

## Workshop synopsis 2023

### Workshop 1 – Developing a pathway for children and young people

As we strive to build an intergenerational nation within Scotland it is increasingly important to recognise the benefits which come from developing an intergenerational approach for children and young people, supporting them through intergenerational learning opportunities to experience, understand and value the diversity and difference that comes with ageing. This session will explore how intergenerational learning for children and young people can be offered creatively not only within education, but also as part of extra curricula activities, developing a pathway of creative intergenerational learning opportunities in the community. As part of the workshop discussion Lorraine will share the newly developed GWT intergenerational primary school module and the supporting guidance documents for teachers.

**Learning outcomes:** After the workshop delegates will be able to: Understand the benefits that come from developing intergenerational opportunities within the curriculum and how to access the appropriate guidance documents.

**Facilitators:** Lorraine George, Learning & Development Officer (GWT)

### Workshop 2 – Intergenerational Interventions

#### An evidence gap map: bringing the research to you

In this session we will be presenting our recently produced evidence gap map of research on intergenerational interventions. The map contains all the published and unpublished studies evaluating the effectiveness of intergenerational interventions using a randomised controlled trial design. The map contains 500 studies. We have coded the studies so that is possible to see the many types of interventions that have been evaluated, what they included and the outcomes that were measured. We will provide a brief overview of the process to create the map but will focus on what the map can show us. As part of the workshop, we will ask the audience to work in small groups to answer specified questions using the map. There will also be opportunities for the audience to raise and explore their own questions from the map. The value in the map in supporting funding plans will be discussed.

**Learning outcomes:** The main learning points from this session are to introduce you to the Evidence Gap Map for research evidence on Intergenerational Interventions and practice how to use it as a resource. Through this we will generate understanding about what we mean by research evidence and how we can use it to inform our future research and practice.

**Facilitators:** Fiona Campbell, Senior Lecturer (Newcastle University) & Rebecca Whear, Researcher (NIHR ARC Southwest Peninsula)

### **Workshop 3 – How do we support Scotland to become an Intergenerational Nation**

One of GWT's strategic aims for 2020-25 is to commence on a journey of enabling Scotland to become an intergenerational nation. GWT continues to develop the local and thematic networks and events, has grown social media communication and created and delivered a wider variety of intergenerational training opportunities. However, that said we would like to know from you what you feel GWT, and our membership could be doing to make this dream a reality. What does an intergenerational nation look like and how do we get there? Join us for a lively discussion sharing your thoughts on practicalities, policy-influencing opportunities and identifying some of the potential barriers or challenges which may prevent us in achieving our goals.

**Learning outcomes:** After the workshops delegates will have a better understanding of what an intergenerational Nation could look like and how we together can connect and help support this to happen.

**Facilitator:** Ruairidh Smith, Policy Officer (GWT), Charlie Murphy, Training & Evaluation Consultant & Anne Callaghan, Trustee (GWT)

### **Workshop 4 – Intergenerational Age-Friendly Cities and Communities**

Ageing in urban environments has received significant policy and practice attention, through the WHO Age-friendly Cities and Communities (AFCC) movement and associated guidelines to support active ageing by optimizing opportunities for health, participation and security in order to enhance quality of life as people age. Whilst there has been significant progress as a result of the AFCC agenda, there has been a paucity of research exploring the implications of this for intergenerational practice, across different urban, social and cultural contexts. This workshop draws upon international case study research in the UK (Edinburgh, Glasgow and Manchester) and Global South (India and Brazil) to explore the ways in which intergenerational understandings of place are understood by older people in different communities. We will discuss the challenges and opportunities for the AFCC movement and work towards identifying some of the potential ways forward for the design and delivery of intergenerational age-friendly cities and communities.

**Learning outcomes:** At the end of this session, participants should be able to understand more about the challenges and opportunities to delivering intergenerational practice across different urban, social and cultural contexts.

**Facilitator:** Ryan Woolrych, PhD. Director of the Urban Institute, and Professor in Ageing and Urban Studies (Heriot Watt University)

**Workshop 5 – Community Learning and Development goes intergenerational**

This session aims to explore the relationship between intergenerational practice and CLD, and how CLD practitioners can ensure that intergenerational relationships are formed in a positive way. We will hear from two CLD practitioners about their process and plans to integrate intergenerational work into their own practice. We will look at Intergenerational standards and how they fit comfortably with CLD standards in many ways. The workshop will further explore intergenerational practice and lifelong learning and the benefits for future work using a collaborative approach.

**Learning Outcomes:** Participants should feel confident to work in an Intergenerational collaboration with CLD and understand the process and planning stages of doing so.

**Facilitators:** Robbie Crow, Development Officer (Scottish Government), Steven MacLennan, Development Officer (Workforce) and Graham Hunter, Community Development Worker (North Ayrshire Council)