working with a minimum of 10 older volunteers going into secondary school.
- ♣ Nicola Primary 2 numeracy project. Volunteers not allowed into the school at moment. Jedburgh is the first primary school that all children have received IPads. The project has moved to work with primary 5 and looking at connecting with volunteers to do BINGO using Showbie app.
- Loreen mentioned that Dumfries and Galloway are looking into developing an online school. Bella will keenly investigate this as it is one of her network areas.

### • The Care Homes Project

Update – Network Coordinator nationwide GWT are hosting 2 meetings in October and November for activity coordinators / care home managers / appropriate persons to attend to discuss what IG

work is? Look at schools, youth groups and what true IG work is. Note that in this project when connecting with care homes very few people knew how to get connected intergenerationally.

### • World Food Day, The Big Soup and other festivities during winter months.

- ♣ WFD is 16<sup>th</sup> October Bella encouraged people to download the resources and share the message. The soil Association is linking in with the them of WFD and is hosting a cookalong on that day. The Big Soup is taking place 5<sup>th</sup> October lots of great resources.
- ♣ Malnutrition Awareness Week also on same date 5<sup>th</sup> October. Eat Well Age Well and Food
  Train work https://www.eatwellagewell.org.uk/aboutmaw

### 5.The future

### • The Excellence Awards and the GWT Conference 2021

These will take place and categories will be sent out shortly. The conference will take the format of webinars on Monday 8<sup>th</sup>, Wednesday 10<sup>th</sup> and Friday 12<sup>th</sup> March (the final day will be used to present certificates). We will keep you posted with further details as they emerge.

• Contacting Local Authority newsletters with GWT info

Good to contact local authority, community planning, community learning and development – small articles to advertise meetings etc. For anything larger see Kate to go over content.

• Contacting local community councils Contact CC members and invite or better still go talk with them at a meeting, same applies to colleges etc.

### 6. Vacancies for area Coordinators

There are vacancies across networks. Please advertise within your network and draw attention to the benefits.

### 7. Training

### Generations Working Together - some info on training dates

International Diploma in Intergenerational Learning – 7 weeks online – starting 27<sup>th</sup> October 2020 (£170 members £195 non members)

Intergenerational Training Course for Practitioners and Trainers – 10am – 4pm CPD Accredited (£75 - Full / £50 Concession) continue via zoom:

- 20<sup>th</sup> October 2020, West Coast Scotland
- 18<sup>th</sup> November 2020, Dumfries & Galloway & Scottish Borders

### Next meeting:

• 17<sup>th</sup> March 2021 Via Zoom 10 am until 12 noon Bring your creativity and send ideas to Bella for the Agenda if you can.

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851