

Lanarkshire intergenerational Network Meeting

24th May 1.30 pm – 3.30 pm

In New College Lanarkshire, 1 Enterprise Way, Motherwell ML1 2TX



Attendees: Bella Kerr GWT, Stuart Matson Routes to Work Ltd, Amanda Jackson Carluke Development Trust, John Downs Larkhall & District Volunteer Group, Jillian McGovern NHS Lanarkshire, Renaissance care Croftbank House, Louise James NHS Lanarkshire, Allys Ludlow Trees for Cities, Dionne Gallacher South Lanarkshire Council, Michelle Watson NHS Lanarkshire, Lauren Taylot NHS, Carolyn Hamilton Community Learning and Development, Sandra Maguire New College Lanarkshire, Megan McNeil NHS Lanarkshire,

Guest Speaker: Dr Rosamund Harrington School of Allied Health, Faculty of Health Sciences Australian Catholic University.

Apologies: Gillian McLaughlin SAMH, Melissa Kerr Condorrat Primary Nursery Cumbernauld, Mark Kay NHS Lanarkshire, Richard Bolton Forgewood Housing Cooperative, Lorna Shearer NHS Lanarkshire, Laura Biggart Befriend Motherwell, Dionne Gallacher South Lanarkshire Council, Lauren Kenny Renaissance Care, AnneMarie Bruce NHS Lanarkshire, Jean Douglas Carluke Development Trust, Scott Broadfoot South Lanarkshire Libraries.

Welcomes

We started with a welcome and intro and moved on quickly to a short icebreaker using some images of dancing both old time jive, disco, hip hop, break dance etc. This involved a short discussion about dancing today and memories of dancing in general. Each person chose an image and shared with the group, and this formed a story which worked out like a kind of storytelling icebreaker conversation.

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Case Study

We looked at example research 'A Study of Intergenerational Community Relationships' and in doing so explored further the other aspects of intergenerational relationships in our communities. People were interested in the ideas of the study and Bella explained that GWT have been funded to carry out a piece of participatory research. Conversations ensued and was interesting to hear people's thoughts and insights into community of teenagers and older people.

Generational Names

We looked at generational names and where we fitted in to them. Generational terms are something that we often forget about, and it is a good way of looking at ageism and stereotypes and to recognise that generations have difference but that they also have great similarities.

We took part in the ice breaker read through the case study and looked generational names. We talked about youth clubs with some people feeling that youth clubs did not exist any more and some said there were lots of youth clubs but they had been started by volunteers and were 3rd sector orgs. Someone mentioned that funding cuts had affected a lot of youth clubs and many had closed. Amanda mentioned that she recalls there used to be Blue Light Discos and football matches that community police organised but again conversations came back to lack of funding or limited staff availability and that this does not take place anymore.

The guest speaker from Australia Dr Rosamund Harrington gave an overview of her project and will send on the slides which Bella will send out. Here is some information <https://grandschoolsproject.files.wordpress.com/2020/04/grandschools-brochure.pdf>

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Local IG Network Conversation and Feedback

Ros's presentation brought people to talk about how we create intentional interactions between younger and older people?

Stuart spoke about the Princes Trust and work that has been done with young people and care homes. He works for 'Routes to Work' and has sent over the report on their recent registration with social value UK. He also mentioned routes to work in schools and how the impact of COVID has made it a challenge to get young people into positive destinations. Stuart is involved with University of West Coast Scotland looking at social value and return on investment and looking at the value of the benefit to the person. 1200 people involved in routes to work working with employed people all aged 17 + it is a holistic service and covers childcare costs upskilling and looking at positive destinations.

[No one left behind policy](#)

[Employability Support | Routes To Work | Scotland](#)

[Routes To Work join Social Value UK as Organisational Members - Social Value UK](#)

Discussed modern apprenticeships and how this was another route for young people instead of university.

One person spoke about nursery children meeting older residents from a local care home, also that Princess Trust teenagers meet with residents. One school St John the Baptist meets with older people every Wednesday morning.

Carolyn talked about bringing everyone together and that building partnership can have its challenges. She works in North Lan and with carers from Cumbernauld with family learning birth to 5 years old and outdoor work. Bringing people together outside with 3 garden groups and at the IG ones all generations come. They are working with an 87-year-old who is deaf and lip reads, they have shown young person how to plant. Families talk to older gens and multi gen learning opens it up with sharing knowledge. Some young people do not have grandparents and some older people do not have grandchildren, so it works out well.

John IG work is unintentional with a small staff team and 10 activity groups which volunteers run (covering 5 generations) Local High School pupils involved with IT groups which used to be tutor run with mobile phones, I pads. 4 young people drop in and assist people to use their technology.

Amanda Kelvin college student and people from Leonard Cheshire (former employment) connected through zoom it was a positive relationship that formed between the groups.

Allys – Trees for Cities There is a lot of work involved in how to identify trees and look after them. There is also work being done in North Lanarkshire and the whole project is funded by the NLCF. Look at the website [Trees for Cities](#) for further information.

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[Rowntree Report Children Living in Poverty](#)

Discussed how schools and communities are looking at free breakfast and looking at changes in local communities. **CLD North Lanarkshire** have been involved in a woodwork project with a mental health men's group and joinery students working together to build something.

[Team from Health improvement](#) came along to find out more about IG work and are interested in looking at it. Bella spoke about social prescribing and how IG work and relationships formed fit in with the social prescribing model. Read here for GWT [Blog on social prescribing and IG work](#).

Amanda spoke about her role with [Carluke Development Trust](#) and the 2.1 million [High Mill Project](#) – connecting stories about the mill, strawberries, cornflower and more. They have 3 poly tunnels and a growing seed which they keep half and share half. They are bringing contractors and looking at old trades and they are learning how to get everyone opinions and feelings and find out what people want to do with the site. Its dig and get dirty a site for the community young team / old team can all use it. Lots of ideas from older and younger people and stories for the future.

Do not forget if you are not a member please join, its FREE to anyone living in Scotland.

Next network meeting

The next meeting will take place 7th September @ 2pm till roughly 4pm in Larkhall & District Volunteer Group 55 Victoria St, Larkhall ML9 2BW

Future venues for 2024

We will host our first meeting of 2024 in Carluke and I am looking for somewhere after that so open to suggestions for another area in Lanarkshire.

Evaluation – everyone filled in GWT network evaluation form.

Network is reminded that if they have a specific topic that they want to be discussed at a network meeting, let Bella know and we can put on the agenda.

Updates from Generations Working Together

GWT News, Trainings & Events

National Intergenerational News

GWT Annual Conference

The Conference took place at the beginning of March in Glasgow. This year several academics from around the world were in attendance. The main point of discussion and audience participation was 'What does Intergenerational Quality Look Like?'

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GWT Excellence Awards

Each year applications are opened in November with various criteria for projects to submit stories of their intergenerational interactions.

To view films of this year's award winners please follow the link for inspiration.
<https://generationsworkingtogether.org/news/gwts-excellence-awards-2023>

In 2022, there was a workshop to help applicants apply for an Excellence Award. People present stated that they would like to attend the 2023 workshop for guidelines. Everyone present was encouraged to apply.

Generations Working Together Website

<https://generationsworkingtogether.org/>

The website is due for a major tidy/updating and we would like to hear from our members what they do not like about it or what they find difficult to access. We would also like to know what members do like and what they would like to keep. We have had some suggestions of inserting Twitter feeds, is there anything else that you feel should be inserted?

The Network page is a page for members who deliver an intergenerational approach in geographical areas throughout Scotland, it is a space to publicise what is going on and a space to make connections. If you would like your project highlighted, please do get in touch with your Network coordinator Bella Kerr – bella@gwt.scot or with a member of the GWT team.

GWT Successful Funding Bids

GWT was successful in receiving funding to create a publication for an intergenerational approach to older people. Lorraine George, Learning and Development Officer will be visiting groups and hosting online sessions with groups to research and hear about their existing approaches to recruiting, maintaining, training and delivering intergenerational projects with older people. Lorraine will identify commonalities and gaps which GWT could support with to encourage more participation of older people in projects. She will then create a publication for the wider community to use. If you represent an older people's group and would like to contribute to the initial research, please get in touch with Lorraine directly.
Lorraine@gwt.scot

Participatory Research and Community Safety

GWT are preparing work on new ground-breaking participatory research. Funded by [UK Research and Innovation](#) and delivered by [The Young Foundation](#), the Community Knowledge Fund supports grassroots community groups and organisations across the UK to find new solutions to local and national challenges by uncovering knowledge and turning great ideas into action. GWT are currently in Phase 1 of the grant process which they are working on over the first 6 months (ending in July 2023) to explore participatory research and develop an Intergenerational Framework testing intergenerational relationships in Glasgow centre area. They have set up their first meetings with Youth Groups and groups of older people on this community led research. The intergenerational approach is aiming to allow all voices to be heard so that people can work together to explore community safety and intergenerational interventions. We aim to get to phase 2 of the research and will keep you informed on the progress and indeed invite people to take part. [Bella Kerr](#) is the

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Intergenerational Development Officer facilitating the research and she can be contacted if you wish to know anything further.

Global Intergenerational Week

[Global intergenerational Week](#) takes place this year 24 – 30th April #GIW23. Have a look and see some of the fun activities that you can use to take part, such as Host a mix and mingle, a photo diary challenge, and watch the new promotional video.

Thematic Network Meetings : We continue to host the thematic network meetings online via zoom, here are the links, you can read more about them and choose which one would suit you most;

[Ageism Network](#) Together with our membership GWT will host conversations around how intergenerational approaches can be used to address ageism.

[Housing, Places and Spaces](#) Network Join GWT's new network which will meet 3-4 times per year to share the latest information and resources from the field, facilitate peer learning, and grow the community of intergenerational housing, places and spaces.

[Research](#) Network Our aim is to connect practitioners, policy makers, academics and researchers who are actively or interested in investigating the impact of intergenerational work/relationships on both younger and older aged participants to come together to discuss research around intergenerational practice.

[Care Home](#) Network To build on the connections made with care homes across Scotland during the pandemic GWT would like to further develop these links by developing a thematic Care Home Network.

Celebratory Events

[The Month of Community](#) is a time when we come together to celebrate everything that makes our communities great. Join in this June - whether you want to say cheers to volunteers, connect with your neighbours, support a cause you care about, or simply to say thank you, it's all part of the Month of Community!

Intergenerational Training

1. [Intergenerational Training One Day Course](#) Intergenerational work is a proven approach which addresses a range of challenges facing people living across Scotland and the UK. The approach is gaining higher profile within the voluntary, public and private sectors and supports the delivery of the Scottish Government's policies and strategies including A Connected Scotland and A Fairer Scotland for Older people. **Cost** £70 – Concession: GWT Member / Third Sector Under 250K / GWT Member Public £100 – Full: Non member/Private/Public

2. [International Certificate in Intergenerational Practice](#) - Edition 3 2:00pm Tuesday 2nd May - 11:00pm Monday 26th June 2023 Online

This course is aimed at anyone who wants to gain a deeper understanding of intergenerational work, its purpose, impact and practical application to enable them to apply this within their own work.

"I am so glad I came across this course! It has been so helpful and motivated me even more to persist and strive to bring the generations together."

(Student, IDIL 2, 2021)

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Cost Member: £230 Non-Member £275

3. [Workplace \(2.5 hours\) Age Awareness Training for Intergenerational Teams](#)
(Workplace)

With five generations in the workplace for the first time, the need for employers to understand and capitalise on their intergenerational workforce is greater than ever. Generations Working Together have developed a two and a half hour training course aimed at employers and employees to identify and address how intergenerational practice can increase collaboration in the workplace. Up to 16 participants per session (face to face) or up to 30 participants per session online.

Cost £400.00

Testimonial from [YUGO](#): *Thank you to Lorraine George and the team at Generations Working Together (GWT) for their insight on age awareness and helping our Yugoers grow by understanding what motivates different generations in the workplace. We are thankful for the knowledge of the benefits of an intergenerational workforce, and we learnt to feel more comfortable with problem-solving during situations. We highly recommend GWT's program for any organisation with intergenerational teams. (March 2023)*