

Glasgow and East Dunbartonshire Intergenerational Network Meeting

Date: 23.10.2020

Venue: 2-4pm on Zoom



In attendance: Lorraine Harris (Social Security Scotland), Michelle Candlish (Ceartas), Margaret Muir (Marie Curie), Anne McIlvain (East Dunbartonshire Voluntary Action), Marie Galligan (Pacific Care Ltd), Sheryl Walker (Neighbourhood Networks), Karen Moyes (Glasgow's Golden Generation), Gerry Kiernan (Independent Age), Frances Fitzpatrick (Volunteer GWT), Ann Innes (CACE), Courtney Thomas (Rosehill Housing), Gillian Mooney (Deafblind Scotland), Tim Coulton (Volunteer GWT), Barbara Adzajlic (Glasgow Health & Social Care Partnership).

Apologies: Trish McCluskey, Claire Bradley, Linda Haggerstone.

Generations Working Together discussed the aims behind intergenerational practice and why this is especially important during the pandemic to tackle loneliness and connect communities. A reminder was made to follow Scottish Government rules on health and safety when doing intergenerational practice during the pandemic. Generations Working Together is not able to give advice on this and company policies should be followed. Generations Working Together advised that we are currently looking for more examples of intergenerational work during the pandemic for case studies and articles.

GWT National Update:

Generations Working Together is currently working on developing more online events for 2020/21. Please get in touch with us on office@generationsworkingtogether.org if you have any ideas.

Intergenerational Excellence Awards 2021 will be released shortly. The categories will be adjusted next year and the details will be on our website www.generationsworkingtogether.org. Perhaps we can add a link to the new page Kate? <https://generationsworkingtogether.org/news/excellence-awards-2021/>

Intergenerational Training has now been moved online. We now offer introductory courses on intergenerational practice and ageism which are free and last approximately 3 hours each. Please share <https://generationsworkingtogether.org/training/online-training/>. Our one-day course for Glasgow and East Dunbartonshire will be delivered in January 2021 <https://generationsworkingtogether.org/training/intergenerational-training-course-for-trainers-and-practitioners-glasgow-east-dunbartonshire-01-01-1970>.

Our ICIL course is now called International Diploma in Intergenerational Learning (IDIL) it is a 7 week diploma that costs £170 members/£195 for non-members and is in partnership with the University of Granada. It runs from 3rd of November to 21st of December. You can register online now. <https://generationsworkingtogether.org/training/international-certificate-in-intergenerational-learning-edition-6-27-10-2020>

You can now support Generations Working Together through the community lottery in Glasgow. This funding will go towards supporting intergenerational projects in Glasgow. <https://generationsworkingtogether.org/news/glasgow-community-lottery-live-yaldi-20-10-2020>

Generations Working Together is currently looking for community choirs and singers for a Christmas social media campaign. Please share any choirs or singers from all over Scotland with us by emailing Kate@generationsworkingtogether.org or contacting us on social media.

Food for Life currently has online training on bringing people together through food. Generations Working Together currently has a free training available on how to bring people together through food. <https://soilassociation.typeform.com/to/i3LwNDnB>

Presentations- Karen from Glasgow's Golden Generations said that they have done a lot of work through the pandemic including delivering 12,000 food parcels and supporting 14,000 people with benefits. They have also created an app with different activities <https://glasgowgg.org.uk/ggg-mobile-and-tablet-app/>. There are many things that they could not do during pandemic such as lunch clubs, but creating online activities helped keep people connected. Glasgow University has also joined as a partner, choosing them as their charity for the year. This has led to university students volunteering with the organisation and it is easier to make intergenerational connections. Some future activities include cycling and hillwalking. GGG also have charity shops that are now open.

Independent Age –Are based in Glasgow and provide befriending, information and advice. They also have a helpline and have produced guides on things like bereavement. They are completely independent and have released a report on the unclaimed pension credits <https://www.independentage.org/policy-and-research/research-reports>. They are currently developing a report on mental health in later life and have recently done a project in Barclays that uses dot speakers to tackle loneliness. Additionally they have started a grant scheme <https://www.independentage.org/community/grants-fund>.

Sharing and Networking

- **Marie from Pacific Care Home** has been doing intergenerational work for many years. Recently undertaken a remote walk where people walk separately and has worked with a girl who taught BSL to residents. The care home also received lots of cards and pictures from younger people at the start of the lockdown and is connected to girls brigades.
- **Ann, East Dunbartonshire Voluntary Action** has not been able to do normal work such as lunch clubs. However has adapted well, doing telephone connections, started a new newsletter and is planning on connecting generations through letter writing.
- **Barbara from NHS** has produced a report on intergenerational initiatives. She talked about her findings, such as the communal grandma project in Finland <https://qz.com/1753602/how-communal-grandparents-are-helping-raise-finnish-children/>. She will share this with GWT and has recommended linking in with Thriving Places and community connectors.
- **Michelle is a link worker at Ceartas** and has worked with community groups, doing social prescribing. She has been looking for ideas on how to work with generations online and has recently done a video call where pets were shared which could be used to connect others. Some of her work during the pandemic has included starting a newsletter, telephone welfare calls and online calls with different people such as psychologists on themes like mental health. She has also worked with playlist for life and feels that this can be essential to people moving into a care homes.
- **Gillian from Deafblind Scotland** has been connecting with members on zoom, but this is not always accessible so always looking for new technologies. She has also been doing work with

members where she provides temporary IT devices (through technology library) and if they like them then she applies for funding to keep them permanently. She also delivers deaf blind awareness training.

Next meeting: Wednesday 3rd of February 2021, 10:00am - 12:00pm on Zoom.