



Generations  
Working  
Together



## Intergenerational Food Network

Central Scotland

3rd March 2021 10 am—12 noon

on zoom

### Agenda

10 am : Welcomes

10.10 am : Workshops

1. Cooking
2. Growing

10.20 am : Change workshops

10.35 am : Sharing feedback from workshops

10.55 am: Comfort break and bring a cuppa and a snack to share

11.05 am : eating and sharing

11.10 am: Donna 'The Soil Association'

- information re gardening week

11.30 am : GWT updates

- Information re GWT conference
- Information re intergenerational week

