

Dumfries & Galloway Intergenerational Network Notes

Date and Time: 6th September 1.30 pm – 3.30 pm

Venue: Dumfries Baptist Church Centre Gillbrae Road, Dumfries



Attendees: Alison Murgatroyd Dumfries and Galloway Council, Bryony McCulloch Loreburn Housing Association, Lorraine Murdoch and Leah Grant Dumfries and Galloway Council Early Learning and Childcare.

Apologies: Rosemary Jackson Springholm Nursery, Julie Houghton Cyrenians, Violet Wark D & G Council.

Intergenerational Planning and Matt Kaplan Levels of contact

We had some introductions and then discussed planning an intergenerational (IG) project and looked at the planning resource that GWT offered. We looked at Matt Kaplan's levels of contact and discussed this a little bit and agreed that we are not always going to reach level 7 but the important part is to understand that it's not meaning it is better because it's a higher number but more that it's different levels and sometimes we must accept that our own situations will sit at level 3 or 4 and in the beginnings at 1 or 2.

Local Updates

Our updates merged into the conversations organically and we spoke about the following:

Lorraine and Leah from North West Community Campus kept contact with Loch Dewar nursing home over COVID. They returned physically in person this year January to June every Friday morning 9.30 am – 12 pm to take part in IG activities and learning. The children walk for 20 minutes to get to Loch Dewar. They both said it took about 5 months for the children to feel comfortable. Lorraine explained that she has always been passionate about this work and that she had met Bella at a GWT network session at a Moffatt Town Hall meetings several years previous and that she (at that point) had little knowledge of IG work. She is now immersed in it.

They built on the programme that they knew of the PEAK group in care home settings and mentioned the OOMPH on demand ideas. They use the parachute exercise (using a ball and throw it in the middle and the young person works with the older person for movement of the ball) for activities and the children know that they are going to visit the Ladies and Gentlemen in the Big House. They are currently planning from now until Christmas and they were pleased to announce that several children went to a Summer fete in Loch Dewar during the nursery holidays with their family without being asked to by the nursery.

Bryony from Loreburn Housing said it was noticeable when grandchildren came to visit one of the sheltered housing areas that older people enjoyed seeing younger people and the atmosphere started to change. She is keen to do more IG work and so far has hosted a film afternoon, they have good links with a local nursery and they have sung songs together, designed a poster for the movie day all part of the process towards the film day is that they worked on it together

- They made tickets
- Had popcorn too

It was a good experience for the children and the tenants. **Bella** agreed to send over some activities to Bryony that may give her some ideas. Loreburn are looking to expand more IG work as tenants do benefit seeing younger people. They are looking for links to other possible IG contacts. Bella will reach out to the network and ask if there are any interested orgs. They have a young person who volunteers and helps on a weekly basis around technical advice and digital connections as well as getting to know one resident.

There was mention of secondary school children interviewing older adults to enquire what they did when they were young.

- People would be interested in joining a care home and nursery network. Bella agreed to say to Lorraine George (Learning and Development Officer GWT) about this.
- Discussed intersectionality and there was a lack of real understanding as to what it meant. Group would appreciate more information. **GWT** will be hosting a session on this topic online and Bella will send out invites when the dates are set.
- Keen to find out if there is IG work in Norway and where they are on their IG journey? **Bella** will enquire and get back to group about this.

- The national updates were discussed and as Dumfries and Galloway are one of the chosen areas for the Scotland Intergenerational Roadshow 2024 Bella arranged to meet with Alison and otehers to take the meetings further to look at plans for September 2024. This is ongoing and meeting dates will be arranged.

Next meetings will be in 2024 with dates to be confirmed. Look our for thematic network dates and online surgeries.

Generations Working Together National Updates

1. Intergenerational Roadshows in 2024

We are changing the format of our usual annual conference and will not be hosting an International Conference in 2024. We will instead be moving to a bi-annual conference, alternating with Generations United in the USA, the first of which will take place in 2026. In place of our conference, in 2024 we plan to host a series of roadshows across Scotland. Look out for the information and dates that will follow in the coming months. We are keen to form partnerships with local organisations and local councils to open the roadshows and explore intergenerational work in our communities across Scotland. The roadshows will be hosted in:

- Highlands – [contact Bella](#)
- Ayrshire & Arran – [contact Bella](#)
- Dumfries & Galloway – [contact Bella](#)
- Glasgow - [contact Ruairidh](#)
- Grampian – [Contact Ruairidh](#)
- Dundee – [Contact Louisa](#)

More info to follow on this. Please get in touch if you wish to take part or find out more.

2. Excellence Awards 2024



Here pictured are the award winners for 2023. Super well done to them all for the amazing intergenerational work that they are involved in. The awards will be open this year and information will be sent out soon.

[Look here to see this year's information.](#)

3. Community Knowledge Fund Research

The Community Knowledge Fund allowed Generations Working Together the time to explore community safety and looking at intergenerational solutions to bring generations together in our communities and test if doing so would alleviate perceived fear of crime. The funding was made available through the UKRI and administered by the Young Foundation.

[Read more about it and watch the short film.](#)

4. Global Intergenerational week 2023: 24th - 30th April 2024

We had a really successful Global Intergenerational Week 2023 (GIW), which you can read all about in our [2023 Impact Report](#). The week-long campaign will now take place on the same dates each year. GIW week looks to inspire individuals, groups, organisations, local/national government, and NGOs to fully embrace intergenerational practice, connecting people of all ages especially the younger and older generations. Information for GIW24 will be available soon.

5. Thematic Network Sessions

The thematic sessions in Ageism, Intergenerational Housing Places and Spaces, Research and The Care Home Network continue to take place.

[Look on our website for future dates.](#)

6. Online Intergenerational Drop-in Clinics

To support the growth of grassroots intergenerational projects and to continue the momentum of Global Intergenerational Week, GWT are opening a monthly online intergenerational drop-in clinic, to enable people to find out more about intergenerational work. Clinics will be led by Lorraine George, GWT Learning & Development Officer.

Drop-in clinics will start on Tuesday September 5th at 12 noon and will also run in October and November. Come and join the intergenerational movement.

[More information and booking details can be found on the events page here](#)

7. Creating Intergenerational Communities Programme

Excitement abounds as Scotland (GWT) engages communities to formally sign a Partnership Understanding to be part of the Creating Intergenerational Communities Programme Pilot.

Networking and training have been taking place across Scotland, England, Wales, and Northern Ireland, engaging with diverse communities who are planning intergenerational connections, whilst following the Creating Intergenerational Communities Programme Pilot.

Intergenerational practitioners participating with the Pilot will receive support to deliver projects whilst following a Guidance Tool which includes testing of intergenerational Quality

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Indicators and reflecting upon their practice. To keep up to date with the progress of the Pilot visit <https://generationsworkingtogether.org/news/creating-intergenerational-communities>

8. Age Friendly Communities

The Scottish Older People's Assembly (SOPA) successfully submitted a bid to the Tudor Trust in 2021 to develop Age-friendly Communities across Scotland and work started in earnest in early 2022. SOPA is leading on this work to stimulate local and national action to achieve better outcomes for people in and approaching later life, using the World Health Organisation (WHO) Age-friendly Communities Framework. [Read more here](#)

Resources

[New tools for measuring impact of intergenerational work](#)

The World Health Organisation has published two relevant evidence and gap maps on reducing social isolation and loneliness, which would prove useful to intergenerational practitioners seeking evidence to boost funding bids.

[Play and Storytelling: Connecting Generations *suite of resources*](#)

PLAY and STORYTELLING are for every age, supporting connection, learning, tradition, culture, health, and wellbeing when used intergenerationally. The golden strands of play and story connect kith and kin, as well as build strong connections 'from cradle to grave' so Play Scotland and Generations Working Together have developed this suite – or family – of resources to support the building of intergenerational connections and best practice.

[Growing Together Naturally case study](#)

Childminders & Grand friends Forest School, Torbay

This intergenerational project was funded by Connecting Actively to Nature and Orchard Forest School. Particularly during the last couple of years, with the pandemic, we learnt very quickly that our over 50's group had been expressing how much that they were missing the physical contact with their younger family members due to the lack of contact and ability to travel up and down the country to visit, so we decided to pilot an intergenerational approach in an outdoor space.

[9 Standards in intergenerational work](#)

This document explains the 9 Standards in intergenerational work written by Sanchez, Clyde & Brown (2019)

Intergenerational Training Courses

[International Certificate in Intergenerational Practice \(ICiP\)](#)

This course now sits within GWT's own Moodle platform however we continue to run and develop the course in close partnership with the Macrosad Chair of Intergenerational Studies, Professor Mariano Sanchez at the University of Granada.

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The next ICIP training dates are changed for this year and ICIP 4 will now start on **3rd October to 27th November** we are offering a **50 % discount** for people.

The dates and discounts for 2024 are:

ICIP 5 25% discount for early birds

16th January 2024– 11th March 2024

ICIP 6 25% discount for early birds

7th May 2024 – 1st July 2024

[Short online courses](#)

1. What is Intergenerational Work?
2. Overcoming Ageism through an Intergenerational Lens
3. Planning your Intergenerational Project
4. Intergenerational Housing, Places and Spaces
5. Measuring the Impact of Intergenerational projects

[Intergenerational Training \(1 day\)](#)

Edition 3 - Our one-day introductory training course has recently been refreshed and updated bringing new activities and topics to the fore.

Costs: £70 – Concession: GWT Member / Third Sector Under 250K / GWT Member

Public £100 – Full: Non-member/Private/Public

GWT recognise the impact that the cost-of-living crisis is having upon training budgets and in response are offering this 1-day intergenerational training at a reduced rate this September for East Kilbride on Tuesday 19th September and Ayr on Wednesday 20th September.

The reduced training costs:

£35- Concession: GWT member /Third sector Under 250K/GWT member Public

£50 - Full: Non-member/Private/Public

[Workplace \(2.5 hours\)](#)

Age Awareness Training for Intergenerational Teams (Workplace)

The training is based on the latest academic research in intergenerational practice and will be delivered on-site by GWT's expert staff.

Up to 16 participants per session Cost £500.00

A Scotland wide online Winter Meeting for all networks will be held January 2024 with the date TBC.