

Lanarkshire Intergenerational Network Notes

Date and Time: 7th September 2 pm – 4 pm
Venue: Larkhall & District Volunteer Group, Larkhall



Attendees: Gill Alexander South Lanarkshire Council, Denis O'Keefe Voice of Experience Forum, John Downs Larkhall & District Volunteer Group, Sandra McCrory Larkhall & District Volunteer Group, Amanda Jackson Carlisle Development Trust, Jackie Morton Diamonds in the Community, Allys Ludlow Trees for Cities, Terry Paterson. Bella Kerr GWT.

Apologies: Caittie Callaghan Carnbroe Care Centre Minster Care Group, Rachel Simpson NHS Lanarkshire, Ann Muir Speak Easy Lanarkshire.

Intergenerational Planning and Matt Kaplan Levels of contact

We had some introductions and then discussed planning an intergenerational (IG) project and looked at the planning resource that GWT offered. We looked at Matt Kaplan's levels of contact and talked about planning and using the resource to assist with planning and thinking about IG projects. Also spoke about the importance of IG training and standards of IG work.

We touched on [Age Friendly Communities](#) and Scottish Older Peoples Assembly are leading on [Age Friendly Communities in Scotland](#) and are working to get local councils to sign up to this. An Age-friendly Community is somewhere where local people come together to make life better for the people who live there, particularly as they age.

These places make it possible for people to continue to stay living in their homes, participate in the activities that they value, and contribute to their communities, for as long as possible. Being Age-friendly means designing services and facilities with older people, not for them.

Local Updates

John mentioned LDVG and the work that they have been involved in with technology and IT and older volunteers along with senior pupils from a local high school. The classes have now stopped but the 5th year IT group are hosting their first meeting this week on Mondays for ½ hour volunteering a drop in session open to the public for phone / ipads. John told us about an exercise class that happens in LDVG with an older and younger person delivering the classes together, a sports group with two generations.

Denis mentioned Chatterbox Project which was born out of COVID and a quarterly newsletter. He also mentioned that now there are 49 older people who are digitally confident. People spoke about COVID and how in the beginning most older people did not want to go online and it was mostly connection through phone calls. But now everything is online. This can be difficult as it is not easy to read facial expression.

We spoke about social HUBS and learning and how its all about speaking with each other for example 'Routes to Work' for young people who are hard to reach it's a good thing that they end up chatting to older people, in the beginning they were worried but they soon end up friends. There is the assumption that young people have grandparents and older people have grandchildren but this is not always the case.

Denis spoke about the forum, and how it's a forum for people to talk and be heard and share there is not so much opportunity for intergenerational. **Bella** would like the opportunity to speak with the forum through an article and offer free membership to anyone interested. GWT is FREE to join for anyone living in Scotland.

Bella mentioned community safety and the Community Knowledge Fund and the conversation moved to talking about safety in the street, IG relationships and meeting with older people. You can read further down and see a link to the film in National Updates.

Allys offered info on [Trees for Cities](#) Project. People can contact Allys for further info. Let Bella know and she will send to them.

We also held a discussion about it being good for young people to be outdoors. Group spoke about [Sporting Memories](#) and what a good resource this can be and a way of bringing ages together around sport.

Amanda spoke about Clydesdale Community Initiative and gardening, she is keen to get people onsite. She also mentioned CCI Clydesdale Community Initiative <https://langlochfarm.org/> (Langloch Farm) and Carluke Development Trust. Bella agreed to visit and the next meeting in 2024 will take place in Carluke.

Jackie and Diamonds in the Community offered a quick overview of some of the activities that they are involved in. It is a football charity in Airdrie with a babybank – childrens clothes, toys, nappies. There are other groups that take place such as walk and talk, they have teenage volunteers, memories football group with primary school, art group on Friday mornings, Chit Chat Café. They use Airdrie Workmans Club. **Bella** agreed to meet with Jackie and a group and look at a talk on ageism and stereotypes and IG work in general.

Next meetings will be Carluke in 2024 with dates to be confirmed. Look out for thematic network dates and online surgeries. See below in National Updates.

Generations Working Together National Updates

1. Intergenerational Roadshows in 2024

We are changing the format of our usual annual conference and will not be hosting an International Conference in 2024. We will instead be moving to a bi-annual conference, alternating with Generations United in the USA, the first of which will take place in 2026. In place of our conference, in 2024 we plan to host a series of roadshows across Scotland. Look out for the information and dates that will follow in the coming months. We are keen to form partnerships with local organisations and local councils to open the roadshows and explore intergenerational work in our communities across Scotland. The roadshows will be hosted in:

- Highlands – [contact Bella](#)
- Ayrshire & Arran – [contact Bella](#)
- Dumfries & Galloway – [contact Bella](#)
- Glasgow - [contact Ruairidh](#)
- Grampian – [Contact Ruairidh](#)
- Dundee – [Contact Louisa](#)

More info to follow on this. Please get in touch if you wish to take part or find out more.

2. Excellence Awards 2024



Here pictured are the award winners for 2023. Super well done to them all for the amazing intergenerational work that they are involved in. The awards will be open this year and information will be sent out soon.

[Look here to see this year's information.](#)

3. Community Knowledge Fund Research

The Community Knowledge Fund allowed Generations Working Together the time to explore community safety and looking at intergenerational solutions to bring generations together in our communities and test if doing so would alleviate perceived fear of crime. The funding was made available through the UKRI and administered by the Young Foundation.

[Read more about it and watch the short film.](#)

4. Global Intergenerational week 2023: 24th - 30th April 2024

We had a really successful Global Intergenerational Week 2023 (GIW), which you can read all about in our [2023 Impact Report](#). The week-long campaign will now take place on the same dates each year. GIW week looks to inspire individuals, groups, organisations, local/national government, and NGOs to fully embrace intergenerational practice, connecting people of all ages especially the younger and older generations. Information for GIW24 will be available soon.

5. Thematic Network Sessions

The thematic sessions in Ageism, Intergenerational Housing Places and Spaces, Research and The Care Home Network continue to take place.

[Look on our website for future dates.](#)

6. Online Intergenerational Drop-in Clinics

To support the growth of grassroots intergenerational projects and to continue the momentum of Global Intergenerational Week, GWT are opening a monthly online intergenerational drop-in clinic, to enable people to find out more about intergenerational work. Clinics will be led by Lorraine George, GWT Learning & Development Officer.

Drop-in clinics will start on Tuesday September 5th at 12 noon and will also run in October and November. Come and join the intergenerational movement.

[More information and booking details can be found on the events page here](#)

7. Creating Intergenerational Communities Programme

Excitement abounds as Scotland (GWT) engages communities to formally sign a Partnership Understanding to be part of the Creating Intergenerational Communities Programme Pilot.

Networking and training have been taking place across Scotland, England, Wales, and Northern Ireland, engaging with diverse communities who are planning intergenerational connections, whilst following the Creating Intergenerational Communities Programme Pilot.

Intergenerational practitioners participating with the Pilot will receive support to deliver projects whilst following a Guidance Tool which includes testing of intergenerational Quality Indicators and reflecting upon their practice. To keep up to date with the progress of the Pilot visit <https://generationsworkingtogether.org/news/creating-intergenerational-communities>

8. Age Friendly Communities

The Scottish Older People's Assembly (SOPA) successfully submitted a bid to the Tudor Trust in 2021 to develop Age-friendly Communities across Scotland and work started in earnest in early 2022. SOPA is leading on this work to stimulate local and national action to achieve better outcomes for people in and approaching later life, using the World Health Organisation (WHO) Age-friendly Communities Framework. [Read more here](#)

Resources

[New tools for measuring impact of intergenerational work](#)

The World Health Organisation has published two relevant evidence and gap maps on reducing social isolation and loneliness, which would prove useful to intergenerational practitioners seeking evidence to boost funding bids.

[Play and Storytelling: Connecting Generations *suite of resources*](#)

PLAY and STORYTELLING are for every age, supporting connection, learning, tradition, culture, health, and wellbeing when used intergenerationally. The golden strands of play and story connect kith and kin, as well as build strong connections 'from cradle to grave' so Play Scotland and Generations Working Together have developed this suite – or family – of resources to support the building of intergenerational connections and best practice.

[Growing Together Naturally case study](#)

Childminders & Grand friends Forest School, Torbay

This intergenerational project was funded by Connecting Actively to Nature and Orchard Forest School. Particularly during the last couple of years, with the pandemic, we learnt very quickly that our over 50's group had been expressing how much that they were missing the physical contact with their younger family members due to the lack of contact and ability to travel up and down the country to visit, so we decided to pilot an intergenerational approach in an outdoor space.

[9 Standards in intergenerational work](#)

This document explains the 9 Standards in intergenerational work written by Sanchez, Clyde & Brown (2019)

Intergenerational Training Courses

[International Certificate in Intergenerational Practice \(ICIP\)](#)

This course now sits within GWT's own Moodle platform however we continue to run and develop the course in close partnership with the Macrosad Chair of Intergenerational Studies, Professor Mariano Sanchez at the University of Granada.

The next ICIP training dates are changed for this year and ICIP 4 will now start on **3rd October to 27th November** we are offering a **50 % discount** for people.

The dates and discounts for 2024 are:

ICIP 5 25% discount for early birds

Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851

16th January 2024– 11th March 2024

ICIP 6 25% discount for early birds

7th May 2024 – 1st July 2024

Short online courses

1. What is Intergenerational Work?
2. Overcoming Ageism through an Intergenerational Lens
3. Planning your Intergenerational Project
4. Intergenerational Housing, Places and Spaces
5. Measuring the Impact of Intergenerational projects

Intergenerational Training (1 day)

Edition 3 - Our one-day introductory training course has recently been refreshed and updated bringing new activities and topics to the fore.

Costs: £70 – Concession: GWT Member / Third Sector Under 250K / GWT Member

Public £100 – Full: Non-member/Private/Public

GWT recognise the impact that the cost-of-living crisis is having upon training budgets and in response are offering this 1-day intergenerational training at a reduced rate this September for East Kilbride on Tuesday 19th September and Ayr on Wednesday 20th September.

The reduced training costs:

£35- Concession: GWT member /Third sector Under 250K/GWT member Public

£50 - Full: Non-member/Private/Public

Workplace (2.5 hours)

Age Awareness Training for Intergenerational Teams (Workplace)

The training is based on the latest academic research in intergenerational practice and will be delivered on-site by GWT's expert staff.

Up to 16 participants per session Cost £500.00

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A Scotland wide online Winter Meeting for all networks will be held January 2024 with the date TBC.