

Network Meeting - Grampian

Date: 13/09/2022

Venue: Rosemount Community Centre, Aberdeen



In attendance:

Ruairidh Smith (GWT)
David Fryer (Torry Development Trust)
Wendy Watson (Shared Lives Aberdeenshire)
Louise Phillips (University of Aberdeen)
Jess Carnegie (Deveron Projects)
Dave Salmond (The Wood Foundation)
Alec Thompson-Miller (ACE Voices)
Lorna Glen (Torry Development Trust)
Mandy Clarke (Creative Learning ACC)
Ellie Hepburn (ACVO)
Dorothy Burke (ACC)
Sharon Francis (AVA)
Emma Christie (AVA)

Apologies:

Aileen Longino (AVA), Aimi Blueman (AVA), Carol Baig (ACC)

Agenda and Comments

1. Welcomes and introductions

- Each member introduced themselves and spoke about their interest and work in intergenerational practice.

2. Ruairidh delivered 20-minute presentation

- Presentation included: Intergenerational vs. Multigenerational, mutual benefit, role of intergenerational projects in generating 'upstream' improvements to health and wellbeing (particularly in tackling social isolation), how spaces and places are key to achieving effective IG output and how GWT can support this.

3. 30 Minute Break/Breakout opportunity

- An opportunity to get tea/coffee and network with other attendees.

4. Exercise: Handouts on 'Planning an intergenerational activity' given to members and discussed. Handouts to be kept, so as to help inform future projects.

- Open table conversation about various ongoing projects (see below).

5. GWT updates

Ruairidh offered information on:

- Upcoming ICIP Training
- Excellence awards
- Annual Conference
- Global IG Week.

(See below)**

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851

6. Evaluation and close of session

- Each attendee filled in a network evaluation form.

Local Updates

- Torry Development trust (Lorna, David and Alec) currently working on outdoor intergenerational projects, including the development of a community housing village.
- Discussion on barriers to IG work, with PVGs cited as a common barrier.
- Louise from University of Aberdeen spoke about a lack of opportunity for university students to engage in intergenerational practice. Hopeful that this is something that can gradually change and begin to be recognised and implemented by both universities and local community groups.
- Dave Salmond is working with Bucksburn academy (an Excelerate school) and is in the process of developing a street art project and is also tying with a men's shed to explore opportunities for intergenerational design and tech classes. These are in the planning phase, so we are excited to see how they progress.
- Jess from Deveron Projects has been leading on a variety of intergenerational projects in Huntley for a while.
- Mandy spoke about how a previous intergenerational project she had led on had failed, as participants perhaps didn't understand how project was intended to work. A good discussion on the importance of briefing participants in advance and ensuring that they understand the project followed.
- Sharon from AVA has recently set up a new network for all things volunteering in the Aberdeenshire area. This provides updates on a large range of upcoming events, projects etc. which members can tie in with.

Key GWT Updates**

GWT National Conference 2023 – 8th March 2023

To be held in Technology, and Innovation Centre, University of Strathclyde, Glasgow. Programme themes are being planned and will be announced later in year.

Global Intergenerational week 2023 – 24th to 30th April 2023

In its fourth year, the week looks to inspire individuals, groups, organisations, local/national government, and NGOs to fully embrace intergenerational practice, connecting people of all ages especially the younger and older generations. Programme themes for 2023 are being planned and will be announced later in the Autumn

International Certificate in Intergenerational Practice (ICIP)

Dates: Monday 3rd October - 4th December 2022

This course now sits within GWT's own Moodle platform however we continue to run and develop the course in close partnership with the Macrosad Chair of Intergenerational Studies, Professor Mariano Sanchez at the University of Granada.

- **Free short online courses**

1. What is Intergenerational Work?
2. Overcoming Ageism through an Intergenerational Lens
3. Planning your Intergenerational Project
4. Intergenerational Housing, Places and Spaces
5. Measuring the Impact of Intergenerational projects

- **Intergenerational Training (1 day)**

Edition 2 - Our one day training course has recently been refreshed and updated bringing new activities and topics to the fore.

Costs: £70 – Concession: GWT Member / Third Sector Under 250K / GWT Member Public £100 – Full: Non member/Private/Public

- **Workplace (2.5 hours)**

Age Awareness Training for Intergenerational Teams (Workplace)

The training is based on the latest academic research in intergenerational practice and will be delivered on-site by GWT's expert staff.

Up to 16 participants per session Cost £400.00

Food for Life Food Network Meeting online

This meeting is open to anyone interested in IG work and sharing, cooking of growing food
- 25th October 10.30 am – 12.30 pm

Winter Meeting for all networks in January 2023 TBC.