

Ayrshire & Arran Intergenerational Network Meeting

Venue: Ayrshire Housing Ayrshire Housing, 119 Main Street, Ayr, KA8 8BX

Date and time: 25^h August 10.30 am – 12.30 pm

Meeting Report

In Attendance:

Vincent McWhirter The Outdoor Partnership, Ayrshire, Christie Anderson East Ayrshire Council, Gillian Cree East Ayrshire Council, Bonnie Hart East Ayrshire Council, Elizabeth Dougall South Ayrshire Health and Social Care Partnership, Rebecca Lennon East Ayrshire Council, Christy Anderson East Ayrshire Council, Sandra McMath South Ayrshire Council, Lorraine Bruce Sight Scotland Veterans, Caitlyn Lennox East Ayrshire Council, Anna Stark Voluntary Action South Ayrshire, Neil Goudie South Ayrshire HSCP, Lesley Hannah Outdoor Partnership, Stefany Lawrie CLD, South Ayrshire and Bella Kerr GWT.

Apologies:

Pam MaxwellSCDN
Nicola Tomkinson
Graham Hunter
Wilma Love EAC
Marie Oliver VASA
Alison Catherine Milroy Girvan Early Years Centre
Rebecca Lennon East Ayrshire Council
Laura McMail NODA (No-One Dies Alone Ayrshire)
Laura Jane McMail NODA Ayrshire

1. Welcome and introductions

Informal introductions and a small sharing first name and hobby exercise as an we friendly exercise and one that could be used again in an intergenerational setting.

2. Intergenerational Practice and Inclusive Communities. What could they be like?

Discussion took place about communities and reaching out to all ages, brining everyone into the community and connecting through food activities and food in general. Bella covered some ideas around stereotypes and ageism and how what we see in a person when we look at them isn't always what a person is like. Group talked about sharing food in community projects and how they believed that food was a good way of getting people together.

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Food Activity

Everyone took part in a food activity using fruit and some veg to make a face of the person whom they had paired up with at the start. This activity was very much about touching food, smelling it and sharing ideas whilst making an image out of fruit. It was a practical activity and people can eat their food after it took place - this activity was to get people to talk and to link in with each other.

Network Feedback on your own activities / plans / network opportunity

Discussion about intergenerational work and how it really did include everyone across generations. People talked about sharing potatoes, sharing in community projects, young people events and games at Dumfries House, Tea dances planned to involve young people in the activities mixing with older people. Some have built relationships and a few schools have opened to the idea. Carers event took place in Prestwick Academy and older carers and primary school were involved in a sing song. Lots of possibilities to explore and people making links for partnerships.

We know through Ayrshire & Arran network consist of 319 members and Bella explained that people can go onto the network and reach out to other organisations in their area who may wish to form a partnership and carry out some intergenerational work. [Look at the link here to see the membership](#) and see if you can find someone who would be interested in linking in with you.

3. National Updates from Generations Working Together

Soil Association, Food for Life Get Togethers

GWT work with the Soil Association on Food for Life Get Togethers and we have a My Intergenerational Food Network meeting some time in August. The session are interesting and we have covered junk food versus granny and grandads recipe – eating well, cooking from scratch etc. Bella offered to send links to resources [Strawberry Wellies](#) and you can find more resources that are free on the [food for life website here](#)

Get in touch if you want more information bella@generationsworkingtogether.org or telephone 01415595024

Generation Working Together resources on website with ideas for use such as case studies and tool kits. Bella gave out a couple of copies of [Storytelling Resource](#) that has recently been put together with PLAY Scotland and GWT. This is a great resource to use you will find it packed with best practice, steps to take you through how to get started and other useful free resources from GWT and Play Scotland, alongside case studies and practitioners' top tips and suggestions.

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On behalf of IFIC Scotland and the ALLIANCE

GWT have been involved in this and are pleased to share the final report of the discovery project on Wellbeing in Later Life. Overall, 70 organisations and communities in Scotland participated in our virtual Wellbeing in Later Life learning community that involved older people and organisations from different sectors. The knowledge exchange was further enriched by international learning partners and through two webinars on healthy ageing involving people from 22 countries. Highlights of the 11 interactive sessions and links to relevant resources are contained in [flash reports available here](#).

[The Wellbeing in Later Life report can be accessed here](#)

Excellence Awards

The awards will be launched in October with a launch session hosted by Bella Kerr and Lorraine George. The session will offer people the opportunity to see the guidelines and what the criteria is in filling in the awards forms.

Generations Working Together Annual Conference

The conference will take place on Wednesday 8th March @ University of Strathclyde. More information will be available later this year.

Global IG Week

The week is happening for the 3rd time with more countries signing up to be involved. It runs from 24th April to 30th April. More information to follow on this exciting and inspiring week.

Intergenerational Training

1. Intergenerational Training Course for Practitioners and Trainers – full day training CPD Accredited (£100 - Full / £70 Concession) [Dates for training here](#)

2. Short online course FREE with a digital badge to download on completion [Links to courses here](#)

3. International Certificate in Intergenerational Practice 8 week online course CPD accredited, runs usually twice a year [Links to further information](#)

Next meeting: 2023 to be confirmed, people offered ideas of venues which I will be pursuing. Thanks to all.

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