



**Generations
Working
Together**

National Conference 2021

Webinar Synopsis

Webinar 1 - Monday 8th March 10 am — 11.30 am

Intergenerational Faith Communities (includes award presentation)

Speaker: Darren Phillip, Youth & Children's Development Worker, Livingston United Parish Church, Intergenerational Faith Communities.

From gathered assemblies in the Hebrew scriptures to the house groups of the earliest churches, ancient faith practices were inherently intergenerational. By blending theory and theology with examples of current intergenerational practice in Scotland, this webinar explores how core spiritual practices such as community, hospitality, learning, story-sharing, prayer, music and worship can shape communities of faith into intergenerational families of belonging.

Introducing: Ellie Stewart (Calderglen High), Gordon Palmer (Minister) and Anna Corlett (Claremont Parish Church).

The Befriender's Project ran by Claremont Parish Church and Calderglen High School with volunteer Avril Anderson's pivotal work has been established for over 10 years. During the pandemic they have managed to keep their intergenerational project going via telephone. A younger and older person will share their experiences, via video, of how the project has made a real impact to them and to others in the local community.

Webinar 2- Monday 8th March 2pm —3.30pm

Places for Intergenerational Encounters and Connections

Speaker: Jennifer Challinor, Project Officer, Building the Case for a Care Campus and Ageing Society.

We will look at what makes for good intergenerational spaces and places. We shall briefly explore some inspiring examples from our recent study trip to the Netherlands and Denmark in February 2020 and also how places and projects are developing in Dumfries & Galloway that are all about intergenerational connections. We will also share how we developed a brief for architects that involved community members of all ages as active partners in designing new spaces and in the repurposing of old ones.

Webinar 3– Wednesday 10th March 10 am — 11.45 am

Let's Get Rid of Ageism (includes award presentation)

Speaker: Jordan Giberson, Marketing Consultant, Guild Housing.

Ageism affects all of us – whether we are young, old, or somewhere in between. Ageism is a broad issue throughout the UK that exists in many different areas in society. In this webinar we will discuss this issue and the different areas of ageism that exist within our society including:

- Language – Tackling everyday ageist language used to talk about older and younger people.
- Cities – Making our cities more accessible and age-friendly.
- Services – Promote independence by making financial and technology services easier, safer and fairer to use.

Join us to discuss what ageism is, the many different areas we see ageism in our society, and what we can all do to put an end to ageism. [Stop Ageism](#) is a new initiative powered by Guild Living working to put an end to ageism across the UK. In order to tackle these issues, it is uniting a range of organisations – from charities and businesses in various industries, to media partners and individuals. STOP ageism has a wide variety of 45+ partners including Legal & General, Alzheimer's Research UK, GWT, and many others. Together, through the STOPageism platform, we believe we will amplify each other's voices to help stop ageism.

Speaker: Luke Price, Evidence Manager, Centre for Ageing Better.

Luke will be presenting on the Centre for Ageing Better's work on the topic of ageism, including research into stereotypes and narratives of ageing and older age within the UK. He will cover their recent competition on age positive icons.

Webinar 4 – Wednesday 10th March 1 pm — 2.30 pm

Food & Relationships (includes award presentation)

Speaker: Tilly Robinson-Miles, Impact and Policy Officer, Eat Well Age Well.

This webinar invites speakers from three organisations all of whom are connected via the environment. They will share their experiences around recycling and good food for all generations and how connecting in our communities between generations is all encompassing across the life course and important in our communities to help improve social isolation, loneliness and health and wellbeing as well as looking after the environment. It's about sharing and caring whilst growing and cooking and cutting down on waste. By using an intergenerational approach we can together build real trust, respect and friendships between the generations and improve our communities to be places people feel safe to grow up in and grow old in together.

"Eat Well Age Well" a national project which is part of the National Charity- Food Train, work to tackle malnutrition amongst older adults living at home in Scotland. Approximately 100,000 older people in Scotland are malnourished or at risk of malnutrition. Eat Well Age Well will be talking about the important role of food in bringing people together to prevent malnutrition, food insecurity and social isolation in older age. They will discuss the importance of recognising the social and wellbeing value of food, as well as of grassroot community initiatives, including intergenerational work, that provide older people with opportunities to eat, shop and cook with others.

Speaker: Donna Borokinni, Community Engagement Officer, Food for Life Get Togethers Scotland.

The Soil Association's [Food for Life Get Togethers](#) brings people together. And right now, it's more important than ever to stay connected with one another. Food for Life Get Togethers are regular community activities that connect people from all ages and backgrounds through growing, cooking and eating good food. Funded by the National Lottery Community Fund and delivered with the support of 6 national partners, Food for Life Get Togethers are part of a bigger movement, led by [The Soil Association's work in Scotland](#) to make good food the easy choice for everyone.

Speakers: Alison McKinnie Project Manager, Organics and Ylva Haglund, Campaigns Manager – Food Waste Reduction Zero Waste Scotland.

[Zero Waste Scotland Scotland](#) exists to lead Scotland to use products and resources responsibly, focusing on where we can have the greatest impact on climate change.

Alison and Ylva from Zero Waste Scotland invite you to a talk about their work on food waste – why it's so important that we reduce our food waste and that we recycle what is left, and how bringing together different generations to share ideas and experiences is invaluable in the fight against food waste, benefitting the planet, our pockets and our health.

Webinar 5 – Friday 12th March 10 am—11.30 am

Innovation

Speaker: Jason Blyth, Principal Teacher of Music, Bertha Park High School, Perth.

Reaching Out with Radio

The pupils and staff at Bertha Park High School in Perth believe no one should feel lonely or isolated, so they are establishing an online radio station playing music, taking requests, shout-outs and mentions, aimed specifically at older people in the community. Their aim is to establish a truly intergenerational experience, including and engaging people of all ages as the station grows and develops. In this session, the pupils tell their story so far.

Speaker: Edel Roddy, Project Coordinator, Generations Working Together

Kinections - Creative Approaches to Strengthening Connections

The Creative Approaches to Strengthening Connections webinar will showcase a range of free online resources which have been designed to stimulate fresh, energising and insightful conversations between people. These resources were created as part of a project called Kinections which explored enhancing community in care homes, they are fundamentally about bringing people together and cherishing our shared humanity as humans across ages, settings and social circumstance. The webinar will take a practical approach to illustrating how these resources can be used and where to access information and ideas about where, when and how people might give them a go. We will also share some examples of how these resources have been used by projected connected to Generations Working Together. The resources can be accessed [here](#).

Webinar 6 – Friday 12th March 12 noon—1.30 pm

Research & Innovation (includes two award presentations)

Speaker: Dr Louise A. Brown Nicholls, Senior Lecturer, Director, Strathclyde Ageing Network, University of Strathclyde

Our research has addressed the potential for community-based intergenerational engagement to benefit older adults' health and wellbeing. We will first present key findings from a systematic review which synthesises the available evidence on the health and wellbeing outcomes for older adults participating in a variety of community-based intergenerational engagement activities. We will also provide an overview of our primary school-based intergenerational engagement programme. This will include key findings from our pilot randomised, controlled trial of the health outcomes for our older adult volunteers, as well as additional insights from qualitative research involving the older adult volunteers, pupils, and school staff.

Speakers : Anneke Fitzgerald, PHD Professor Emeritus, Griffith University, Gold Coast campus, Australia and Greg Cronan, Researcher/Program Director at Intergenerational Learning Australia.

Intergenerational learning using video conferencing

Coming from a technology design and implementation background, **Greg** has applied unified communications and telehealth solutions into an 'intergenerational learning using video conferencing' program. After completing studies and research about intergenerational learning at Griffith University Greg – in conjunction with Professor Anneke Fitzgerald – have developed and implemented this program over the past 18 months. These weekly interactions involve elders at residential aged care homes discussing school topics via video calls with students in their classrooms. In addition to reciprocal learning outcomes for both age groups, there have been positive changes in behaviour, attendance rates, calmness, attentiveness, mood, empathy, curiosity and joy along with doses of humour! The next phase will include elders living at home.

In this workshop, **Anneke** will first outline the current state of Australian intergenerational Practice. Then, Greg will be presenting a video he prepared on his excellent work connecting school children with older residents in a care home in Sydney, Australia. After the video, Greg and Anneke will be able to answer any questions and discuss what the future of intergenerational Practice Research might look like.