

Lanarkshire Intergenerational Network Meeting

Hosted by The Community Hub Onespace 76 High Street, Carluke ML8 4AJ
On 10th April 2024 10.30 am to 12.30 pm



Attendees: Jackie Morton Diamonds in the Community, Laura Biggart Befriend Motherwell
Leona Robertson Getting Better Together, Aleksandra Gulbierz Getting Better Together
Amanda Jackson Carluke Community Development Trust, Ron Banks Carluke Development Trust
Barbara Harding NHS Lanarkshire, Sandra Downie NHS Lanarkshire Integrated Day Service,
Sharon Jamieson Ace Place Riverside nursery, Bella Kerr GWT, Sue Kelise, Ann Muir Speak Easy
Lanarkshire,

Apologies: Margaret McSeveney Spotlight Shotts, Elaine O'Dowd North Lanarkshire Council, Joanna
Chaplin North Lanarkshire council, Michelle Watson NHS Lanarkshire, Douglas John Smith VASLan (
Voluntary Action South Lanarkshire).

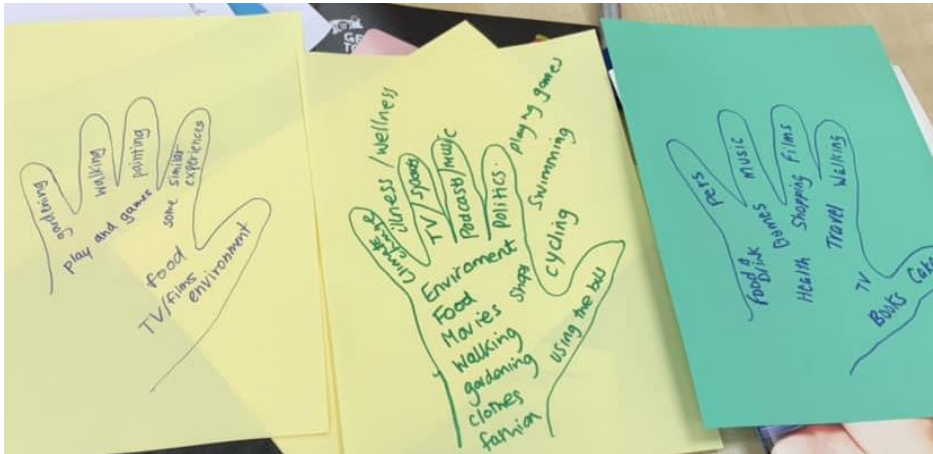
Welcomes

Bella thanks everyone for coming along and special thanks to Amanda for offering the amazing space at Onespace.

We used some snap cards and people had to find the person with the same card as them and connect to interview each other, with questions such as
who are you, where are you from, what did you wish to be when you grew up?

Bella explained its such a simple icebreaker to do when you are bringing people together. It is a great way of conecting egenretions too and you can use different questions.

We spoke about connections in communities between generations and a discussion took place about younger people hanging about streets with little to do. We discussed community safety, climate change, lack of opportunity for young people to connect with older people. Everyone who took part wanted to connect with young people and saw benefits to breaking down barriers between young and old. We carried out a simple activity drawing round our hands and then writing inside things that we would have in common with someone from a different generation.



At first it was hard to think but as time flowed and people thought about it we saw that there are some things that each generation may have in common with each other such as food, the environment, music, dance sport etc.

We went on to talk about younger people and lack of confidence etc.

Getting Better Together (GBT) Shotts told us that they have song time on Feel Good Friday and they have recorded a song which is intergenerational.

Diamonds in the Community told us that they love hearing stories of the past and we continued our discussion about teenagers and talked about how not enough people take the time to listen and that schoolroom classes are large in number, we talked about no boundaries being set for young people and that school is not for everyone.

GBT Shotts informed us that they have high school students who come into their place and work alongside them and older people. GBT also work with tea dances and colleges and this is something that they plan to continue.

Amanda from Community HUB Onespace supports people's talents selling local goods and they change the space on a regular basis. They also have a new Tool library where people can borrow or rent tools, a growing and learning garden at Highmills and share a workshop for all ages connecting people in the community. There is an IG aspect with the Millers House to be renovated and young people apprentices learning new skills such as hanging wall paper (these are some ideas going forward).

Sandra talked about the sheltered housing where she works and that young children were throwing wood near the building, (maybe P7) and that they were not really doing wrong but maybe just not knowing what to do with themselves, she has since spoken with them and feels that broke the ice.

Harry Walker Day Care Centre and nursery, local primary school choir and high school musical have connected and although 5th 6th year are shy the interaction between them and

people with complex learning needs has worked well. The nursery children call the older people their grand friends.

Laura from Befriend Motherwell told us about a toolkit for primary schools where they are getting older people to look at 1950s to now and searching old newspapers and photos looking at fashion and entertainment, old money, maps etc. It is most interesting and Laura will keep us informed about how it is going.

Amanda explained that there is a memories group about Carlisle that may possibly be intergenerational.

Ann Muir share her story with us about living with cancer as a survivor and going round schools to offer talks.

Jackie from Diamonds in the Community shared some of her own work with us about football memories group that meets once a month and talked about playing cards and 40 +older men and women meeting with older x footballer. The sessions are offered up to young people on the first Friday of the month from 11.30 am to 1.30 pm with young people interacting with older people.

ACE PLACE have a community garden stay and play and grandparents time.

Street Level Youth Project is another area that was mentioned and Bella would be keen to speak with any youth groups and cover a session on ageism and stereotypes and that includes ageism towards younger people too.

Bella encourages all new people to join Generations Working Together memberships and look at their ideas to make Scotland an Intergenerational Nation.

Future meetings of the Lanarkshire network are booked for:

- Save the date: 28th August 2024,
- Time: 10.30 am to 12.30 pm
- Venue: Boardroom Lanarkshire College Enterprise way Motherwell; ML1 2TX.

Invites will be sent out in the coming months.

Special thanks to Amanda for hosting the session in Carlisle which I hope will be the first of many for all of the newcomers. Keep the intergenerational flag flying and remember intergenerational work isn't just nice it's essential.

Generations Working Together National Updates

1. Intergenerational Roadshows in 2024

We are changing the format of our usual annual conference and will not be hosting an International Conference in 2024. We will instead be moving to a bi-annual conference, alternating with Generations United in the USA, the first of which will take place in 2026. In

place of our conference, in 2024 we plan to host a series of roadshows across Scotland. Look out for the information and dates that will follow in the coming months. We are keen to form partnerships with local organisations and local councils to open the roadshows and explore intergenerational work in our communities across Scotland. The roadshows will be hosted in:

- Highlands – [contact Bella](#)
- Ayrshire & Arran – [contact Bella](#)
- Dumfries & Galloway – [contact Bella](#)
- Glasgow - [contact Ruairidh](#)
- Grampian – [Contact Ruairidh](#)
- Dundee – [Contact Louisa](#)

Location	Month
26 th	26 th April
Dundee	23 rd April
Highlands – Inverness	14 June 2024
Dumfries	Sept 2024
Aberdeen	Sept 2024

More info to follow on this. Please get in touch if you wish to take part or find out more.

2. Community Knowledge Fund Research

The Community Knowledge Fund allowed Generations Working Together the time to explore community safety and looking at intergenerational solutions to bring generations together in our communities and test if doing so would alleviate perceived fear of crime. The funding was made available through the UKRI and administered by the Young Foundation.

[Read more about it and watch the short film.](#)

3. Global Intergenerational week 2023: 24th - 30th April 2024



Together, let's celebrate the power of connection. Relationships between older and younger people are not just 'nice' but essential. Join us for #GIW24!

Join us for **Global Intergenerational Week** from 24th to 30th April, 2024! This annual worldwide campaign encourages everyone to embrace intergenerational practice and relationships. Whether you're an individual, part of a group, organisation, government, or NGO, Global Intergenerational Week has something for everyone.

During this week, we celebrate the power of intergenerational relationships. The campaign seeks to highlight the amazing outcomes that are achieved, when people of all ages come together to form vital and lasting connections. We want to hear about your experiences and ideas, whether it's a local project or a global initiative, which bring different age groups together in meaningful ways.

Let's share and discuss creative and effective ways to connect generations and help make the world a better place for everyone, regardless of age. [FIND OUT MORE HERE](#)

4. Thematic Network Sessions

The thematic sessions in Ageism, Intergenerational Housing Places and Spaces, Research and The Care Home Network continue to take place. Upcoming themes include:

Let's Talk about Ageism and how we can all thrive together, Tuesday 7th May 2024, 1:30pm - 3:00pm online [Book your place here](#)



Intergenerational Contact Zones, what are they? Tuesday 28th May 2024, 1:30pm - 3:30pm [book your place here](#)



5. Online Intergenerational Drop-in Clinics

To support the growth of grassroots intergenerational projects and to continue the momentum of Global Intergenerational Week, GWT are opening a monthly online intergenerational drop-in clinic, to enable people to find out more about intergenerational work. Lorraine George will lead clinics, GWT Learning & Development Officer.

Come and join the intergenerational movement.

[More information and booking details can be found on the events page here](#)

6. Creating Intergenerational Communities Programme

Excitement abounds as Scotland (GWT) engages communities to formally sign a Partnership Understanding to be part of the Creating Intergenerational Communities Programme Pilot.

Networking and training have been taking place across Scotland, England, Wales, and Northern Ireland, engaging with diverse communities who are planning intergenerational connections, whilst following the Creating Intergenerational Communities Programme Pilot.

Intergenerational practitioners participating with the Pilot will receive support to deliver projects whilst following a Guidance Tool which includes testing of intergenerational Quality Indicators and reflecting upon their practice. To keep up to date with the progress of the Pilot visit <https://generationsworkingtogether.org/news/creating-intergenerational-communities>

7. Age Friendly Communities

The Scottish Older People's Assembly (SOPA) successfully submitted a bid to the Tudor Trust in 2021 to develop Age-friendly Communities across Scotland and work started in earnest in early 2022. SOPA is leading on this work to stimulate local and national action to achieve better outcomes for people in and approaching later life, using the World Health Organisation (WHO) Age-friendly Communities Framework. [Read more here](#)

Resources

[New tools for measuring impact of intergenerational work](#)

The World Health Organisation has published two relevant evidence and gap maps on reducing social isolation and loneliness, which would prove useful to intergenerational practitioners seeking evidence to boost funding bids.

[Play and Storytelling: Connecting Generations *suite of resources*](#)

PLAY and STORYTELLING are for every age, supporting connection, learning, tradition, culture, health, and wellbeing when used intergenerationally. The golden strands of play and story connect kith and kin, as well as build strong connections 'from cradle to grave' so Play Scotland and Generations Working Together have developed this suite – or family – of resources to support the building of intergenerational connections and best practice.

[Growing Together Naturally case study](#)

Childminders & Grand friends Forest School, Torbay

This intergenerational project was funded by Connecting Actively to Nature and Orchard Forest School. Particularly during the last couple of years, with the pandemic, we learnt very quickly that our over 50's group had been expressing how much that they were missing the physical contact with their younger family members due to the lack of contact and ability to travel up and down the country to visit, so we decided to pilot an intergenerational approach in an outdoor space.

[9 Standards in intergenerational work](#)

This document explains the 9 Standards in intergenerational work written by Sanchez, Clyde & Brown (2019)

Intergenerational Training Courses

[International Certificate in Intergenerational Practice \(ICIP\)](#)

This course now sits within GWT's own Moodle platform however we continue to run and develop the course in close partnership with the Macrosad Chair of Intergenerational Studies, Professor Mariano Sanchez at the University of Granada.

The dates and discounts for 2024 are:

ICIP 5 25% discount for early birds

16th January 2024– 11th March 2024

ICIP 6 25% discount for early birds

7th May 2024 – 1st July 2024

[Short online courses](#)

1. What is Intergenerational Work?
2. Overcoming Ageism through an Intergenerational Lens
3. Planning your Intergenerational Project
4. Intergenerational Housing, Places and Spaces
5. Measuring the Impact of Intergenerational projects

[Intergenerational Training \(1 day\)](#)

Edition 3 - Our one-day introductory training course has recently been updated bringing new activities and topics to the fore.

Costs: £70 – Concession: GWT Member / Third Sector Under 250K / GWT Member

Public £100 – Full: Non-member/Private/Public

Date: Tuesday 28th November - Online

[Workplace \(2.5 hours\)](#)

Age Awareness Training for Intergenerational Teams (Workplace)

The training is based on the latest academic research in intergenerational practice and will be delivered on-site by GWT's expert staff.


Up to 16 participants per session Cost £500.00


Generations Working Together is a Scottish Charitable Incorporated Organisation SC045851


Funding Opportunities


The funds below have been shared from Connection Coalition, Jo Cox Foundation, September 2023 Newsletter.

<https://www.jocoxfoundation.org/>

 Asda Foundation's Empowering Local Communities Grant. Applications open: 28 August to 3 November. Funding for activities & events: Before 1 March 2024.

 The KFC Foundation Community Grants Programme is for work that helps young people to create firm foundations, by addressing their needs through early intervention.

 The Foyle Foundation Small Grants Scheme is designed to support charities working at grass roots and local community level, in any field, across a wide range of activities.

 The Edge Fund is for work with the primary objective of creating long-term change in society by addressing the causes of injustice and inequality.