
In attendance: David Steel, Emma Scott, Euan MacLean, Finlay McLintock

Apologies: Charlie Miller, Murdo MacLeod, Debbie Muir, Tina Lockhart, Sandra McGrath

1. Apologies & introductions

2. What has happened to intergenerational work during Covid?

Discussion took place around IG work of the past, Older Generations in Africa, How virtual networks now mean that we can meet anywhere with no geographical divide. How much work has ceased during COVID especially face to face work.

3. What intergenerational activities have continued?

Discussion about biking and bike skills and how this can be shared online – such as fixing a puncture etc Also looked at bike maintenance and mental health . Lots of stories about key workers being given out bikes. Emma Scott mentioned bikes that are needing refurbished there is a project based in Dumfries – repaired – someone could make good use of them.

4. How can we fix the issues to reconnecting and connecting generations?

We covered a conversation on the 7 levels of intergenerational work and Bella agreed to send out the chart showing these. Also discussed about planning community resilience and successful projects such as Food Train D & G, making a meal and sharing with a neighbour.

Discussed Mental Health – mental illness in Scotland and Support in Mind how long it has been operating and the history behind the org. Emma explained it is there for carers to support each other. Discussed the difficulties with Covid and services closed and limited face to face contact with people.

Emma invited along some students to take part in the meeting.

David Steel talked about the European Project ERASMUS – and how 6 different European countries worked at transferring heritage skills – with older people working at dry stone dyking, He explained that he worked with a rural skills group from Kirkcudbright Academy rebuilding a wall, pulling walls down. In the past some people with learning difficulties working with clay and it was good to work in this area. Gatehouse is a distance to travel- getting young people to cook and often they have little idea of where food comes from. Eat local – cook local – changing ideas about food – French, Spanish, colleagues at care homes, community centres, lace making, passing on traditional games, giving older people a sense of participating in a whole range of things. Some things in Scotland that we could learn from other countries.

Bike Buddies – a local organisation offers lots of different types of bikes. There are cycle paths and there is room in Gatehouse to cycle.

5. Understanding levels of contact on how to build intergenerational relationships during and after Covid

Earlier part of the pandemic locked down, outside new volunteers are now outside and far enough apart and still be part of a team.

6. Toolkits to help

- Connecting generations safely online
- Directory of ideas and resources
- Planning an Intergenerational Project – info sheet
- Intergenerational Training

7. Any other news?

8. 2021 _ Food Network Meeting

- TBC