



Creating
Intergenerational
Communities



The **Creating Intergenerational Communities Programme** brings together expert partners in all four United Kingdom nations to bridge the generational divide in our ageing society. By combining skills, expertise and learning the programme will support the development of quality intergenerational practice which will enable people of all ages to build relationships and collaborate across communities.

The Programme will develop, introduce and test a new set of guidelines to better equip intergenerational practitioners to nurture quality intergenerational connections in communities across the UK.

Intergenerational practice aims to bring people together in purposeful, mutually beneficial activities which promote greater understanding and respect between generations and contributes to building more cohesive communities. Intergenerational practice is inclusive, building on the positive resources that the younger and older have to offer each other and those around them. (Beth Johnson Foundation, 2009)

An Intergenerational approach:

- Enables people of different generations, who might otherwise never have contact, work together to learn, have fun, and build a relationship with each other in positive and creative ways.
- Involves mutually beneficial activities that remove barriers of stereotype and ageism between the generations.
- Helps to address and reduce social isolation and loneliness and contributes to good health and wellbeing.

Over 2 years there will be up to 30 projects involved in testing a new set of guidelines. Projects will be supported to undertake intergenerational training.

If you are interested in getting involved, please get in touch!

Principles of Intergenerational Practice

There are several principles of intergenerational practice, based on **Pinto et al; 2009**, which should be considered when adopting an intergenerational approach.



Asset-based ↓

© Apples and Honey Nightingale



↑ Equal participation

© Linking Generations Northern Ireland



← Mutual and reciprocal benefit

© Abbotsford Care Home and Kinglassie Nursery, Fife, Scotland



**Strengthens →
community bonds
and promotes active
citizenship**

© Glaitness Primary
School and Eunson Kloss
(Supported Accommodation),
Orkney Isles, Scotland



Well-planned →

© Linking Generations
Northern Ireland



← **Culturally grounded**

© Link Living Social Café & Torryburn Nursery, Fife, Scotland



Challenges ageism →

© Ayrshire Boatbuilding Project



← **Cross-disciplinary or Inter-disciplinary**

© Home Share Clarion Project 22



Contact details

Find out more about **Creating Intergenerational Communities Programme** from each of the respective partner organisations based in England, Northern Ireland and Scotland.

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