

## Ayrshire & Arran Intergenerational Network Notes

Date and Time: 19<sup>th</sup> September 1.30 pm – 3.30 pm

Venue: Ayrshire Housing 119 Main St, Ayr KA8 8BX



**Generations  
Working  
Together**



**Attendees:** Kay Hall Age Well West Kilbride, Fi Thorburn Community Roots, Barbara Sharp Community Roots, Vincent McWhirter Outdoor Partnership, Lorraine Mckenzie South Ayrshire Council, Bella Kerr GWT.

**Apologies:** Linda Jane McCurrach NODA Ayrshire, David Porte South Ayrshire Council, hire Sandra McMath South Ayrshire Council CLD.

### **Intergenerational Planning and Matt Kaplan Levels of contact**

We discussed planning an intergenerational (IG) project and looked at the planning resource that GWT offered. We looked at Matt Kaplans levels of contact and discussed this a little bit agreeing that we are not always going to reach level 7 but the important part is to understand that its not meaning it is better because it's a higher number but more that its different levels and sometimes we must accept that our own situations will sit at level 3 or 4 and in the beginings at 1 or 2. We can move throught the levels too.

### **Local Updates**

**Vincent** let everyone know about the project that has been running for over 10 years now building skiffs (boats) with young and older people connecting to take part. The project is starting a new one in Dalmellington with Doune Academy and he will keep us up to date with how things progress. Feedback from the older people in these projects is that it was and has been a great feeling working with younger people.

The group then spoke about care homes in Ayrshire and that there was a project where the young people used to go to the care homes to visit after the school day. One of the group used to take part in a care home when she went to meet her mum after work and would read to older people while she was waiting.

**Kay** spoke about **Age Well** and how they had changed the name from Age Concern. They have worked with the community pre covid and post covid and have managed to link people and bring the community together. A gardeing group formed out of covid with some social gardening and they grow food with people from a different age. People mentioned Mens Sheds in Largs and Vincent is looking into Mens Sheds to set one up in Troon and would like a contact with Largs. Group members will offer a contact for him.

Community Larder – is supplied by Community Roots and is worked on that people pay a small amount. The HUB shares the produce with local stores and there is always a wall of free food. Various initiatives have come out of this such as fuel poverty, food poverty, food waste. They work naturally in an intergenerational way with different age groups and a good example is a local swing park where all gens take part and its very interactive.

**Kay** explained that attending the meeting was something that would help her to establish more of the core of an idea that she is hoping to develop. Kay asked Bella to put her in touch with examples. **(Kay to contact Bella to discuss further)**.

**Vincent** offered some ideas to get help through Community Payback Team and suggested if anyone needed some work done this was a good route.

**Barbara** started asking older people what they would like with the vast majority asking to get out and about find out more about local area and look for somewhere to come together.

**Bella** agreed to send info from Soil Association to Fi. Fi to contact Bella for anything.

**Lorraine** mentioned the Joint Action Group looking at bringing together IG work and a mapping exercise to see what is happening in area. **Sandra McMath** is working with **Helen Watson** (Public Health) looking at a literature review of IG practice. They are aware of projects and are looking at getting others off the ground. She offered examples as follows:

- Maybole Community Orchard.
- Time Team Action Group.
- Craigie Allotments.
- Allotments in Troon.
- South Ayrshire Community Partnership.
- Thriving Communities.

**The GWT Intergenerational Ayrshire Roadshow encompassing Ayrshire wide will take place in April 2024 (26<sup>th</sup> is the provisional date). The fine details are being worked out and we will share asap.**

**Next network meeting will be in late 2024 based in West Kilbride at the Barony Centre with dates to be confirmed. Look out for thematic network dates and online surgeries.**

## **Generations Working Together National Updates**

### **1. Intergenerational Roadshows in 2024**

We are changing the format of our usual annual conference and will not be hosting an International Conference in 2024. We will instead be moving to a bi-annual conference, alternating with Generations United in the USA, the first of which will take place in 2026. In place of our conference, in 2024 we plan to host a series of roadshows across Scotland. Look out for the information and dates that will follow in the coming months. We are keen to form partnerships with local organisations and local councils to open the roadshows and

explore intergenerational work in our communities across Scotland. The roadshows will be hosted in:

- Highlands – [contact Bella](#)
- Ayrshire & Arran – [contact Bella](#)
- Dumfries & Galloway – [contact Bella](#)
- Glasgow - [contact Ruairidh](#)
- Grampian – [Contact Ruairidh](#)
- Dundee – [Contact Louisa](#)

More info to follow on this. Please get in touch if you wish to take part or find out more.

## 2. Excellence Awards 2024



Here pictured are the award winners for 2023. Super well done to them all for the amazing intergenerational work that they are involved in. The awards will be open this year and information will be sent out soon.

[Look here to see this year's information.](#)

## 3. Community Knowledge Fund Research

The Community Knowledge Fund allowed Generations Working Together the time to explore community safety and looking at intergenerational solutions to bring generations together in our communities and test if doing so would alleviate perceived fear of crime. The funding was made available through the UKRI and administered by the Young Foundation.

[Read more about it and watch the short film.](#)

## 4. Global Intergenerational week 2023: 24<sup>th</sup> - 30<sup>th</sup> April 2024

We had a really successful Global Intergenerational Week 2023 (GIW), which you can read all about in our [2023 Impact Report](#). The week-long campaign will now take place on the same dates each year. GIW week looks to inspire individuals, groups, organisations, local/national government, and NGOs to fully embrace intergenerational practice, connecting people of all ages especially the younger and older generations. Information for GIW24 will be available soon.

## 5. Thematic Network Sessions

The thematic sessions in Ageism, Intergenerational Housing Places and Spaces, Research and The Care Home Network continue to take place.

[Look on our website for future dates.](#)

## **6. Online Intergenerational Drop-in Clinics**

To support the growth of grassroots intergenerational projects and to continue the momentum of Global Intergenerational Week, GWT are opening a monthly online intergenerational drop-in clinic, to enable people to find out more about intergenerational work. Clinics will be led by Lorraine George, GWT Learning & Development Officer.

Drop-in clinics will start on Tuesday September 5th at 12 noon and will also run in October and November. Come and join the intergenerational movement.

[More information and booking details can be found on the events page here](#)

## **7. Creating Intergenerational Communities Programme**

Excitement abounds as Scotland (GWT) engages communities to formally sign a Partnership Understanding to be part of the Creating Intergenerational Communities Programme Pilot.

Networking and training have been taking place across Scotland, England, Wales, and Northern Ireland, engaging with diverse communities who are planning intergenerational connections, whilst following the Creating Intergenerational Communities Programme Pilot.

Intergenerational practitioners participating with the Pilot will receive support to deliver projects whilst following a Guidance Tool which includes testing of intergenerational Quality Indicators and reflecting upon their practice. To keep up to date with the progress of the Pilot visit <https://generationsworkingtogether.org/news/creating-intergenerational-communities>

## **8. Age Friendly Communities**

The Scottish Older People's Assembly (SOPA) successfully submitted a bid to the Tudor Trust in 2021 to develop Age-friendly Communities across Scotland and work started in earnest in early 2022. SOPA is leading on this work to stimulate local and national action to achieve better outcomes for people in and approaching later life, using the World Health Organisation (WHO) Age-friendly Communities Framework. [Read more here](#)

## **Resources**

### **[New tools for measuring impact of intergenerational work](#)**

The World Health Organisation has published two relevant evidence and gap maps on reducing social isolation and loneliness, which would prove useful to intergenerational practitioners seeking evidence to boost funding bids.

### **[Play and Storytelling: Connecting Generations \\*suite of resources\\*](#)**

PLAY and STORYTELLING are for every age, supporting connection, learning, tradition, culture, health, and wellbeing when used intergenerationally. The golden strands of play and story connect kith and kin, as well as build strong connections 'from cradle to grave' so Play Scotland and Generations Working Together have developed this suite – or family – of resources to support the building of intergenerational connections and best practice.

### [Growing Together Naturally case study](#)

Childminders & Grand friends Forest School, Torbay

This intergenerational project was funded by Connecting Actively to Nature and Orchard Forest School. Particularly during the last couple of years, with the pandemic, we learnt very quickly that our over 50's group had been expressing how much that they were missing the physical contact with their younger family members due to the lack of contact and ability to travel up and down the country to visit, so we decided to pilot an intergenerational approach in an outdoor space.

### [9 Standards in intergenerational work](#)

This document explains the 9 Standards in intergenerational work written by Sanchez, Clyde & Brown (2019)

## **Intergenerational Training Courses**

### [International Certificate in Intergenerational Practice \(ICIP\)](#)

This course now sits within GWT's own Moodle platform however we continue to run and develop the course in close partnership with the Macrosad Chair of Intergenerational Studies, Professor Mariano Sanchez at the University of Granada.

The next ICIP training dates are changed for this year and ICIP 4 will now start on **3<sup>rd</sup> October to 27<sup>th</sup> November** we are offering a **50 % discount** for people.

The dates and discounts for 2024 are:

ICIP 5            25% discount for early birds

**16<sup>th</sup> January 2024– 11<sup>th</sup> March 2024**

ICIP 6            25% discount for early birds

**7<sup>th</sup> May 2024 – 1<sup>st</sup> July 2024**

### [Short online courses](#)

1. What is Intergenerational Work?
2. Overcoming Ageism through an Intergenerational Lens
3. Planning your Intergenerational Project
4. Intergenerational Housing, Places and Spaces
5. Measuring the Impact of Intergenerational projects

### Intergenerational Training (1 day)

Edition 3 - Our one-day introductory training course has recently been refreshed and updated bringing new activities and topics to the fore.

Costs: £70 – Concession: GWT Member / Third Sector Under 250K / GWT Member

Public £100 – Full: Non-member/Private/Public

GWT recognise the impact that the cost-of-living crisis is having upon training budgets and in response are offering this 1-day intergenerational training at a reduced rate this September for East Kilbride on Tuesday 19th September and Ayr on Wednesday 20th September.

The reduced training costs:

£35- Concession: GWT member /Third sector Under 250K/GWT member Public

£50 - Full: Non-member/Private/Public

### Workplace (2.5 hours)

Age Awareness Training for Intergenerational Teams (Workplace)

The training is based on the latest academic research in intergenerational practice and will be delivered on-site by GWT's expert staff.

Up to 16 participants per session Cost £500.00

**A Scotland wide online Winter Meeting for all networks will be held January 2024 with the date TBC.**