Scottish Borders Intergenerational Network Notes

Date and Time: 20th September 11 am – 1 pm Venue: Jedburgh Campus Priors Road Jedburgh TD8 6HH





Generations Working Together

Attendees: Coreen Knight Scottish Borders Council, Graham Clark Living Streets, Lorraine Anderson GWT Connector, Emma Husband Scottish Borders Council, Phoebe May Scottish Borders Council, Sandra Martin Living Streets, Bella Kerr GWT.

Apologies: Loreen Pardoe SftS Haddington, Susan Black Trust Housing, Denise Carmichael Walk It.

Intergenerational Planning and Matt Kaplan Levels of contact

We discussed planning an intergenerational (IG) project and looked at the planning resource that GWT offered. We looked at Matt Kaplans levels of contact.

Local Updates

We discussed the skatepark in Kelso and the young people being involved in connecting with local residents building relationships. These young people won the youth engagement award. They have been involved in meeting with neighbours around the skatepark and introducing themselves. They are also involved in a stonecarving project giving out stonecarvings made by them to residents for their gardens.

We discussed pastoral guidance learning together with parents and children and a dads group who started a camping weekend. This was shown during the learning festival. All of these ideas we discussed touched upon stereotypes, agesim and bringing generations together to break down barriers and connect. We talked about hoodies which used to be viewed as something scary people wearing clothes with hoods up but that nowadays many more people wear them.

It was also discussed that Paths for All may have some funding and it may be something that can be used to start some IG work. **Graham and Sandra** told us about programmes with two elements the school programme which is running as a pilot until March to find out how people are getting about locally. They are carrying out work in Burnfoot and the three valleys with Living Streets getting people out walking more.

Coreen works with parents to support triple P with referrals and one to ones through CLD Borders adult and family learning and it was discssued that GWT could offer a learning workshop. Bella agreed to send IG activities book and encouraged those who are not currently members to join GWT as it is FREE.

Lorraine is planning to meet with the community council and speak with them about IG work.

Emma will take info back to the council re IG work and GWT plans to host a learning workshop in 2024. Emma will also look at how GWT may be involved in future vcommunity enagagment and place plan work.

Met with Coreen and Lorraine and some Hawick Community Garden members and agreed to host the next network session in Burnfoot Community HUB in 2024 and invite Burnfoot Community Futures and other interested groups young and old to take part in a learning workshop. Lunch will be provided.

More information to follow after the planning has been arranged.

Generations Working Together National Updates

1. Intergenerational Roadshows in 2024

We are changing the format of our usual annual conference and will not be hosting an International Conference in 2024. We will instead be moving to a bi-annual conference, alternating with Generations United in the USA, the first of which will take place in 2026. In place of our conference, in 2024 we plan to host a series of roadshows across Scotland. Look out for the information and dates that will follow in the coming months. We are keen to form partnerships with local organisations and local councils to open the roadshows and explore intergenerational work in our communities across Scotland. The roadshows will be hosted in:

- Highlands <u>contact Bella</u>
- Ayrshire & Arran <u>contact Bella</u>
- Dumfries & Galloway <u>contact Bella</u>
- Glasgow contact Ruairidh
- Grampian <u>Contact Ruairidh</u>
- Dundee <u>Contact Louisa</u>

More info to follow on this. Please get in touch if you wish to take part or find out more.

2. Excellence Awards 2024



Here pictured are the award winners for 2023. Super well done to them all for the amazing intergenerational work that they are involved in. The awards will be open this year and information will be sent out soon.

Look here to see this year's information.

3. Community Knowledge Fund Research

The Community Knowledge Fund allowed Generations Working Together the time to explore community safety and looking at intergenerational solutions to bring generations together in our communities and test if doing so would alleviate perceived fear of crime. The funding was made available through the UKRI and administered by the Young Foundation. Read more about it and watch the short film.

4. Global Intergenerational week 2023: 24th - 30th April 2024

We had a really successful Global Intergenerational Week 2023 (GIW), which you can read all about in our <u>2023 Impact Report</u>. The week-long campaign will now take place on the same dates each year. GIW week looks to inspire individuals, groups, organisations, local/national government, and NGOs to fully embrace intergenerational practice, connecting people of all ages especially the younger and older generations. Information for GIW24 will be available soon.

5. Thematic Network Sessions

The thematic sessions in Ageism, Intergenerational Housing Places and Spaces, Research and The Care Home Network continue to take place.

Look on our website for future dates.

6. Online Intergenerational Drop-in Clinics

To support the growth of grassroots intergenerational projects and to continue the momentum of Global Intergenerational Week, GWT are opening a monthly online intergenerational drop-in clinic, to enable people to find out more about intergenerational work. Clinics will be led by Lorraine George, GWT Learning & Development Officer.

Drop-in clinics will start on Tuesday September 5th at 12 noon and will also run in October and November. Come and join the intergenerational movement.

7. Creating Intergenerational Communities Programme

Excitement abounds as Scotland (GWT) engages communities to formally sign a Partnership Understanding to be part of the Creating Intergenerational Communities Programme Pilot.

Networking and training have been taking place across Scotland, England, Wales, and Northern Ireland, engaging with diverse communities who are planning intergenerational connections, whilst following the Creating Intergenerational Communities Programme Pilot.

Intergenerational practitioners participating with the Pilot will receive support to deliver projects whilst following a Guidance Tool which includes testing of intergenerational Quality Indicators and reflecting upon their practice. To keep up to date with the progress of the Pilot visit <u>https://generationsworkingtogether.org/news/creating-intergenerational-communities</u>

8. Age Friendly Communities

The Scottish Older People's Assembly (SOPA) successfully submitted a bid to the Tudor Trust in 2021 to develop Age-friendly Communities across Scotland and work started in earnest in early 2022. SOPA is leading on this work to stimulate local and national action to achieve better outcomes for people in and approaching later life, using the World Health Organisation (WHO) Age-friendly Communities Framework. <u>Read more here</u>

Resources

New tools for measuring impact of intergenerational work

The World Health Organisation has published two relevant evidence and gap maps on reducing social isolation and loneliness, which would prove useful to intergenerational practitioners seeking evidence to boost funding bids.

Play and Storytelling: Connecting Generations *suite of resources*

PLAY and STORYTELLING are for every age, supporting connection, learning, tradition, culture, health, and wellbeing when used intergenerationally. The golden strands of play and story connect kith and kin, as well as build strong connections 'from cradle to grave' so Play Scotland and Generations Working Together have developed this suite – or family – of resources to support the building of intergenerational connections and best practice.

Growing Together Naturally case study

Childminders & Grand friends Forest School, Torbay

This intergenerational project was funded by Connecting Actively to Nature and Orchard Forest School. Particularly during the last couple of years, with the pandemic, we learnt very quickly that our over 50's group had been expressing how much that they were missing the physical contact with their younger family members due to the lack of contact and ability to travel up and down the country to visit, so we decided to pilot an intergenerational approach in an outdoor space.

9 Standards in intergenerational work

This document explains the 9 Standards in intergenerational work written by Sanchez, Clyde & Brown (2019)

Intergenerational Training Courses

International Certificate in Intergenerational Practice (ICIP)

This course now sits within GWT's own Moodle platform however we continue to run and develop the course in close partnership with the Macrosad Chair of Intergenerational Studies, Professor Mariano Sanchez at the University of Granada.

The next ICIP training dates are changed for this year and ICIP 4 will now start on **3rd October to 27th November** we are offering a **50 % discount** for people.

The dates and discounts for 2024 are:

ICIP 5 25% discount for early birds

16th January 2024– 11th March 2024

ICIP 6 25% discount for early birds

7th May 2024 – 1st July 2024

Short online courses

- 1. What is Intergenerational Work?
- 2. Overcoming Ageism through an Intergenerational Lens
- 3. Planning your Intergenerational Project
- 4. Intergenerational Housing, Places and Spaces
- 5. Measuring the Impact of Intergenerational projects

Intergenerational Training (1 day)

Edition 3 - Our one-day introductory training course has recently been refreshed and updated bringing new activities and topics to the fore.

Costs: £70 – Concession: GWT Member / Third Sector Under 250K / GWT Member

Public £100 – Full: Non-member/Private/Public

GWT recognise the impact that the cost-of-living crisis is having upon training budgets and in response are offering this 1-day intergenerational training at a reduced rate this September for East Kilbride on Tuesday 19th September and Ayr on Wednesday 20th September.

The reduced training costs:

£35- Concession: GWT member /Third sector Under 250K/GWT member Public

£50 - Full: Non-member/Private/Public

Workplace (2.5 hours)

Age Awareness Training for Intergenerational Teams (Workplace)

The training is based on the latest academic research in intergenerational practice and will be delivered on-site by GWT's expert staff.

Up to 16 participants per session Cost £500.00

A Scotland wide online Winter Meeting for all networks will be held January 2024 with the date TBC.